

# NDY TODAY

BUILDING COMMUNITIES | 15 OCTOBER 2021 | VOLUME 25



**GENERAL SECRETARY & CEO SPEAKS**



**NEW DELHI YMCA**  
Established 1927



**FROM THE OFFICE OF THE PRESIDENT**

Dear Friends,

Greetings!

New Delhi YMCA while observing the 152nd birth anniversary of Father of the Nation, Mahatma Gandhi, revisited some of the prominent Gandhi ideologies viz; Simple living and high thinking, remaining truthful, tolerant, non-violent and respecting others, respect all religions and that is the need of the hour as violence is committed in the name of religion. The caste system is still taboo in India and the internal cleanliness of the individual. Gandhiji's ideologies promote a happy, prosperous, healthy, harmonious, and sustainable future for the entire world.

YMCA world over remembered Sir George Williams-the Founder of the YMCA Movement on 11th October on his 200th Birth Anniversary. New Delhi YMCA commemorated the birth anniversary with a tree plantation drive.

Sattal campsite comes alive after Government restrictions being relaxed. It is heartening to see tourists moving around and enjoying their stay in well-furnished newly acquired Lake View Inn, front lawn occupied by people having coffee and snacks, children busy clicking selfies and playing, people finding space for their family activities at the campsite and young boys in the age group 12 to 16 running around with cricket kits waiting for their turn to play a cricket match in a natural cricket stadium-like setting surrounded by mountains and pine trees. In the evening bonfire, music and dancing make it a beautiful destination for leisure time. On top of all, a beautiful bride and bridegroom using every corner of the campsite to capture all-time memories.

The sattal project has resumed its community development activities and has introduced a Learning Centre as an extension of New Delhi YMCA's educational programs through an online platform.

Sattal too is back in action.

Continue to keep your YMCA in prayers as it re-sets and comes out of the lockdown situation.

God Bless you all.

Mark

Dear Friends and members of the NDY,

Greetings in His precious name!

As we continue to pick up with our programs and activities, with meetings and deliberations resuming both online and physical, we pray and hope to reach the pre-Covid level of the action.

The membership drive is being concentrated on the youth. A voluntary withdrawal from membership is being appreciated for those members, who for any reason are not able to participate in activities. This could create more space for youth membership.

Further, moving forward, the Board is seized with the mission of creating future leaders and working on their overall development.

So please continue to keep New Delhi YMCA, its activities, and its mission in your prayers.

Regards and God bless!

Jovial Vaghela





# Tree Plantation Drive

IN COMMEMORATION OF SIR GEORGE WILLIAMS'S 200TH BIRTHDAY

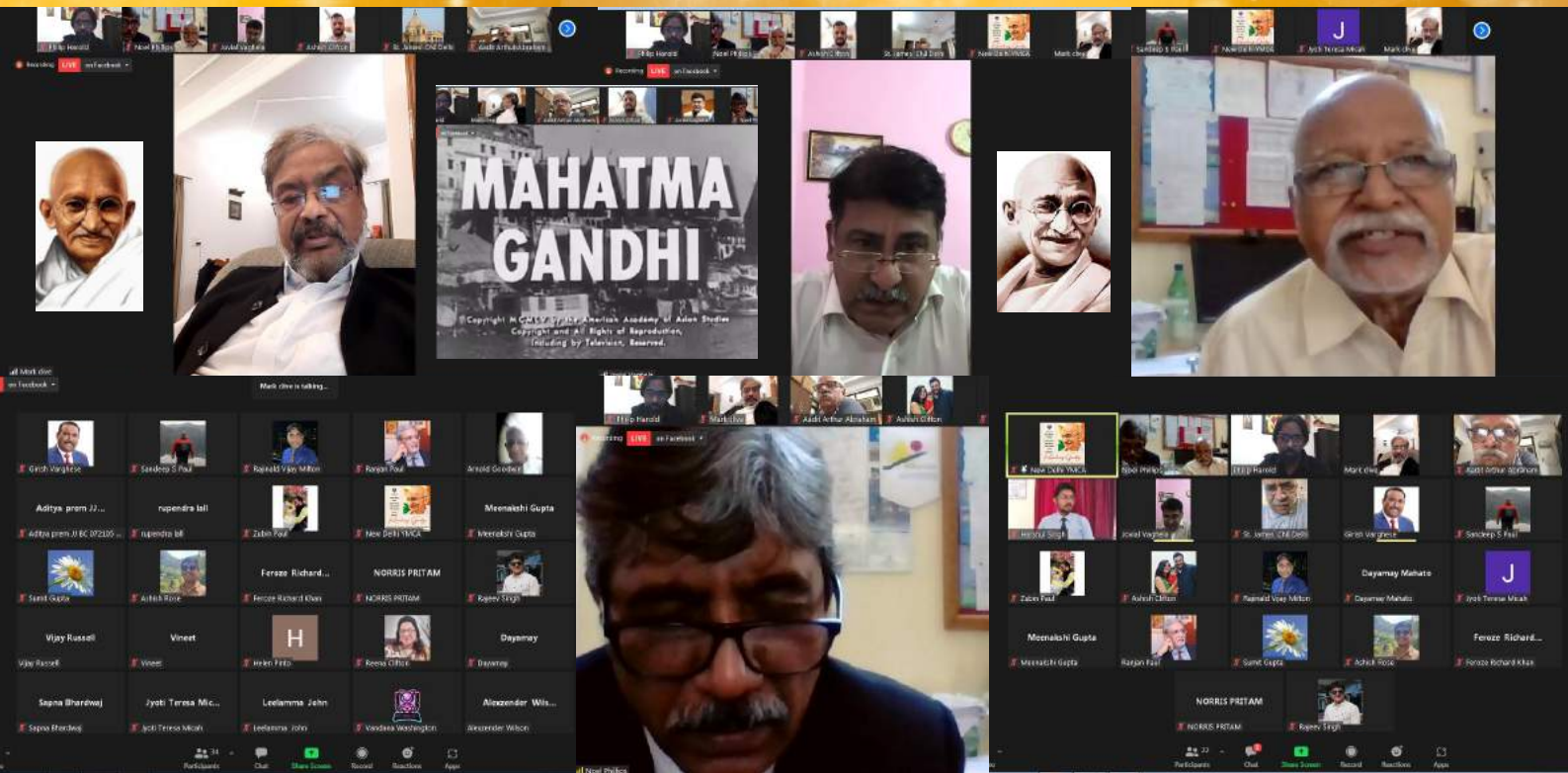


The 11th of October 1821, was a memorable day with a strong historical significance for the YMCA family members all around the world; the day when Sir. George Williams was born. On 11th October 2021, YMCAs around the world celebrated his 200th Birthday and remembered the man who gave birth to the biggest Youth-Oriented, Christ centered organization on Earth. The New Delhi YMCA through its Students & Youth Department celebrated this day along with the rest of the YMCAs in India by organizing a Tree Plantation Drive. A strong presence of 100+ members, staff, and well-wishers of the New Delhi YMCA gathered at the Tourist Hostel Lawns and participated in this initiative. The Chairman of the Students & Youth Committee, Mr. Girish Varghese, NDY Vice President, Mr. Alok Michyari, General Secretary & CEO, Mr. Mark Clive, SYC Member, Mr. Andrew Hoffland along with other dignitaries including NPPA Chairman, Mr. Kamlesh Kumar Pant, Rodic Consultants Chairman and Managing Director, Mr. Raj Kumar; Mr. Ramapathi Rao from Dalmia Bros. PVT. LTD. and leadership of ASSOCHAM, graced the occasion. Mr. Mark Clive in his address shared the historical background and works of the New Delhi YMCA. Mr. Girish Varghese welcomed the gathering and shared his greetings. With great enthusiasm and vigor, everyone present, planted saplings and plants, with prayers and hope in their hearts that the work that Sir. George Williams started will carry on and evolve with time and continued effort.



# Remembering Gandhiji

CELEBRATING THE LIFE OF "THE FATHER OF THE NATION"



On the propitious day of "Gandhi Jayanti", NDY PCT Committee organized a tribute-cum-memorial to reminisce the greatness of the Mahatma; Mohandas Karamchand Gandhi. This initiative was an Online Program organized on 02 October 2021. The event began with a word of prayer offered by Mr. Joel Prem, Chairman, PCT Committee. The Welcome greetings were shared by Mr. Jovial Vaghela, President, NDY, and Mr. Mark Clive, GS & CEO shared the Mahatma's Ideologies and emphasized on Gandhism.

The Program highlighted the life of Gandhiji through an online video that showcased the achievements, accolades, initiatives, and political victories of the Mahatma, as he dedicated his entire life to attain freedom and democracy for India, through Non-violence and Peace. This was followed by a Video Presentation that involved NDY staff and executives who recited the famous quotes and teaching of Gandhiji, as a culmination of the Message of Gandhiji. The NDY participants in the Video presentation included Mr. Mark Clive, GS & CEO, Mr. Ian Goodwin, Former AOGS, Mr. Rajeev Sing, AGS, Mr. Noel Phillips, AGS, Mr. Gladwin Lal, Senior Secretary, Mr. Vineet Masih, Senior Secretary, Mr. Feroze Khan, Secretary, Mr. Ashish Clifton, Secretary, Mr. Sagar Paul, Trainee Secretary, Mr. Harshul Singh, Trainee Secretary, Ms. Meenakshi Gupta, Executive Director, HPDP, Mr. Ranjan Paul, Director, IMS, Mr. John Prakash, Human Resources Head, Mr. R V Milton, System Officer, Mr. Rajdeep Bhagat, Jr. Programme Officer, Ms. Leelamma John, PA to GS, Ms. Sapna Bhardwaj, Office Assistant, Ms. Vandana Washington, Jr. Programme Officer, Mr. Vincent Jacob, Maintenance Officer, Ms. Jyoti Micah, Guest Relations officer, Ms. Minakshi Joseph, Office Assistant, and Mr. Philip Harold, Program Assistant. The Program was attended by 35+ Online Participants on Zoom and viewed by 350+ people on the NDY Facebook Page. This initiative was highly appreciated and praised by everyone.



# *Sports Activities in Full Swing*

## **LIFEGUARD TRAINING & CERTIFICATION BY NDY SPORTS DEPARTMENT**



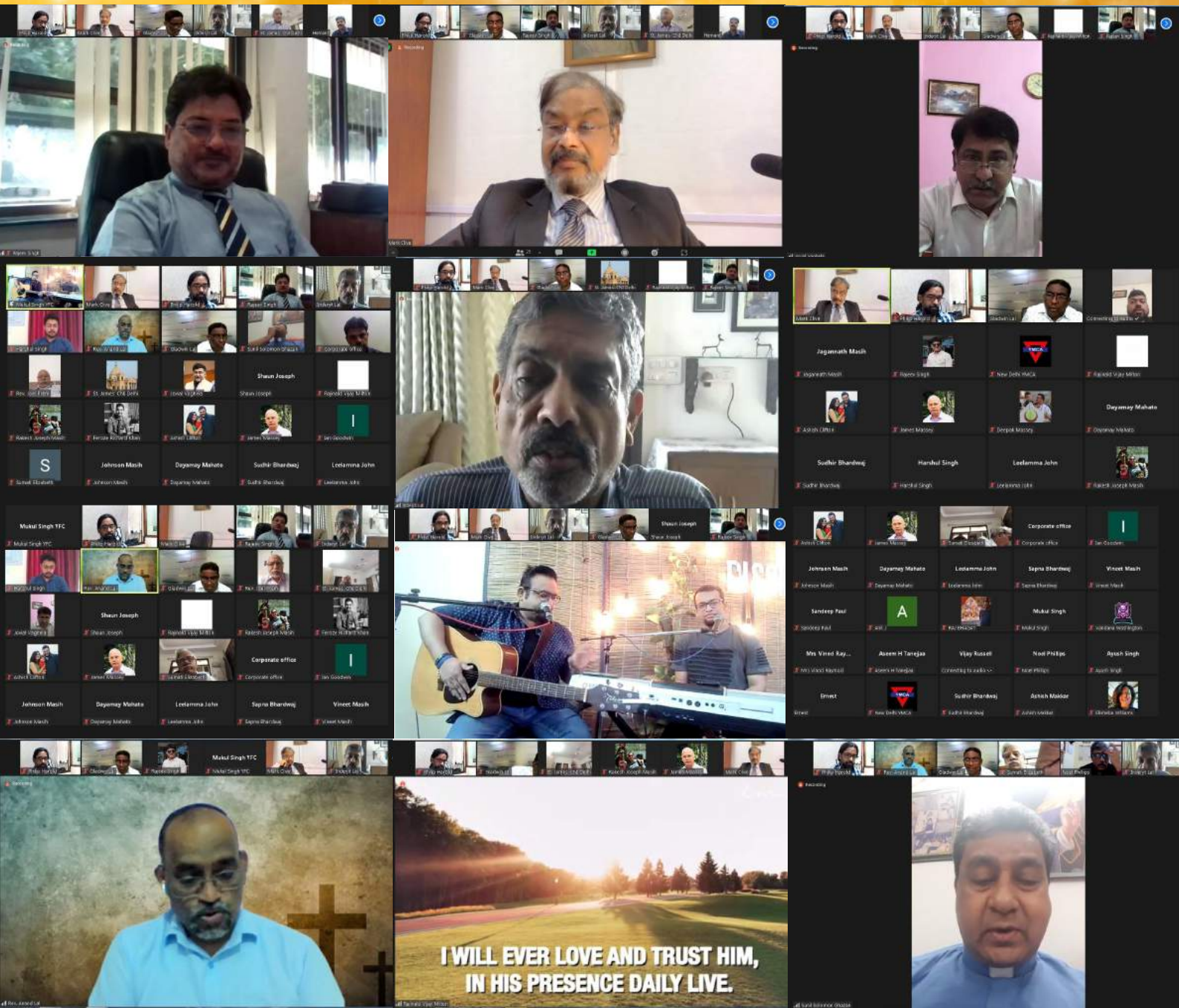
We are grateful to God Almighty that after a gap of three and a half months, the Sports Department has restarted its activities. The Gym has been shifted to its original location in the basement. Apart from regular Gymnasium, Karate, Lawn Tennis, Volley Ball, and Basket Ball, Swimming Practice and Coaching Programme have also restarted. The Sports Department conducted a successful Life Guard Training Programme whereby 117 People came forward to renew their license. The Training Program was conducted in four batches starting from 19th August 2021.

The Certificate Distribution Programme was held on 18th September 2021. Mr. Joseph Kouk, Vice Chairman of, Sports Department, distributed the certificates to the awardees. On a positive and encouraging note, all activities like Gymnasium, Karate, Lawn Tennis, Basketball, Volleyball, Swimming Practice, and Swimming Coaching are actively functional and the NDY Swimming Pool will be operational till the end of November 2021.





# The Prayer Fellowship



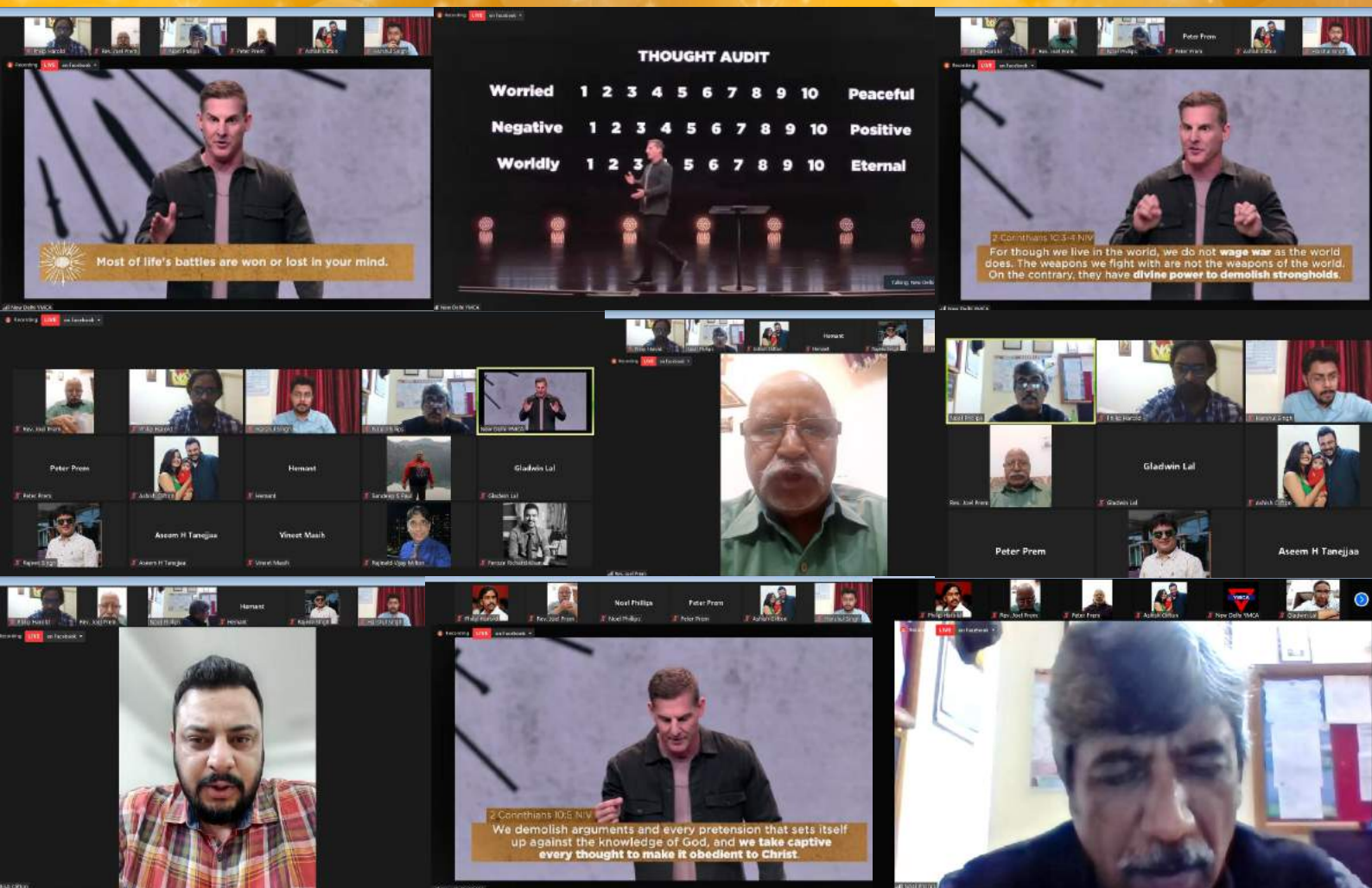
The Department of Christian Emphasis organized a Prayer Fellowship Meeting on Saturday 9th October 2021 from 10.00 a.m. onwards. The Prayer Fellowship began with a word of prayer by Mr. Rakesh Joseph. Mr. Mark Clive, General Secretary and CEO of New Delhi YMCA welcomed everyone. The Chairman CE Mr. Inderjit Lal and Mr. Jovial Vaghela, President New Delhi YMCA, shared their greetings. The Scripture reading was done by Mr. Rajeev Singh, Assistant. General Secretary of New Delhi YMCA. Rev. Anand Lal, Senior Pastor from Delhi Bible Fellowship was the Guest Speaker for the same. The Pastor spoke about the life of Jesus Christ, our Lord, and Savior. He preached about the fact that regardless of the situation or circumstances, God is always there for us and He loves us Unconditionally. He spoke about Trust, Divine Comfort, and Peace, and also he shared about God's Unconditional Love for His people. The Praise and Worship was led by Brother Mukul, Director of Youth for Christ Group. 75+ people attended the online meeting. The Vote of Thanks was shared by Mr. Gladwin Lal, Senior Secretary, NDY. The Closing Prayer was done by Mr. Noel Phillips, Assistant General Secretary, New Delhi YMCA, and Benediction was pronounced by Rev. Sunil Ghazan, Vice Chairman, Christian Emphasis Committee.





# Mental Wellness Program

CELEBRATING WORLD MENTAL HEALTH DAY



The NDY PCT Committee organized the Wellness Awareness Program on the occasion of World Mental Health Day on 10th October 2021 with the aim and desire to raise awareness regarding the criticality and significance of Mental Peace and Stability. As we endure and battle the War of our Minds, it is extremely important to have a strong foundational understanding and wisdom of how to deal with our Mental Health and overcome Stress, Anxiety, Fear, Ambiguity, and mental pressures.

With regards to this, an Online Program was conceptualized where the attendees were taught how to Win the War in their Minds. A wonderful message by Pastor Craig Groeschel was streamed online. His preaching included key aspects such as self-analysis through a Thought Audit and references from the Holy Bible from **2 Corinthians 10:5** which states, **We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.** His message provided vital information about dealing with daily Mental Struggles, Building Faith, Analysing our Thoughts, and gaining divine knowledge through the Holy Scriptures in order to filter our thinking process and eliminate negativity and fear.

The Program began with an Opening Prayer offered by Rev. Joel Prem, Chairman, PCTC who welcomed all the online participants while sharing his greetings. The Program concluded with a Closing Prayer offered by Mr. Noel Phillips, AGS, NDY. This initiative was hosted and managed by Mr. Ashish Clifton, Secretary, NDY

# Testimonial

## THE TESTIMONY OF HIS DIVINE LOVE



**Mr. Alick R Lal; New Delhi YMCA Member**

**“ 1 Corinthians 1: 8 - “He will keep you strong to the end so that you will be blameless on the day of our Lord Jesus Christ.”** I have known Jesus Christ for the best parts of my life since I was a 12-year-old boy, now I am touching 40. I knew HIM through my Sunday school at Church, my catechism at School, and sitting on the last bench of numerous churches, as a supernatural being who once called upon me to get things done in my life. Life was just ok, life was without regrets, and never felt like anything was missing. Just like any other average Christian, falling and rising in faith from time to time, until the day time stood still for me, my family, my friends, my relatives, and all who loved me.

I was diagnosed with Stage III Cancer which required numerous medical tests/scans, multiple surgeries, and 8 Chemotherapy sessions. Raising himself from his professional character, my surgeon advised that I needed prayers more than ever. At this point, I only understood that a person who truly loves me and is pure in spirit can pray for my healing. Laying down on the hospital bed awaiting treatment, my heart was plagued with the very basic grassroots question as to who can heal me, how can I get that healing and when can I get it? So, I went into self-reflection and prayers for weeks. My soul wept and prayers were answered because I Believed in HIM and HIS unending Love. The Lord God Jehovah appointed 8 angelic people in my life, to fight all my battles, answer all my spiritual questions and take control over my medical requirements.

**John 3:3 - “ I tell you the truth, no - one can see the kingdom of God unless he is born again.”**

The prayers of my family, friends, and relatives would have gone in vain if I had not surrendered myself to HIS Almighty Will. For, one to receive HIS healing, one has to empty himself to the core of his heart and soul. And to empty oneself is to forgive your trespasses, asking for forgiveness, repent for sins committed knowingly / unknowingly, and let go of long-pending regretful acts and times. Yes, it is possible but only by HIS Grace. In the past two years during the pandemic, I had been in and out of hospitals and medical test centers, regularly. RTPCR was conducted 13 times on me, not even once positive. During the first wave in Delhi, I underwent two major surgeries and had been on the ventilator for 3 days. During the second wave, I was undergoing my Chemotherapy sessions, only 4 out of 12 side effects manifested. **John 15:16 - “You did not choose me, but I chose you and appointed you to go and bear fruit”.** **AMEN**

## Did You Know?

### EXPLORING THE RICH HISTORY OF NEW DELHI YMCA



**Prime Minister Mrs. Indira Gandhi regularly attended the Annual Festival of Choirs. Seen in the Picture are Bishop Eric Nasir (L) NDY President Mr. Wilfred Lazarus (M) and NDY GS & CEO Mr. Prem Paul (R) in 1979**



**Historic Moment: Mother Teresa graced us with her immaculate presence at New Delhi YMCA in 1980. Seen in the Picture is NDY GS & CEO Mr. Prem Paul (R)**