



NEW DELHI YMCA

NDY TODAY

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C O N N E C T I N G P E O P L E

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Mark S Clive  
General Secretary & CEO

As you get to read this newsletter we will be less than 10 days short of six months when lockdown was imposed. In these six months drastic changes have come to our lives. The way we live, the way we talk, the way we greet each other and strange surroundings at workplace and even at home. Life has taken 360 degrees turn. We are living in a different world. But if this is the way of life now we have to adapt ourselves to the new order. At New Delhi YMCA we have made the transition quite smoothly I must say. In our respective office space everyone is maintaining the social distance and following all other precautions as a matter of routine. New seating arrangement is in place at the dining hall at the Tourist Hostel as the guests have started coming back. Even the Staff Fellowship Prayer has moved to Heinz Auditorium

On the programming front also we are back on the track. The Teachers' Day programme on September 5 was a huge success as three different units staged virtual events. We also paid tributes to the Corona warriors in medical fraternity with a musical programme. Several top doctors not only attended the virtual programme but also sang. Dr (Prof) N N Mathur, Director Lady Harding Medical College in his opening remarks complimented New Delhi YMCA for running 'one of the best' Covid centres at Tourist Hostel. Dr Ritu Saxena, Chief Medical Officer, LNJP Hospital also attended the online event and thanked New Delhi for providing some entertainment to the Doctors.

Due to the on going pandemic the Annual Business Meeting (ABM) could not be held. We have now sent notice to all members for a Special Online Meeting on September 29, 2020. Please attend the meeting at 3 pm to take the decision on Annual Business Meeting enabling New Delhi YMCA to move forward. Meeting ID and link will be sent to you by 29<sup>th</sup> September forenoon. If you need to clarify any point regarding the online meeting please feel free to call or write. Looking forward to meeting you all virtually.

God Bless all

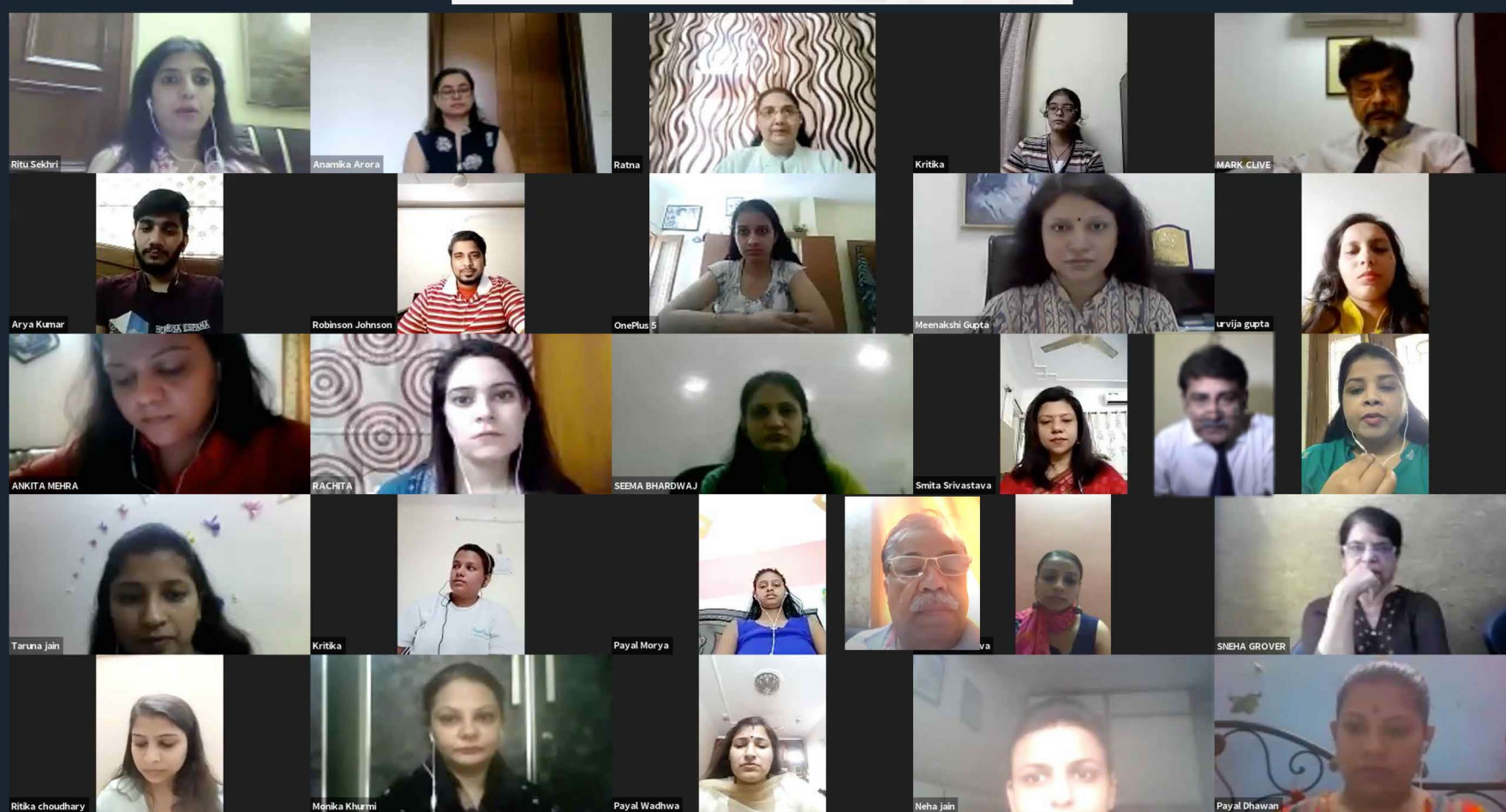
## Webinar and cultural events mark Teachers' Day celebrations

Cultural and academic events by different departments on virtual platform Zoom marked the Teachers' Day celebrations. While the Institute For Office Management organised a well-attended webinar on management of stress, the Nizamuddin Division and Social and Human Development departments staged colourful cultural shows.

The webinar, "Stress Management During Covid-19 Pandemic" attracted an impressive panel and focussed on the exigency of creating preparedness for managing stress, arisen due to pandemic.

### Stress matter of concern

The three distinguished Senior Clinical Psychologists from the Institute of Human Behaviour & Allied Sciences (IHBAS) made an excellent presentation and put their point across in a simple but effective manner.



The three panellists – Dr Dr Ruchi Varma, Dr Jagdish Sadiza and Dr Manisha Jha explained how it was a challenging task for the students to stay home due to Covid-19. The lively webinar, moderated by Mrs Meenakshi Gupta, Director IOM, concluded how stress caused due to social distancing and isolation was a matter of concern for everybody.

The panellists felt that the students were adversely affected due to the sudden change in teaching methodology. A question & answer session at the end of the session made the webinar interesting and useful

### Nizamuddin Public School and Special wing students excel

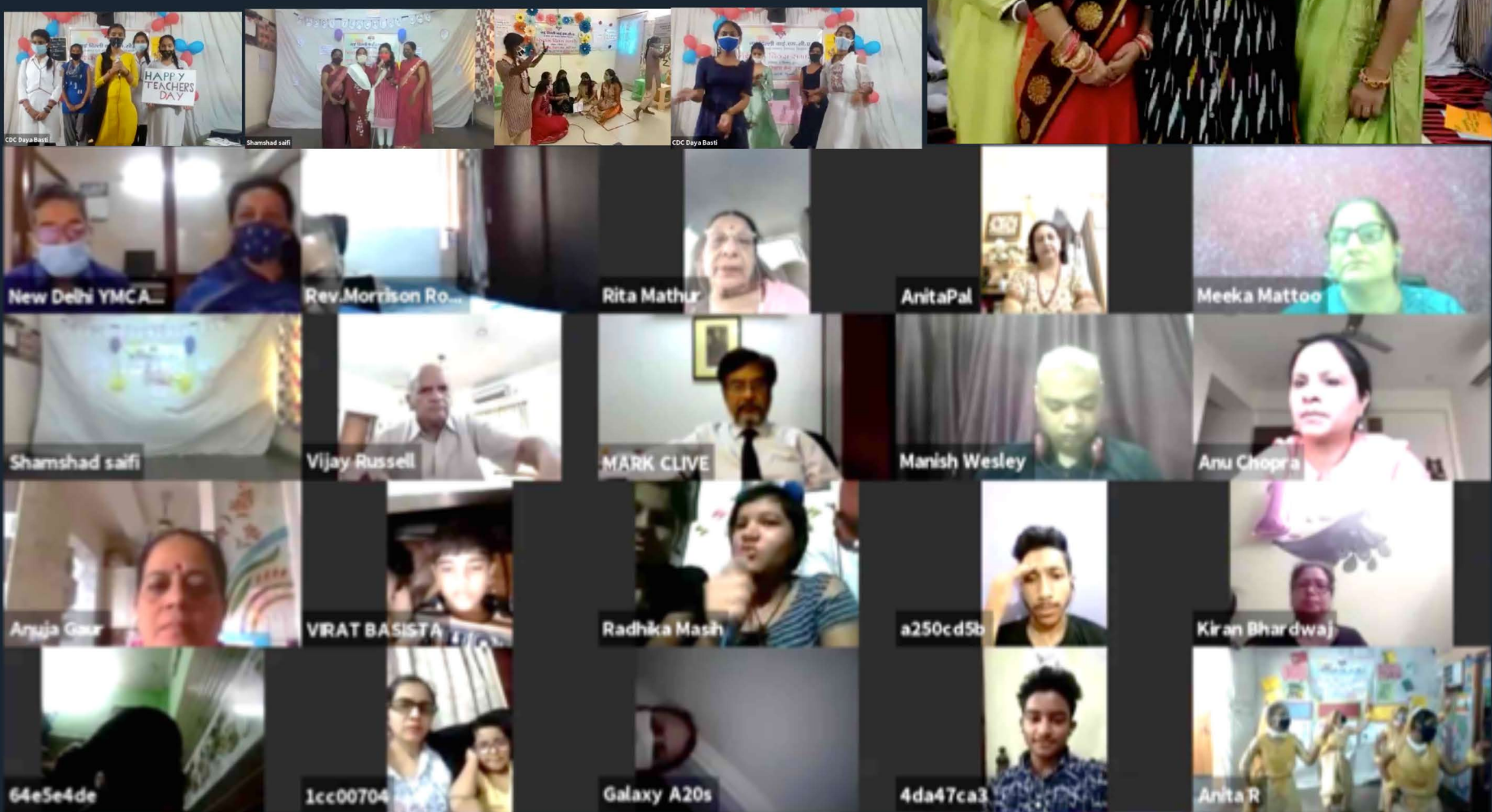
For the first time, students and teachers of the two schools celebrated Teachers' Day in a unique fashion. Sitting at their respective houses they presented a beautiful cultural soiree. Social distancing failed to restrict students from presenting a beautiful show.

Megha Basista and Yana Gaikwad were exceptionally brilliant in their presentations. Megha read out a poem while Yana sang a song specially made for the Teachers' Day. Full marks to the teachers of the two schools in preparing the students for the special day.

### SHD children dedicate performances to teachers

Unlike the Nizamuddin Centre, Social and Human Development department works through five Community Development Centres across Delhi. In these community centres, formal education through remedial centres is an integral part of New Delhi YMCA's development work there. It is through these remedial centres that many boys and girls, who joined YMCA centres at the primary level, are now knocking at adulthood. They have done exceedingly well in the school leaving examinations and are now ready to pursue under grad courses. The Teacher's Day was celebrated to recall the yeoman services of the same teachers who brought them up.

Besides formal education, emphasis is laid on skill training and cultural activities. Students of these five centres presented several cultural items and dedicated them to their teachers. The teachers and counsellors at the centres train these young impressionable minds under the guidance of Programme Officer Monica Singh.



### LOOK OUT FOR .....

- IOM:YMCA – Empowering Leaders of Tomorrow Webinar on Sept 18, 11 am to 12 noon
- GNPC: Safety for teachers conducting online classes Webinar on Sept 19, 11:30 am onwards
  - Technology for Online Safety
  - Online Classroom Safety
  - Reporting Online Abuse
- Special Online Meeting for members Sept 29, 3 pm

## Musical treatment by top Doctors

The second edition of "Musical Tributes to Corona Warriors" was a huge success. Many leading Doctors and other medical staff not only attended the online event but also sang in the programme organised by Department of Programme and Tribal. New Delhi YMCA had organised a similar event for Delhi Police. The third and the last programme in the series will be a musical dedication to the media persons, also regarded as Corona Warriors for their round-the-clock work in the field.

During the 90-minute interesting programme, Doctors, Professors and lab technicians had forgotten Covid and enjoyed the musical event. Some even performed so well.



Once the formal introductions were over it was time for pure entertainment. Dr Sumathi Muralidhar was the surprise in the pack. A product of Stella Maris Girls High School in Bangalore, Dr Sumathi is a Consultant Microbiologist at Safdarjung Hospital and also Professor at Department of Microbiology, Vardhman Mahavir Medical College. But on Saturday night she appeared in avatar of famous American singer Karen Carpenter and belted Yesterday Once More with total elan.

Dr Kapil Suri, HOD Radiology, at Safdarjung Hospital also took the audience down-memory-lane with Kishore Kumar numbers.

N N Mathur, Director, Lady Harding Medical College complimented New Delhi YMCA for organising the unique event and also running 'one of the best Covid centres'. The Delhi Government had converted the Tourist Hostel of the New Delhi YMCA into a Corona Centre.

A special song against Corona by Doctors and staff of Lady Harding Medical College and Kalavati Saran Hospital was a great hit.

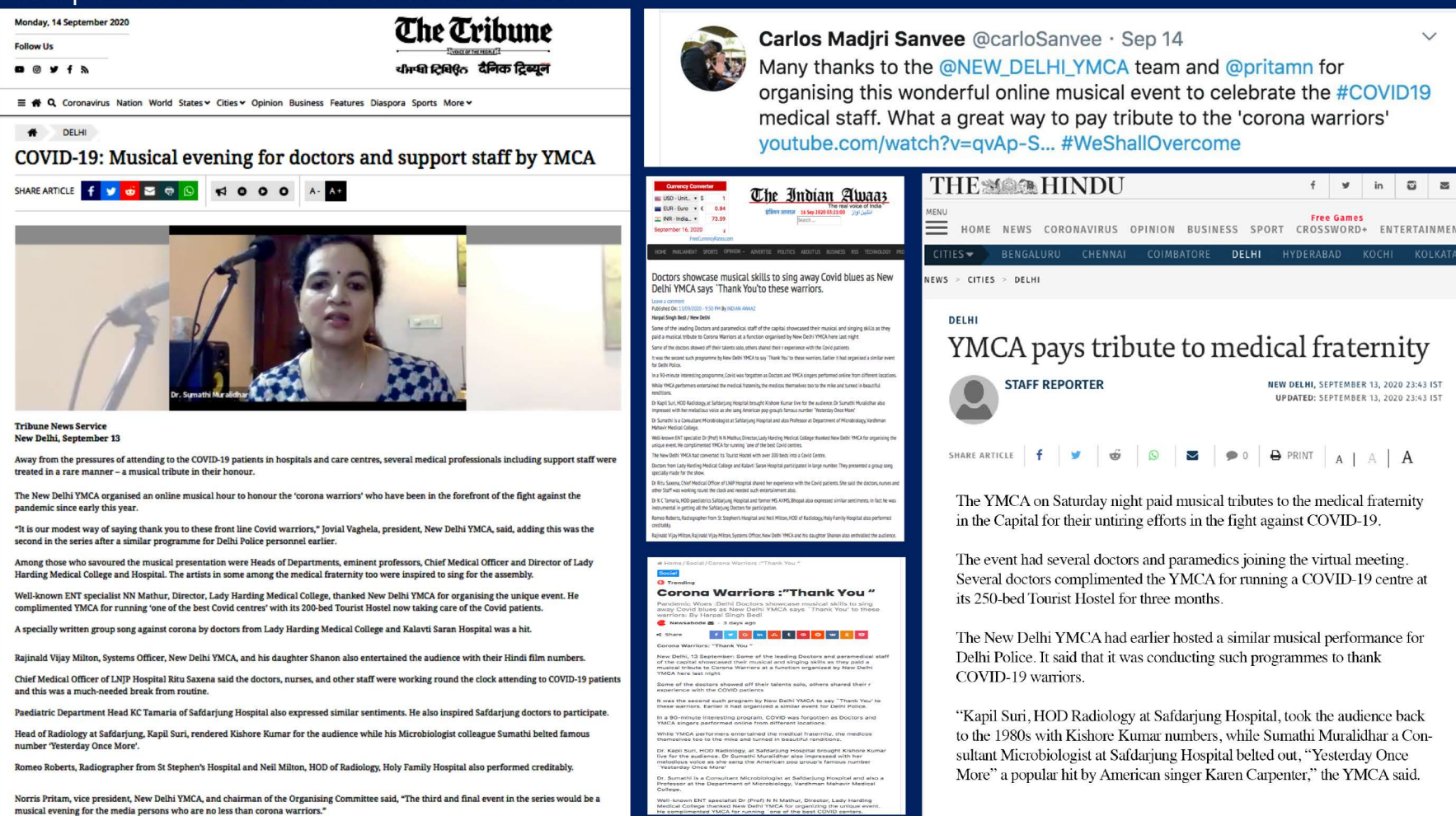
Dr Ritu Saxena, Chief Medical Officer of LNJP Hospital in her remarks said that these kind of programmes were needed for doctors, nurses and other staff who is working round the clock.

Dr K C Tamaria, HOD paediatrics Safdarjung Hospital and former MS AIIMS, Bhopal also expressed similar sentiments. He was also instrumental in getting all the Safdarjung Doctors to participate in the programme.

Romeo Roberts, Radiographer from St Stephen's Hospital and Neil Milton, Head of Lab, Holy Family Hospital also performed creditably. On request Neil also played a number of Piano Accordion.

Neil's brother Rajnald Vijay Milton, Systems Officer, New Delhi YMCA and his daughter Shanon also entertained the medical fraternity.

The event was covered extensively in media. In a tweet Carlos Sanvee, General Secretary of World YMCA, also complimented New Delhi YMCA for the event.



## Staff Prayer Fellowship at Heinz Auditorium

Following opening of the Tourist Hostel, activities are back at the Heinz Auditorium also. With social distancing in mind even Monday Staff Prayer Fellowship of New Delhi YMCA is also taking place in the Heinz Auditorium.

In the Fellowship prayer, staff and well wishers share the word of God and testimonies. Incidentally General Secretary & CEO Mr Mark Clive led the prayers in the new venue on September 7 to be followed by Senior Secretary Mr Gladwin Lal on September 14. Mr Chin Gouthang, Executive Secretary to GS & CEO will lead the prayer on September 21.



## CHORAL SERVICES BACK AT CANTERBURY CATHEDRAL

The 1,400-year tradition of choral singing at Canterbury Cathedral resumed September 6 after its longest break since the English Civil War. The world-famous choir will return from a pause of nearly six months, brought on by the Covid-19 pandemic. Even the guns of the World Wars did not silence the choir but lockdown restrictions meant the centuries-old activity had to cease. The nearly six-month break in choral services is thought to be the choir's longest break since the English Civil War (1642-1651). Oliver Cromwell banned music at the Cathedral, leading to a break in choir singing lasting 11 years until the restoration of the monarchy.

The choir continued without pause during both World Wars. However, now the Choir Song at the cathedral is returning. And for the first time, the daily performances of choral evensong will be streamed live online via the Cathedral's website, allowing a worldwide audience to tune in.

### Daily worship: online services

The following services are broadcast on our homepage and on the Cathedral's YouTube channel

	Morning Prayer	by 10.00 GMT each day
	Evening Prayer	by 17.30 GMT each day
	Choral Evensong	Live stream at 17.30 GMT each day
	Sunday Eucharist	12.00 noon GMT
	Sunday Compline	by 20.00 GMT



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Young people have been severely affected: Carlos Sanvee

Dear leaders, dear friends,

At the beginning of this Covid crisis, the World YMCA adopted a response strategy built on the three pillars of 'Resilience', 'Recovery' and 'Reimagination'.

Six months later, and while the world is still battling with the health and financial challenges caused by Covid, I would like to pause and look in our rear mirror to see how far we have come, and also to share thoughts on the months ahead in our collective journey.



Covid hit different countries in different ways, and the responses of different YMCAs varied from country to country. We were amazed by how many of our YMCAs adjusted to serve their communities, despite themselves being severely affected by the crisis.

Young people have been severely affected: jobs lost, schooling interrupted, social interactions upended, mental health issues spiralling. And yet we have seen how young people have also been quick to volunteer as first responders to serve their communities, and to help those more vulnerable than themselves.

In this time of Covid, the youth sector has proved that its services are essential for millions of young people - and older people - worldwide.

The road travelled so far in 2020

At the global and regional level, we have continued to provide the space and opportunity for the Movement to connect, to learn, share and support each other in building resilience to navigate through the crisis. Collectively, as a global Movement, we have responded to Covid in two main ways. First, in response to the 'Resilience' pillar of our strategy, we sought to provide ourselves with Thought Leadership – intellectual, emotional and spiritual.

In May, we debated 'The future we want', discussing health and wellbeing, work and climate. In June, we envisaged 'A future without racism'.



Also in May and June, we staged online ecumenical thanksgiving services, linking Christians all over the world in worship and prayer, and giving one another support in difficult times.

We will adopt our 'North Star' at our next World Council in Aarhus in July 2022.

#WeShallOvercome. What is more, I honestly believe we will #BuildBackBetter. Let's continue to build the resilience of young people, so that they in turn contribute to building resilient communities.

The future of young people depends on it – but so too does the world's future depend on them.

With all good wishes,  
Carlos  
*Excerpts from message from Carlos Sanvee, World YMCA Secretary-General*

If we have the courage to change, we can emerge from the crisis, says Pope

Pope Francis, in his new book, will explain how it can be made a safer, fairer, and a healthier place for people to live in, says the publisher Simon & Schuster. The book titled, "Let Us Dream" is a product of the numerous exchanges between Pope Francis and his biographer Austen Ivereigh, in the weeks following the coronavirus outbreak around the world. It will hit the stands on December 1 in English and Spanish editions simultaneously.

In the book, Pope Francis explains how a crisis can teach one to deal with the problems that they may face in their lives, by looking at three major crises in his personal life. "He begins "Let Us Dream" by exploring what this (Covid) crisis can teach us about how to handle upheaval of any kind in our own lives and the world at large. "With unprecedented candour, he reveals how three crises in his own life changed him dramatically for the better. By its very nature, he shows, crisis presents us with a choice: we make a grievous error if we try to return to some pre-crisis state. But if we have the courage to change, we can emerge from the crisis better than before," the Pope asserts.

The Pope also offers a blueprint for building a better world for all humanity by putting the poor and the planet at the heart of new thinking.

The book will also feature the Pope's observations on the value of unconventional thinking, on why women's leadership in the Church and throughout society should be increased dramatically, what he learned while scouring the streets of Buenos Aires with garbage-pickers, and much more.



COVID-19 pandemic impacts churches

The Coronavirus pandemic has posed significant challenges for the member churches of the Lutheran World Federation (LWF). A survey in all seven regions revealed impact in the same areas, but with largely different consequences regionally.

The survey sent out in early June 2020 yielded responses from 76 of the 148 LWF member churches. Churches responded from every region, giving a first impression of the impact of the pandemic on churches worldwide.

"As the COVID-19 pandemic impacts our member churches, it impacts the global communion of churches," says Maryssa Camaddo, LWF director of the Department for Planning and Coordination. "Where one member suffers, all suffer. By learning what our members are struggling with and what is on their mind, we can also plan how to better accompany each other."



Ups and downs of digital church

All churches had to temporarily suspend their activities, and find new ways of reaching out to congregations, and the most vulnerable. In many cases, churches expanded existing worship to online networks or established new services online using different forms of social media, websites, TV and radio. Several churches reported the positive effects of 'going online' as an opportunity for creativity and the ability to reach audiences outside of the usual physical gatherings.

Others reported a lack of Internet connectivity, electricity, online services and smartphones created a disconnect from their congregations. Church members in some regions were unable to afford Internet or mobile phone service because money was now needed for food. With mandated physical distancing, clergy found it challenging to remain in contact with the elderly and people living in remote and rural areas.

Economic impact changing face of churches

The economic impact in many places already is changing the face of the church and the congregations. As church members struggle financially, churches often increased their diaconal work. In addition to traditional, ongoing diaconal ministries, churches provided protective material, sanitization and general education, and medical aid with the onslaught of COVID-19. In a number of countries, churches needed to counter a lack of reliable public and government information.

As church members are impacted heavily by loss of livelihood, churches also face financial instability. The pandemic "highlighted and heightened existing inequalities and injustices among church members, among congregations and among churches worldwide," says Julia Brümmer, LWF Planning, Monitoring, Evaluation and Reporting Coordinator, who conducted the survey.

The struggle for survival is not exclusive. "In many churches across all regions, the pandemic has launched or accelerated a vicious circle, in which church members in need turn to the church for support, but contribute less," says Brümmer. "The crisis invites – and in fact: obliges – the churches to rethink and prioritize their ministries."

As churches have already shown solidarity in the LWF communion, by contributing to the Rapid Response Fund for churches in need, or bilaterally supporting partner churches, this solidarity could become even more important in the future.

"Apart from supporting churches in their current struggles, one role of LWF could therefore be to safeguard and remind churches of the broader perspective, including the concept of solidarity and their belonging to a worldwide Communion of Churches," Brümmer concludes.

National President Guest Speaker

National YMCA President Justice (Retd) Jacob Benjamin Koshy was the guest speaker at the online Prayer Fellowship on Saturday, September 12. Besides NDY President Mr Jovial Vaghela and General Secretary & CEO Mark Clive several members attended the Fellowship

The Art and Science of Storytelling

YMCA of Czech Republic will be conducting an Online Workshop on the art and science of storytelling from 16 to 30 September. The workshop, to be conducted on Zoom, will teach about the art and science of storytelling and how to create and share stories effectively?

Register to these online workshops, designed for educators and trainers, which involve a lot of exercises, interaction and fun.

An unprecedented national online service from a prison was broadcast by the Church of England, bringing prisoners, their families and prison staff together during lockdown.

The Revd Helen Deanley, Anglican chaplaincy adviser for HM Prison and Probation Service, who led the service, describes its impact.

The Covid-19 pandemic has made us think creatively and this was the first time that we had done anything like this. We wanted different prisons to take part and the service was broadcast from HMP Stocken in Rutland, HMP Low Newton in Durham – all women – and HMP Pentonville in London, a men's prison.

We wanted the voices of the people who work in prison to be heard and for people to be given some idea of their largely hidden ministry. Prison staff, including chaplains, are Hidden Heroes and we must take every chance to celebrate them, like through this service, and the upcoming Hidden Heroes day on September 29.

During the service, there were readings by staff inside Pentonville prison and you could hear the background noise of prison life. The service heard reflections written by two prisoners, read by chaplains on their behalf.

Prisoners spoke of their joy at knowing their families had been watching and listening to what they had written. It was hugely exciting for them to feel heard. There was prisoners' art displayed throughout the service and prayers were read that had been written by the women in Low Newton.

When the service was being broadcast, the chaplains in Low Newton were walking on the wings and as the hymns were being played, they could hear the sound of the women singing in their cells. Our job as chaplains is to bring hope and the service was a moment when that all came together.

There were 50,000 views of the service on Facebook and YouTube. There are around 200 Church of England chaplains in the prison service but not all are full time and we would like to recruit more. It is very important to emphasise that not all are ordained – people can be prison chaplains if they are deacons, Readers and Church Army evangelists. I think being a prison chaplain is a huge gift and privilege. It is about being alongside people at an absolutely critical moment of their lives, supporting people who have not always made the right decisions in their lives and have not embraced life in its fullness as they could have done. The work of the prison chaplain is to walk alongside them and help them to become who they can most richly be. Also in addition to all that we do, in working in prisons we are helping to reduce reoffending in the future.



Members Speak

Dear Mark,  
Glad to see the launch of the E-Newsletter and the restart of the different departments and programmes as per the 'new normal' due to the Covid-19 and particularly the restart of the Tourist Hostel  
With every good wish for the further successful developments  
-Richard G Khan

Dear Mark,  
Appreciate your kind gesture. Thank you for the informative NDY Today newsletter. It's a pleasure going through  
-Anjan Mukherjee

Happy to see the New Delhi YMCA Newsletter 'NDY Today'. During the time of moving through the hardship of pandemic, the online newsletter of NDY is the new turning point under the leadership of our President Mr Vaghela and General Secretary & CEO Mr Mark Clive and their teams.

I am taking this opportunity to congratulate Mr Mark Clive, the new General Secretary & CEO of the NDY.

We are proud of you and know that you will justify your position. We wish to receive your selfless service for the society and hope that you will justify the expectations of all the enthusiastic NDY members. Here's wishing you great success on all the best for the new role.

Missing our NDY members and programmes

With best wishes and regards  
-Saju C Varghese

I am really thankful for E-Newsletter and Connecting People. God bless you Sir  
-Dr Vishwas R Nath

Congratulations  
-Arshad Masih

My most sincere commendation and appreciation behind production of the praiseworthy Newsletter. Keep it up. Hope it is uploaded on the NDY website and Facebook page for the world to see.  
Warm regards and best wishes  
-Aloke Michyari

Good  
-Vijay Russell

Week of Prayer



World YWCA & World YMCA  
WEEK OF PRAYER AND WORLD FELLOWSHIP

8-14 NOVEMBER, 2020

**WAYS OF HOPE**  
CREATING RESILIENT COMMUNITIES  
THROUGH PRACTICAL SPIRITUALITY



Bible Reading Plan 2020-2021



This year, the World YMCA and World YWCA Week of Prayer and World Fellowship, from Sunday, November 8 to Saturday, November 14, will be an invitation to journey together throughout the week, reflecting on how to move from our individual calling to the collective for transformation to happen in times of the current global pandemic. The theme of this year's Week is **WAYS OF HOPE: Creating resilient communities through practical spirituality**

In Memoriam



*Words cannot express sadness. May the comfort of God help you through this difficult time*

**Mr Wilson David**, brother-in-law of Mr John Prakash, Head – Human Resources NDY, passed away on 10<sup>th</sup> September.

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**Mr Oliver Singh, chacha** (uncle) of NDY Systems Officer Mr Rajnald Vijay Milton went to be with the Lord on 22<sup>nd</sup> August.

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**Sister Annie Flossy**, a Franciscan Clarist Congregation nun died of Covid-19 Coronavirus at Holy Family Hospital on September 1. She was 50. She was a member of St Mary's Convent at Najibabad in Uttar Pradesh's Bijnor district. Her body was cremated on September 1 at Delhi's Nigam



Bodh Ghat crematorium following the norms for last rites of Covid 19 patients. Two priests, three volunteers from Jasola Church and a team of nuns from the Noida provincial house attended the cremation.



The Chinese city of Wuhan has been in the news for all the wrong reasons. The deadly Corona virus was reportedly developed in Wuhan. But YMCA in Wuhan has been in the forefront to help people suffering from the virus

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