

NEW DELHI YMCA

# NEWSLETTER

BUILDING COMMUNITIES







Dear Readers of the New Delhi YMCA Newsletter,

Greetings!

As we reflect on the active and inspiring months of July and August 2025, we give thanks to God for the many opportunities He has provided for us to grow, serve and connect as a community rooted in faith and purpose.

These two months have been filled with meaningful engagement—from empowering youth and enhancing education to fostering partnerships and expanding our social outreach. I am pleased to share with you a summary of key developments and events that reflect the heartbeat of our mission.

We are proud to share that a young member from New Delhi YMCA had the honour of representing New Delhi YMCA at the 1st LEAD Youth Leaders Symposium, hosted by Singapore YMCA and organized by Asia and Pacific Alliance of the YMCAs (APAY).

The Orientation Programme was organized by HPDP for the new batches of students at IMS (Institute for Management Studies), IMSIT (Institute for Media Studies & Information Technology), IOM (Institute of Office Management), ICS (Institute for Career Studies) and IFTD (Institute for Fashion Technology & Design). These sessions introduced students to our value-based learning environment, encouraging both academic and personal growth.

In a significant step toward industry-aligned education, New Delhi YMCA signed a MoU with the Media & Entertainment Skills Council (MESCC). This collaboration will open new doors for professional training, certification and career opportunities for students in the fields of media and creative arts.

In line with India's democratic and inclusive ideals, the New Delhi YMCA has continuously worked to uplift marginalized communities, promote peace and develop youth as responsible citizens and leaders through its Social and Human Development programmes conducted at all 5 Community Development Centres.

As we have recently celebrated 79 years of India's Independence, the New Delhi YMCA proudly upholds this legacy—serving as a living expression of faith in action, unity in diversity and service to the nation.

As we move into September and beyond, we look forward to further strengthening our programmes in youth development, education, interfaith harmony and social justice.

Let us remain steadfast in our shared mission, drawing inspiration from Galatians 6:9:

“Let us not grow weary in doing good, for at the proper time we will reap a harvest if we do not give up.”

Thank you for your continued prayers, support and partnership.

With warm regards,

Rajeev Singh  
General Secretary & CEO  
New Delhi YMCA

Respected Members of New Delhi YMCA,

Greetings in the glorious name of our Lord and Saviour, Jesus Christ.

The name of ND YMCA has for long been synonymous with excellent training programmes being run through its various educational institutes. A very large number of students have benefitted from the variety of courses, enabling them to gain employment in many walks of life. Human Potential Development was one of the key goals of the YMCA mandate, and the acceptance, over decades, of our courses by so many is a testament to the dedicated work and concern for the youth by our organization.

However, in a rapidly changing world, the relevance of some of the courses has decreased. This has led to a steady decline in the enrollment for such courses and therefore, also a decline in the total number of youth in our educational centres. Over the last two decades, many varied opportunities for employment have opened. Also, there are many institutions today offering the same courses we are running.

In such a scenario, the Board is looking at our HPDP programmes with fresh eyes. There is a felt need to stop some of our courses and start new ones in their place, keeping in mind the current needs of our youth.

We are hopeful of starting these courses within the next year.

Another reason for attrition of student numbers is also the lack of certification of many courses by an independent certifying agency. Recently, two of our courses have obtained certification under the National Skill Development Corporation. Efforts are being made to ensure all our courses receive independent certification as that would increase the employability of our students.

As this newsletter covers the months of July and August, we also take this opportunity to remember and celebrate our nation's Independence Day. It is a time to reflect on the sacrifices made by our freedom fighters and to renew our commitment towards building a stronger, inclusive, and progressive India. Let us continue to inspire our youth to not only excel academically but also contribute meaningfully to society and the nation.

I request your prayers for these new directions and also welcome suggestions from our members on further avenues we need to explore.

With warm wishes and regards,

Dr. Sudhir Joseph  
President, New Delhi YMCA





# NEW DELHI YMCA INDEPENDENCE DAY CELEBRATION

## GREATER NOIDA PROGRAMME CENTRE



The YMCA Greater Noida Programme Centre celebrated the 79th Independence Day with great enthusiasm and patriotic fervor on 15th August 2025 at 9:30 am in the Open Lawn. The programme commenced with an opening prayer led by Pas. Sahil Chand, invoking God's blessings for the nation and the gathering. Following this, Mr. Noel Phillips, Associate General Secretary, extended a warm welcome to the guests and participants, setting the tone for the event. Mr. Vijay Russell, Chairman, Greater Noida Programme Centre then shared his greetings, highlighting the significance of the day and the spirit of unity and freedom.



The highlight of the event was the Flag Hoisting Ceremony, graced by Mr. Vijay Russell, Chairman, GNPC, Mr. Noel Phillips, Associate General Secretary, Mr. Anil Daniels and Rev. Suresh Kumar, Members of New Delhi YMCA. The flag hoisting was accompanied by the singing of the National Anthem, filling the atmosphere with a spirit of unity and patriotism. The cultural segment began with a dynamic martial arts demonstration by the YMCA Karate Academy, showcasing discipline and strength. This was followed by a lively dance performance by R.K. Sports Academy, which added color and vibrancy to the occasion.



The programme concluded with a closing prayer and benediction by Rev. Dr. Suresh Kumar, seeking peace and blessings for the country. The performers were felicitated with planters as a token of appreciation, symbolizing growth and sustainability.

The event ended with a heartfelt vote of thanks delivered by Mr. Harshul Singh, Secretary, who acknowledged the contributions of everyone involved in making the celebration successful. The gathering then proceeded to enjoy refreshments together, fostering fellowship and joy.

The programme witnessed the participation of around 100 guests, who joined in celebrating the nation's independence with a spirit of unity, gratitude and patriotism.







# NEW DELHI YMCA INDEPENDENCE DAY CELEBRATION

## DEPARTMENT OF SOCIAL AND HUMAN DEVELOPMENT

The New Delhi YMCA, Department of Social and Human Development (SHD), celebrated the 79th Independence Day across all five Community Development Centres (CDCs) with great enthusiasm and patriotic fervour.

On 13th August 2025, celebrations were held at the Sunlight Colony, Kalyanpuri and Karpoori Thakur CDCs, where Rev. Vasant Kumar Reuben, Chairman, SHD hoisted the Tricolour along with SHD Committee Members and dignitaries, including Mr. Francis Andrade, Mr. Benjamin Paul, Dr. Saju Varghese, Mr. Noel Phillips, Associate General Secretary, Mr. Hemant Agarwal, Assistant General Secretary and Ms. Monica Singh, Programme Officer. Students showcased patriotic dances and performances, filling the atmosphere with national pride.

On 14th August 2025, the festivities continued at CDC Daya Basti, where the local MLA, Mr. Somdutt Sharma, and Rev. Vasant Kumar Reuben, Chairman, SHD hoisted the National Flag. Students presented vibrant cultural programmes and sweets were distributed among the children. The celebrations concluded at CDC Savda Ghevra with patriotic dances performed by children and youth. The flag hoisting was once again led by Rev. Vasant Kumar Reuben, Chairman, SHD in the presence of SHD dignitaries and Committee Members.

The events across all centres reflected the true spirit of patriotism, unity and community participation, inspiring both students and residents.







# NEW DELHI YMCA INDEPENDENCE DAY CELEBRATION

## NEW DELHI YMCA TOURIST HOSTEL

The 79th Independence Day of India was celebrated with pride and patriotic fervour at the New Delhi YMCA Tourist Hostel on 15th August 2025. The event brought together the New Delhi YMCA Members, esteemed guests, staff and management to honour the spirit of freedom and unity.

The celebration began with a warm welcome, followed by the flag hoisting by Mr. Inderjit Lal, Chairman, New Delhi YMCA Tourist Hostel and the singing of the National Anthem. In his address, the Chairman emphasized the significance of Independence Day, the sacrifices of the freedom fighters and the responsibility of every citizen in nation-building. Members and guests also shared their reflections, expressing gratitude for the nation's hard-earned freedom.

The programme featured several highlights, including a patriotic song by Mr. Alok Michyari, a poem recitation and soulful patriotic performances by staff, students from the HPDP Department and members.

The celebration concluded with a special Independence Day lunch and the distribution of sweets to all guests, dignitaries and staff. The event ended on a note of unity and patriotic spirit, leaving behind a lasting impression of togetherness and national pride.

## RURAL COMMUNITY DEVELOPMENT CENTRE, HODAL

The Rural Community Development Centre (RCDC), Hodal, celebrated the 79th Independence Day on 13th August 2025 with great zeal and patriotic fervour. The campus was beautifully decorated with tricolour flags and banners, creating a vibrant festive atmosphere.

The programme began at 10:30 AM with a colourful cultural presentation by the students, featuring devotional Vandana, song-and-dance performances, speeches, skits and group singing by both students and teachers, showcasing creativity and enthusiasm.

The flag hoisting ceremony was led by Mr. Peter Prem, Chairman, RCDC, followed by the National Anthem, evoking unity and pride. Shri Kunwar Singh, Former Sarpanch and Chief Guest, delivered an inspiring address, while Mr. Feroze Khan, Assistant General Secretary, graced the occasion with his presence.

The programme concluded with a vote of thanks by Mr. Sarthak Joel Tunious, Secretary on Probation, RCDC. Refreshments were served to parents, snack boxes were distributed to students and a special lunch was arranged for members and teachers.

The event was a heartfelt tribute to India's freedom fighters and reinforced the values of unity, patriotism and responsibility among students and the community.







# NEW DELHI YMCA INDEPENDENCE DAY CELEBRATION

## YMCA CAMPSITE CUM PROGRAMME CENTRE, SATTAL

The New Delhi YMCA Campsite Cum Programme Centre, Sattal celebrated the 79th Independence Day on 15th August 2025 at 09:00 a.m. The programme was attended by the in-house staff from the Campsite and Dorothy Villa.

Mr. Sagar Emmanuel Paul, Secretary, NDY welcomed the gathering, followed by the flag hoisting by Pastor Johnson K. Sebastian, the Chief Guest. The staff joined in saluting the National Flag and singing the National Anthem.

Pastor Sebastian addressed the gathering, encouraging everyone to be responsible citizens and contribute their best to the nation. The event concluded with a prayer by Rev. Mrs. Shraddha Paul, Vote of Thanks by Mr. Sagar Emmanuel Paul and distribution of refreshments. A group photograph was taken to commemorate the occasion.



## YMCA PUBLIC SCHOOL, NIZAMUDDIN EAST

On 14th August 2025, YMCA Public School celebrated the 79th Independence Day of our nation with great enthusiasm and patriotic spirit. Due to continuous rainfall, the programme was held indoors in the Multipurpose Hall.

This year, the celebration was organized on a smaller scale, focusing on simplicity and devotion to the nation. The event commenced with the hoisting of the National Flag, followed by the singing of the National Anthem. This solemn moment filled the hall with pride and patriotism.

Students presented graceful dance performances that beautifully depicted the spirit of freedom and unity. Their energetic steps and patriotic themes created an inspiring atmosphere, reminding everyone of the sacrifices made by our freedom fighters.

Though modest in scale, the celebration truly reflected the essence of Independence Day—respect for our nation and a collective pledge to contribute towards its progress. The event concluded with the school resonating with patriotic songs and warm wishes for a bright and prosperous India.





# Prayer Breakfast Fellowship

12th July 2025



The New Delhi YMCA, Department of Christian Emphasis, organized a Prayer Breakfast Fellowship on Saturday, 12th July 2025 at 8:30 a.m. in the Heinz Auditorium, Tourist Hostel, Jai Singh Road.

The programme began with an opening prayer by Mr. Manish Wesley, followed by greetings from the Chairman Mr. Francis Andrade. The congregation sang the hymn "When We Walk with the Lord", after which Mr. Noel Phillips, Associate General Secretary delivered the welcome address, extending a special welcome to the Guest Speaker Pastor Rishab Masih from King's Temple Church, Delhi.

Praise and Worship was led by Brother Akshit and Sister Divya. Ms. Neelam Lal read the Scripture from 1 Kings 19:19-21. Pastor Rishab Masih then shared an inspiring message, which was well received by all. The service concluded with the closing prayer and Benediction by Rev. Sunil Ghazan, followed by Vote of Thanks by Mr. Gladwin Lal, Assistant General Secretary.

Around 90 to 100 participants attended this spirit-filled fellowship, which strengthened faith and unity among the YMCA community.

# Prayer Breakfast Fellowship

09th August 2025

The New Delhi YMCA, Department of Christian Emphasis, organized a Prayer Breakfast Fellowship on Saturday, 09th August 2025 at 8:30 a.m. in the Heinz Auditorium, Tourist Hostel, Jai Singh Road.

The programme began with an opening prayer by Mr. Rakesh Joseph, followed by the hymn "What a Friend We Have in Jesus". Mr. Rajeev Singh, General Secretary & CEO, NDY warmly welcomed the gathering, while Mr. Francis Andrade, Chairman, Department of Christian Emphasis delivered the Chairman's Greeting.

An uplifting Praise and Worship session was led by Fr. Sampath Kumar G., Director, Yeshu Kripa Satsang, Delhi Catholic Archdiocese. The Scripture reading from John 8:3-4 & 36 preceded the inspiring message delivered by Most Rev. Deepak Valerian Tauro, Auxiliary Bishop of Delhi Catholic Archdiocese, who also offered the closing prayer and Benediction.

The programme concluded with Vote of Thanks by Mr. Gladwin Lal, Assistant General Secretary. Around 85 participants joined this spirit-filled fellowship, experiencing a meaningful time of worship, reflection and community bonding.



# GREATER NOIDA PROGRAMME CENTRE

## Prayer Breakfast Fellowship – 12th July 2025

The YMCA Greater Noida Programme Centre successfully hosted a Prayer Breakfast Fellowship on 12th July 2025 at 8:30 a.m., bringing together members and guests for a meaningful time of spiritual reflection, fellowship, and worship.

The programme began with an opening prayer by Mr. Narsingh Kumar, followed by a welcome address from Mr. Harshul Singh, Secretary, New Delhi YMCA, who emphasized the role of prayer in fostering unity. Mr. Vijay Russell, Chairman, GNPC, shared his greetings and encouraged continued efforts in faith-based initiatives.

An engaging praise and worship session by Believers Crown Ministry elevated the atmosphere, followed by Scripture reading by Ms. Lucy and an inspiring message from Pastor Rajesh Kumar of Amazing Miracle of God Ministry, urging everyone to deepen their faith. The gathering joined in singing the hymn “Bolo Jai, Milkar Jai” before the felicitation of the speaker and the choir.

The fellowship concluded with a closing prayer by Pastor Manav Das and Vote of Thanks by Mr. Harshul Singh, after which participants enjoyed a warm time of breakfast fellowship.



## Prayer Breakfast Fellowship – 23rd August 2025



The YMCA Greater Noida Programme Centre organized a Prayer Breakfast Fellowship on 23rd August 2025 at 8:30 a.m. The programme began with an opening prayer by Mr. Rajendra Kumar, seeking God's blessings, followed by a warm welcome address from Mr. Harshul Singh, Secretary, New Delhi YMCA, who highlighted the role of fellowship in strengthening faith and unity.

Mr. Vijay Russell, Chairman, Greater Noida Programme Centre shared his greetings and encouraged participants with uplifting words. A vibrant Praise and Worship session by the Amazing Miracle of God Ministry set a devotional tone, followed by Scripture readings from Acts 28:2-3 and Leviticus 6:12-13 by Mr. Peter Raj.

Pastor Samuel George from Raho both Assembly of God delivered an inspiring message on the power of prayer, perseverance and living in God's presence. The congregation collectively joined in the hymn “Yahowa Charwaha Mera”, filling the atmosphere with devotion.

The programme concluded with a closing prayer offered by Pastor Rajesh Kumar and Benediction, after which Mr. Harshul Singh expressed heartfelt gratitude in his Vote of Thanks. The event ended with a breakfast fellowship, fostering deeper connections among members and guests.

## Free Medical Test & Consultation

YMCA Greater Noida Programme Centre organised a Free Medical Test and Consultation Camp on 23rd August 2025 at 10:30 a.m. in association with Hope Hospital, Greater Noida.

The programme began with an Opening Prayer by Pas. Vino Thomas, seeking God's blessings for the initiative. This was followed by a welcome address by Mr. Harshul Singh, Secretary, New Delhi YMCA, who extended a warm welcome to all the guests and participants. Later, Mr. Vijay Russell, Chairman, Greater Noida Programme Centre gave his greetings and felicitated the team from Hope Hospital with plantain sapling, appreciating their support in this noble cause. He then officially declared the camp open.

After the inaugural session, the participants proceeded with registration, consultation with doctors and blood sample collection for the medical tests. The tests included various health check-ups aimed at early detection and awareness of medical conditions. The camp witnessed a good turnout, with enthusiastic participation from the community. The initiative was highly appreciated by the people, who expressed their gratitude towards YMCA Greater Noida Programme Centre for taking this step towards community health and well-being.

This programme reaffirmed YMCA's commitment to serve the society through holistic development and community care.





# DEPARTMENT OF SOCIAL AND HUMAN DEVELOPMENT

## Awareness Generation Programmes (AGPs)

### **Child Rights and Trafficking**



An Awareness Generation Programme on “Child Rights and Trafficking” was organized on 10th July 2025 at CDC Sunlight Colony in collaboration with the Society for Participatory Integrated Development (SPID). Resource Persons Mr. Abrar and Ms. Bhavana educated 51 parents and women about child rights, the risks of child trafficking and preventive measures to protect children in the community.

### **Women Employment and Gender Equality**



An Awareness Generation Programme on Women Employment and Gender Equality was held on 11th July 2025 at CDC Kalyanpuri. Led by Ms. Shanti from the Azad Foundation, the session educated women and girls on the importance of empowerment through employment, skill development and ensuring equal opportunities while addressing issues like workplace discrimination and gender inequality.

### **Digital Literacy**



Awareness Generation Programme (AGP) on “Digital Literacy” was organized on 12th July 2025 at Community Development Centre Daya Basti with the objective highlighting the importance of digital knowledge in daily life, education, job opportunities and personal growth. Also to promote basic computer and internet knowledge among the youth. The Resource Person was Mr. Jitender Sharma, incharge & Computer Instructor from Naman Coaching. 51 youth attended the program.

### **Job Orientation**



A Job Orientation Workshop was held on 12th July 2025 at CDC Kalyanpuri for the youth, conducted by Mr. Ashgar from Plan International NGO. The session covered resume writing, interview techniques, workplace behavior and industry expectations, along with insights into job prospects in retail, hospitality, healthcare and customer service. Through their participation, 30 youth gained confidence and enhanced their job prospects.

### **Street Play on the theme "Empowering Youth, Building Future"**



The Youth Group of CDC Savda Ghevra organized an awareness programme and street play on "Empowering Youth, Building Future" on 12th July 2025. led by Mr. Suraj, the initiative aimed to raise awareness among community members, especially youth, about their role in community development, social transformation and active participation in local governance.

### **Prevention of Breast Cancer**

An Awareness Generation Programme on “Breast Cancer” was organized on 27th August 2025 at ALC-Dayal Singh, CDC Karpoori Thakur for women. Ms. Sajni and Mr. Rohit from CAN SUPPORT conducted the session, highlighting prevention, healthy lifestyle practices and early detection. 35 women and girls participated and received Certificates of Appreciation.



### **Breastfeeding & Immunization in Child Care**



An awareness programme on the “Importance of Breastfeeding and Vaccination in Child Care” was organized on 02nd August 2025 at CDC Savda-Ghevra in collaboration with the Delhi Govt. Dispensary. The session was conducted by Ms. Naresh Kumari (ANM, Ayushman Arogya Mandir), the session focused on reducing maternal and child mortality and promoting child health and development. 37 mothers participated in the programme.

### **Menstruation Hygiene**

Awareness Generation Programme (AGP) on ‘Menstrual Hygiene’ was conducted on 24<sup>th</sup> July 2025 for adolescent girls at the Community Development Centre Karpoori Thakur. Purpose of the programme was to create awareness regarding Menstruation and about the myths and misconceptions associated with the Menstruation cycle among the adolescent girls. The session was conducted by Ms. Kirti Tripathi (Project Coordinator) from Go Girl Foundation 36 adolescent girls participated in the programme



### **Protection from Communicable & Seasonal Diseases**

An Awareness Generation Programme on “Protection from Communicable & Seasonal Diseases” was organized on 06th August 2025 at CDC Kalyanpuri for the community women and girls. Mr. Naveen Kumar (Malaria Inspector, MCD) conducted the session, sharing preventive measures and practical tips to avoid infections. 48 participants actively attended the programme.





## Training on Fire Extinguisher

Fire Extinguisher Training session was conducted on 17th July 2025 at CDC Karpoori Thakur & CDC Kalyanpuri, on 22nd July 2025 at CDC Daya Basti, on 25th July 2025 at CDC Sunlight Colony and on 04th August 2025 at CDC Savda Ghevra.

The sessions were conducted by Mr. Deepak, Trainer, Westech Pvt. Ltd. and Mr. Rahul Peter, Security Supervisor, New Delhi YMCA.

During the session, the following key topics were discussed :

- Types of Fires and Fire Extinguishers
- Components and Functioning of Fire Extinguishers.
- Steps to Operate a Fire Extinguisher (PASS Technique)

o Pull the pin

o Aim at the base of the fire

o Squeeze the handle

o Sweep from side to side

The sessions equipped all participants with practical knowledge and hands-on experience to effectively respond to fire incidents, thereby promoting a safer work environment. 124 Staff (Visiting Faculty, Attendants, Peons and Watchman) attended the program.



## Success Stories

### *From uncertainty to success*

#### **Mr. Ravinder**



Coming from a lower-middle-class family, Mr. Ravinder joined the New Delhi YMCA in 2022 with limited computer knowledge. Determined to improve his future, he enrolled in Basic Computer Classes at CDC Karpoori Thakur, which laid the foundation for his career. With New Delhi YMCA's guidance and encouragement, he completed the course and pursued further studies by enrolling in the NIIT Course. Actively participating in activities like the NGO Mela, Sports Day and a Sattal Trip, he gained confidence and broader exposure.

Through his hard work and the opportunities provided by New Delhi YMCA, Mr. Ravinder secured a job as an Estimation Executive at TOSTEM LIXIL with a good package, enabling him to support himself and his family.

His journey reflects how New Delhi YMCA empowers youth by providing skills, confidence and opportunities to build a brighter future.

### ***A Journey of Resilience – From Struggle to Self-Reliance***

Ms. Tulsi, a determined young woman from DDA Flats, Sarai Basti, Delhi, has overcome immense challenges to achieve independence and support her family. Abandoned by her father at the age of five, her mother, a street vendor, worked tirelessly to raise Tulsi and her siblings. In 2016, Ms. Tulsi joined New Delhi YMCA's Remedial Classes, which offered affordable coaching and educational support. With YMCA's guidance, she completed her Class XII in 2022, while her siblings, Dev and Deepika also benefited from New Delhi YMCA's coaching and are pursuing formal education in Commerce.

After schooling, Ms. Tulsi enrolled in a Nursing course at Dr. Shroff's Charity Eye Hospital, a government-supported program, where she received a monthly stipend. She completed the course in 2024 and secured a job at a dispensary in Karol Bagh with a good salary package.

Today, Ms. Tulsi is financially independent and supports her mother and siblings, easing her family's burden. Her inspiring journey reflects New Delhi YMCA's role in empowering youth through education and opportunities, enabling them to lead dignified and self-reliant lives.

#### **Ms. Tulsi**





# NEW DELHI YMCA DEPARTMENT OF SPORTS

## PROGRAMME / ACTIVITY REPORT FROM JULY TO AUGUST 2025

### Lifeguard Training & Swimming Instructor Programme (14th to 26th July 2025)

The Lifeguard Training & Swimming Instructor Programme was successfully conducted under the guidance of Mr. Satish Suri, Retd. Head Coach, Sports Authority of India (SAI). A total of 47 participants underwent instructor training, while 39 participants renewed their certifications.

Additionally, First Aid & CPR training was conducted by Mr. Ankur from St. John's Medical Care, where all 86 participants successfully completed the module. The program commenced with a prayer led by Mr. Gladwin Lal (Asst. General Secretary, Sports). Mr. Ashish Clifton (Secretary, Sports) welcomed the participants, while Mr. Abhishek (Sports Officer) delivered the Vote of Thanks. The training was highly appreciated and successfully enhanced safety standards at New Delhi YMCA's aquatic facilities.

The New Delhi YMCA continues to encourage fitness, sports and skill development through a variety of programmes and coaching sessions across its facilities.

- **Swimming Pool:** The Swimming Pool has Activities of Swimming Coaching (for beginners) & Practice (for swimmers). We also have a Toddler's Pool, where children below 6 years are being trained. Morning Batches start from 06:00 a.m. and go on till 10:00 a.m. In the evening, Batches start from 03:00 p.m. and go on till 09:00 p.m. There are 4 Lifeguards/Coaches (2 Male & 2 Female), who take care of the members' safety and training.
- **Volleyball:** Volleyball coaching is being provided to the members in the evenings on Monday to Friday.
- **Basketball:** Basketball coaching classes are conducted in the evening on alternate days, from Monday to Friday.
- **Lawn Tennis:** The Lawn Tennis coaching is being conducted in the morning as well as in the evening. Personal Training is also offered for amateurs and professionals.
- **Karate:** Karate coaching is being provided to the members in the evening hours three times a week. Professional Trainers provide training for self-defense and fitness.
- **Fitness Center:** With two expert instructors, the center guides members in workouts, nutrition and overall wellness.

### Membership Statistics

Swimming Coaching: 578 Members  
Swimming Practice: 86 Members  
Swimming Toddlers: 33 Members  
Volleyball: 50 Students

Basketball: 33 Students  
Lawn Tennis: 65 Members  
Karate: 29 Students  
Fitness Centre: 141 Members





## Educational Visit to FDCI Khadi Show at Taj Palace



On 23rd July 2025, 41 students from Fashion Design, Fine Arts and Apparel & Retail Merchandising attended the FDCI Khadi Show at Taj Palace Convention Hall. Hosted by the FDCI Chairman, with Mr. Manoj Kumar, Chairman KVIC as Chief Guest, the programme highlighted India's Khadi legacy in modern fashion.

The visit began at The Pavilion, where artisans demonstrated traditional spinning at the "Charkha Baithak". Students gained hands-on experience in transforming raw cotton into handspun yarn, learning about sustainable and indigenous textile practices.

The evening's highlight was the Khadi Runway Show featuring sarees, western wear and men's attire, celebrating Khadi's elegance and versatility. The experience deepened students' appreciation of India's textile heritage while inspiring creative, sustainable design thinking aligned with contemporary fashion.





# NEW DELHI YMCA INSTITUTE FOR FASHION TECHNOLOGY AND DESIGN

## INDUSTRIAL VISIT AT PRAGATI MAIDAN, THE HAAT OF ART, NEW DELHI

Students of Fine Arts from the Institute for Fashion Technology & Design visited The Haat of Art at Bharat Mandapam, Pragati Maidan on 25th July 2025.

The exhibition showcased diverse traditional and contemporary art forms including Madhubani, Pattachitra, Gond, Warli, Terracotta, Pottery, handloom textiles and modern installations. Students interacted with artisans, observed live demonstrations and even tried their hand at painting and pottery.

The visit offered valuable exposure to India's cultural heritage and its creative adaptations in modern art.



## STYLE YOUR HANDLOOM SAREE 2025

On 04th August 2025, students of the Institute for Fashion Technology & Design (IFTD) participated in the cultural initiative “Style Your Handloom Saree 2025”, held at Handloom Haat, Janpath. The event was organized by the National Handloom Development Corporation (NHDC) and the Redefining the Roots Welfare Association (an initiative by Tale of a Trend), with support from the Development Commissioner for Handlooms, Ministry of Textiles, as part of the National Handloom Week celebrations.

The initiative aimed to celebrate India's rich handloom heritage through an unique styling contest, where students showcased their creativity by draping and styling traditional handloom sarees in contemporary, historical and classical formats.

Dr. Indu Gupta, Director, IFTD was honoured as a Guest of Honour at the event.

IFTD students displayed exceptional talent, winning multiple prizes for their innovative draping styles:

- Krishna & Srishti Singh – The Most Harmonious Drape
- Sahil & Diya Pundir – The Most Contemporary Drape
- Gracia Kamei & Ungmanio Maria – The Most Dramatic Drape
- Nisrat Praveen & Sukhmani Kaur – The Most Soulful Drape

The event not only celebrated the diversity and beauty of Indian handlooms but also provided students with an opportunity to blend traditional textiles with modern styling concepts, enhancing their creative expression and industry exposure.





New Delhi



NEW DELHI YMCA

INSTITUTE FOR FASHION TECHNOLOGY & DESIGN

## Black Pearl Fashion Week

Fifteen students from the Institute for Fashion Technology & Design (IFTD), led by Dr. Indu Gupta (Director, IFTD) volunteered backstage at the prestigious Black Pearl Fashion Week held from 18th to 20th July 2025 at Hyatt Centric, Janakpuri.

The event brought together top designers, models and industry professionals, giving students a rare opportunity to work behind the scenes at a high-profile fashion show.

Our students assisted designers with garment preparation, model fittings and backstage coordination, ensuring seamless show management. The experience provided hands-on exposure to event operations, garment handling, time management, and teamwork — equipping them with essential skills for a successful career in fashion.



## Industrial Visit – Weavers' Service Centre

On 22nd August 2025, sixteen students from the 3rd Semester Advance Fashion Designing (AFD) August Batch visited the Weavers' Service Centre, Ashok Vihar as part of their curriculum for Textile Dyeing and Printing. The objective of the visit was to provide students with practical exposure to dyeing techniques, weaving processes and traditional printing methods.

Guided by Mr. Rishikesh, students learned about different types of weaves and fabric dyeing techniques, gaining insights that extended beyond classroom theory. A live block printing demonstration was conducted, followed by a hands-on session where students experimented with traditional printing techniques, sparking creativity and enhancing appreciation for handcrafted textiles.

The visit proved to be an informative and enriching experience, bridging the gap between theoretical knowledge and real-world industry practices and equipping students with valuable practical skills in textile design.





## INSTITUTE OF MANAGEMENT STUDIES

### ORIENTATION PROGRAMME FOR THE AUGUST BATCH 2025-26

Conducted on 21st August 2025



Dr. Rekha Maitra, Sr. Manager, Standards at Management & Entrepreneurship and Professional Skills Council (MEPSC) was invited as the Chief Guest for the Student Orientation Programme at IMS, New Delhi YMCA.

She shared how MEPSC is bridging education with industry needs, the value of MEPSC-approved skill courses and the career opportunities available in the ecosystem. Her address inspired students to see how the right skills, backed by recognized certifications, can lead to internships, apprenticeships and rewarding careers.

**“Another step towards empowering youth for a future-ready India”.**

Mr. Noel Philips, Associate General Secretary and Head Education Centre, addressed the audience with introduction and inception of New Delhi YMCA.

Prof. (Dr.) Piyush Sharma, Director IMS highlighted the achievements of the Institute and accentuated about skill & vocational education at New Delhi YMCA.

Alumni of IMS, Ms. Amanpreet Kaur, Mr. Jatin Arora and Ms. Niyati Arora shared their wonderful experience of their academic journey at IMS.

Nearly 120 students, parents and 15 esteemed faculty members, alumni and guests attended the Orientation Day of Institute of Management Studies, New Delhi YMCA.



# Institute for Media Studies and Information Technology

## IMSIT Welcomes New Batch of Students



The Institute for Media Studies and Information Technology (IMSIT) welcomed its new students on 13th August 2025 for various media and IT professional courses. The event was graced by Mr. Noel Phillips (Associate General Secretary, New Delhi YMCA), Ms. Bharti Nagpal (Director, IMSIT), faculty members and distinguished alumni from the media industry.

In his welcome address, Mr. Phillips encouraged students to dream big and stay motivated, while Ms. Nagpal highlighted IMSIT's 40+ years of academic excellence.

A major highlight was the interactive session with renowned alumni and guest speakers — Mr. Dilip Singh (Founder & Editor-in-Chief, Live Times), Mr. Raman Mangai (Senior Journalist & Political Strategist), and Mr. Amir Haque - Senior Journalist & Head of Output, Aaj Tak). They shared insights from their professional journeys, inspiring students to aim high.

With its rich legacy, experienced faculty and strong alumni network, IMSIT continues shaping industry-ready professionals and empowering students to create a lasting impact.





## INSTITUTE FOR MEDIA STUDIES AND INFORMATION TECHNOLOGY (IMSIT)

### Workshop on “Countering Disinformation in Mainstream Media”



Dr. Malgorzata Bonikowska, President-Centre for International Relations, Warsaw and a think tank in EU was the guest speaker at the workshop, enriched the students with global and national perspectives on the rise of disinformation and misinformation and its societal impact. Another speaker and expert Dr. D.K. Giri, who is a Professor and Chairman, Schumacher Society, Delhi also apprised students with the fact checking and the responsibility of media professionals to safeguard truth and objectivity.

The highlight of the programme was the interactive Question & Answer session. Students asked numerous insightful questions, reflecting a deep engagement with the theme. The queries were ably addressed by the guest speakers along with Ms. Bharti Nagpal, Director, IMSIT, ensuring a holistic discussion that combined academic, professional and institutional perspectives.

The two-hour session proved to be highly engaging and impactful. The workshop underscored New Delhi YMCA IMSIT's consistent commitment to foster informed, responsible and ethically conscious media professionals who are prepared to meet contemporary challenges in journalism.

The Institute for Media Studies and Information Technology (IMSIT) organized a workshop on 28th August 2025, “Countering Disinformation in Mainstream Media.” The purpose of the workshop was to equip media students with the knowledge and analytical skills required to identify and address the challenges posed by misinformation in today's media ecosystem.

The session commenced with a welcome address by Associate General Secretary, New Delhi YMCA, Mr. Noel Phillips. He also presented a planter to the distinguished guests as a gesture of respect.



### Orientation Programmes

The Institute for Career Studies successfully conducted orientation programmes for various courses during the months of July and August 2025. These sessions were designed to welcome new students and provide them with valuable insights into their respective fields of study.

- 1. Certificate Programme in Personality Assessment & Development (3 Months):** The orientation held on 25th July 2025, introduced students to the fundamentals of personality assessment and development, setting the tone for an enriching learning experience.
- 2. Advanced Diploma in French Language (One Year):** Conducted on 06th August 2025, the session familiarized students with the curriculum and provided guidance on how to make the most of their journey in mastering the French language.
- 3. Diploma in Travel, Tourism & Airport Handling (One Year):** Held on 18th August 2025, this engaging orientation session was graced by Mr. Noel Phillips, Associate General Secretary and industry expert Mr. Sanjay Soni, Director of Sales at Rens Tourism.



### Guest lecture

A Guest lecture was organized in Institute for Career studies for existing running batch of Diploma in Travel, Tourism and Airport handling course on 18th August 2025. Lecture was delivered by Industry Stalwart - Mr. Sanjay Soni on "Travel and Tourism- Key Developments, Challenges and Opportunities"

The energy among the students was truly vibrant, filled with excitement and enthusiasm as they embarked on their journey into the Travel and Tourism Industry. Lot of discussions were there in terms of Expansion of aviation industry, challenges and the skills required in the industry.



### Educational Visit to India International Hospitality Expo 2025

On 05th August 2025, the students and faculty members of the Institute for Hotel Management & Catering Technology, New Delhi YMCA, visited the India International Hospitality Expo 2025 at the India Expo Centre and Mart, Greater Noida.

The India International Hospitality Expo is one of the country's premier events, setting the benchmark for excellence in the hospitality and facilities management sector. This year's expo showcased over 1,000 prominent brands, presenting a wide range of equipment, products and services relevant to the hotel industry.

Students explored impressive displays from various exhibitors featuring their latest offerings and technologies, including fine tableware with exquisite glassware, silverware and chinaware, as well as cutting-edge sanitation standards and innovative solutions for hospitality operations.

This enriching experience provided the students with a unique opportunity to gain firsthand exposure to the latest innovations, technologies and best practices in the hospitality industry, while also allowing them to interact with industry professionals.





# NEW DELHI YMCA RURAL COMMUNITY DEVELOPMENT CENTRE, HODAL

## ACTIVITY REPORT FROM JULY TO AUGUST 2025

### “Empowering through Education, Enriching through Sports and Engaging Communities.”

The New Delhi YMCA RCDC, Hodal continues to make steady progress in its vision to nurture young minds, empower communities and promote holistic development. Over the months of July and August 2025, various initiatives and activities were carried out, focusing on education, skill development and sports.

#### YMCA Public School & Play School:

YMCA Public School, offering classes up to Grade VII, remains committed to providing quality education with a balanced curriculum that nurtures both academics and overall personality development. Alongside, our Play School lays a solid foundation for early childhood education through interactive and activity-based learning, ensuring our youngest learners grow in a stimulating and caring environment.

#### Computer Education & Skill Development:

In its efforts to enhance digital literacy, New Delhi YMCA RCDC offers computer education and skill- based training programmes designed to equip students with practical knowledge in various computer applications and technologies. These classes help learners build competence and confidence, enabling them to stay relevant in today's technology-driven world.

#### Sports Coaching & Initiatives:

Sports remain at the heart of YMCA RCDC's mission to promote fitness, teamwork and leadership:

- **Volleyball Coaching:** Conducted from 04:00 p.m. to 07:00 p.m., in two 01 hour batches, Monday to Friday, men's volleyball team continues to train rigorously and represent YMCA RCDC with pride.
- **Women's Volleyball Coaching (Upcoming):** Plans are underway to begin volleyball coaching for females with the goal of forming it's own YMCA Women's Volleyball Team, encouraging women's participation in competitive sports.
- **Kabaddi Coaching:** Daily kabaddi coaching sessions are held every evening, Monday to Friday, nurturing young talents and preparing them for competitive platforms.
- **Athletics Coaching:** YMCA RCDC also offers athletics coaching, with a special focus on running. Leveraging our dedicated running track, we aim to train young athletes to enhance their speed, stamina and endurance.

With these diverse educational, skill-building and sports programmes, YMCA RCDC, Hodal, continues to create a balanced platform for personal and community growth. RCDC Hodal remains committed to expanding the initiatives and achieving new milestones in the days ahead.



“At YMCA RCDC, we don't just educate — we inspire, empower and build a stronger tomorrow.”



# YMCA PUBLIC SCHOOL

## Nizamuddin East

### Let's Play with Dice & Mnemonic Devices Sessions

An engaging activity, "Let's Play with Dice", was conducted on 05th July 2025 for Classes I–VII to enhance numerical and analytical skills through interactive games.

- Classes I–IV: Explored basic arithmetic (addition, subtraction, multiplication, division) and identified prime and composite numbers through group activities.
- Classes V–VII: Practiced sums, differences and applied arithmetic properties in practical contexts.

In addition, a mnemonic devices session was organized for Classes IX–XI, where students learned simple memory techniques, including "From School To College" to recall trigonometric quadrants.

**Outcome:** Both sessions enriched conceptual understanding and equipped students with effective problem-solving and memory skills.



### Inter-School Quiz Competition – Y-Quiz Whiz 2025

On 29th August 2025, YMCA Public School organized the Inter-School Quiz Competition Y-Quiz Whiz in the school auditorium, witnessing active participation from 12 reputed schools. The event featured multiple rounds testing students' knowledge, presence of mind and teamwork, creating an engaging and competitive atmosphere.

The event was highly appreciated by both participants and guests for its smooth execution. Mr. C.P Davis, Principal and Assistant General Secretary, Mr. Feroze Khan's constant guidance, along with the dedicated efforts of the organizing team—Mrs. Neelima Ashish, Ms. Sheena Paul, Mr. Kenneth Daniel, Mrs. Susmita, Ms. Jennifer, Ms. Litta Thomas, Mrs. Nida Shamsi and Mr. Digvijay Singh ensured its success.

The quiz concluded with great enthusiasm and a promise to host more such enriching events in the future.





# YMCA PUBLIC SCHOOL

## Nizamuddin East

### Inter-House Kho-Kho Tournament 2025

The Inter-House Kho-Kho Tournament was held from 06th to 08th August 2025 at YMCA Senior Secondary School, inaugurated by the Principal Mr. C.P. Davis. Over 90 students from Grades VI to XII participated across junior and senior boys' and girls' categories, showcasing exceptional sportsmanship and team spirit.

After a series of thrilling knock-out matches, Blue House secured 1st place (29 points), followed by Red House (28 points), Green House (22 points) and Yellow House (21 points). The tournament concluded successfully, celebrating teamwork, dedication and healthy competition.



### Clay Modelling and Poster-Making Activities

The Social Science Department of YMCA Public School organized two creative and engaging activities on 07th August 2025 under the dynamic leadership of Ms. Neelima Ashish. These activities aimed to combine artistic expression with historical and geographical understanding, encouraging students to explore Social Studies beyond textbooks.

For Classes I to VIII, a Clay Modelling Activity was conducted. Students enthusiastically created models inspired by significant symbols of Indian nationalism, leaders of the freedom struggle and various landforms studied in Geography. From miniature spinning wheels and tricolour motifs to mountains, plateaus, and river valleys, the clay figures reflected not only their skill but also a deep sense of pride and connection with India's heritage. The young participants showcased remarkable creativity and awareness through their vibrant and thoughtful models.

Meanwhile, Classes IX and X participated in a Poster-Making Competition based on Social Studies themes. The posters highlighted topics such as the Indian freedom movement, cultural unity, environmental awareness and global peace. With powerful visuals and meaningful messages, students demonstrated how art can serve as a strong medium for conveying social and historical ideas. The event was a resounding success, combining creativity with learning. It not only enriched the students' knowledge of Social Studies but also instilled in them values of nationalism, creativity and teamwork.

In her concluding remarks, Ms. Neelima Ashish, Head of the Social Science Department, congratulated the participants for their enthusiasm and originality. She emphasized that such activities help students connect deeply with their roots while developing the confidence to express their ideas meaningfully. She also expressed gratitude to the school management and faculty for their constant encouragement and support.





# YMCA PUBLIC SCHOOL

## Nizamuddin East

### Inter-House Ludo Competition 2025

The YMCA Senior Secondary School organized an Inter-House Ludo Competition on 04th July 2025 under the guidance of Principal Mr. C.P. Davis and supervision of sports teachers, Mr. Edward P. Pershad and Ms. Gunjan Sharma.

The event witnessed enthusiastic participation from all houses, creating a vibrant and competitive atmosphere. After intense rounds, Yellow House emerged as the winner with 42 points, followed by Green (39 points), Red (37 points) and Blue (32 points).

The competition was a great success, fostering concentration, teamwork and healthy rivalry among students.



### Inter-House Table Tennis Competition

"Happiness is just the sound of the ball." This quote perfectly captured the spirit of the Table Tennis Inter-House Competition held on 11th July 2025 at YMCA Senior Secondary School, Nizamuddin East. The matches were conducted in the school's Multipurpose Hall.

All four houses—Red, Blue, Green and Yellow participated across four categories:

- Junior Boys' and Girls' Singles & Doubles (Classes VI–VIII)
- Senior Boys' and Girls' Singles & Doubles (Classes IX–XII)

Each house was represented by two participants per category for doubles and one participant for singles. The competition was filled with excitement, enthusiasm and remarkable display of teamwork and sportsmanship.

Principal, Mr. C.P. Davis appreciated the dedication and performance of all the participants, praising their discipline, respect and resilience throughout the matches. Special thanks were extended to sports teachers, Mr. Edward P. Pershad and Ms. Gunjan Sharma for their constant support, monitoring and record-keeping during the event.

The competition followed a knock-out format and after several intense matches, the overall results were as follows:

- 1st – Yellow House (54 pts)
- 2nd – Red House (52 pts)
- 3rd – Green House (48 pts)
- 4th – Blue House (46 pts)

The event was a resounding success, fostering healthy competition and strengthening the spirit of sportsmanship among students.





# YMCA PUBLIC SCHOOL

## Nizamuddin East

### Poster Making Competition – Stop Diarrhea Campaign 2025



A Poster Making Competition was held at YMCA Public School on 11th July 2025, organized by the Directorate of Education (DoE) under the Stop Diarrhea Campaign.

Students creatively highlighted the importance of cleanliness and good hand-washing habits, spreading awareness about hygiene and disease prevention while showcasing their artistic skills.

### Treasure Hunt Activity (Classes VII to XII)

The Social Science Department organized a Treasure Hunt Activity on 07th August 2025 for Classes VII to XII on the theme “Exploring India’s Heritage and Social Structure”.

Over 12 teams participated, solving curriculum-based clues on History, Civics, Economics and Maps. The activity promoted peer learning, teamwork and problem-solving, with the fastest team completing the hunt in just 30 minutes.



### Zonal Cultural and Sports Event

The Zonal Cultural and Sports Event was organized in the month of August 2025 and YMCA Public School participated enthusiastically in more than fifteen categories. The event provided an excellent platform for students to display their talents, creativity and sportsmanship.

With the sincere efforts of our teachers and the determination of our students, the school achieved remarkable success. Our students secured First Position in English Essay Writing, Hindi Extempore and Collage Making. Our students also attained Second Position in English Extempore, Drawing and Poster Making and Third Position in English Debate, English Declamation and Boys’ Netball.

These commendable achievements are a matter of great pride for the school community. The winners of the First Positions are now preparing to participate in the District-Level Competition and we extend our best wishes to them for continued success.

We express our sincere gratitude to our Principal, the Management and the entire YMCA Public School team for their constant guidance and support. The dedication of our teachers and the hard work of our students have once again brought laurels to the institution.





## M.Y Global: Leaders Evolving & Developing (LEAD) Youth Leaders Symposium 2025

Mr. Abhishikt Jeremiah represented the New Delhi YMCA at the M.Y Global: Leaders Evolving & Developing (LEAD) Youth Leaders Symposium 2025 held in Singapore from 31st July to 02nd August 2025. The symposium provided a platform for learning, leadership development and meaningful international collaboration, with a strong focus on the YMCA Global Vision 2030.

### Day 1: Leadership & Networking:

The symposium began with an inspiring session by Ms. Suyin Tay (Bettr), highlighting how her social enterprise empowers women and youth through meaningful employment in the coffee industry. This was followed by Strengths Transform, where delegates explored their leadership strengths using the Strengths Finder assessment.

The day featured team-building activities, interactive energisers and a pitching session on partnerships and networking, during which Mr. Jeremiah was selected to present his pitch and received positive feedback. The evening concluded with a vibrant Cultural Night.

### Day 2: Impact & Global Sharing

Sessions focused on Measurement, Evaluation & Learning, introducing tools such as surveys, pre- and post-assessments and feedback forms to assess programme impact. Delegates from India, Japan, Hong Kong, South Korea and the Philippines shared their alignment with Vision 2030, including:

- YMCA Osaka's Aqua Watch Asia (water safety for children)
- Metropolitan YMCA Singapore's Urban Farming initiative (Sustainable Planet pillar)

A site visit to Bettr provided insights into its social enterprise model, inclusive work culture and engaging activities like coffee tasting and latte art.



### Day 3: Reflection & Way Forward:

Delegates addressed pressing youth challenges such as social media overuse, substance abuse and school dropouts, proposing actionable solutions. The final session reflected on the four pillars of Vision 2030:

- Meaningful Work
- Community Wellbeing
- A Just World
- A Sustainable Planet

The symposium concluded with a powerful message: “Leadership is not a title, but a mindset — purpose-driven, people-centered and future-oriented.”

### Impact:

This symposium was a transformative experience for Mr. Jeremiah, enhancing his understanding of collaborative leadership, sustainable development and youth empowerment. The New Delhi YMCA proudly acknowledges his active participation and contribution to this global platform.



## Inter “Y” Movement

# Annual Regional Conference, Regional Council Meeting & Leadership Training of the Northern India Region of YMCAs

01st – 02nd August 2025



The New Delhi YMCA successfully hosted the Annual Regional Conference, Regional Council Meeting and Leadership Training of the Northern India Region of YMCAs on 01st and 02nd August 2025 at the YMCA Tourist Hostel Conference Hall. The two-day programme was attended by 60 delegates from 10 YMCAs across the region.

The conference, themed “**Rejoicing in Hope – Vision 2030**”, featured keynote sessions, leadership training and discussions aimed at strengthening the YMCA movement and aligning with the four pillars of the World Alliance — Community Well-being, A Just World, Sustainable Planet and Meaningful Work.

Delegates engaged in interactive sessions on topics including YMCA’s Vision and Mission, operational frameworks, teamwork, resource mobilization and partnerships, along with presentations from participating YMCAs. The Regional Business Session concluded with the adoption of the Annual Report 2024–25, Audited Accounts and the Budget for 2025–26.

The event concluded with Vote of Thanks, extending special appreciation to the New Delhi YMCA for hosting the conference and to all delegates and resource persons for their active participation.





# Inter “Y” Movement

The National Council of YMCAs of India

(Department of Youth Empowerment, Gender, Sports/Physical Recreation)

**One Nation: One Spirit: Celebrating National Sports Day**

**Theme: Torchbearers of Glory: H. C. Buck's Legacy to India's Olympic Dream**

**29th August 2025, YMCA National Headquarters, New Delhi**

The auspicious programme commenced with an Opening Prayer by Mr. G. Sundersingh Barnabas, Asst. NGS, YMCA India, followed by a Welcome Address by Mr. Eldo N. Varghese, NGS, YMCA India. The Presidential Address was delivered by Mr. Reji George, National Treasurer, YMCA India and the Chairperson's Message was shared by Ms. Mahima Turhi Agarwal, Vice President (under 30), YMCA India.

The Chief Guest was Padmashri Shiny Wilson, Arjuna Awardee, Olympian & Asian Games Medallist. Guests of Honour included Padmashri Sriram Singh, Padmashri Geeta Zutshi, Mr. Jayakumar Menon, Mr. Sant Kumar, Capt. Suresh Yadav, Ms. Asha Agarwal, Mr. Manoj Dhankar, Mr. Pramod Kumar, Mr. Amit Khanna, Mr. Vijaypal Singh, Mr. Gautam Dagar and Mrs. Neha Pardeshi.

**Key sessions included:**

- **Keynote Address by Mr. Johnson Premkumar**, Principal, YMCA College of Physical Education (moderated by Mr. Mukesh Kohli, University of Delhi).
- **“India's Emerging Sporting Vision”** by Dr. Meenakshi Pahuja, LSR College (moderated by Mr. Sujay John, St. Stephen's College).
- **“YMCAs Role in the Olympic Dream”** by Mr. Norris Pritam, International Sports Journalist & Chairman, YMCA Multi-Sports Complex, Faridabad.

The Concluding Session was led by Dr. Koshy Alexander Vaidyan, Secretary, Youth Empowerment, Gender, Sports/Physical Recreation. The Vote of Thanks was presented by Mr. Ashish Thorat, Secretary, Finance & Administration, YMCA India, expressing gratitude to all dignitaries and participants.

All guests were felicitated and presented with token of appreciation. The event concluded with a Fellowship Lunch and networking session. The program was hosted by Dr. V. Sam Prasad.





# Awareness Session on Prevention of Sexual Harassment (PoSH) at the Workplace

The New Delhi YMCA conducted an Awareness Session on the Prevention of Sexual Harassment (PoSH) at the Workplace, with a special emphasis on the role of social media, on 26th July 2025 for its staff. The session aimed to foster a safe, respectful and inclusive work environment by raising awareness, explaining the legal framework and promoting preventive measures.

## Key highlights included:

- Definition and types of sexual harassment, including physical, verbal, non-verbal and virtual conduct.
- Legal framework of the PoSH Act, 2013: Rights of women under Articles 14, 15, and 21 of the Constitution; establishment of Internal Committees (IC); procedures for reporting and redressal; and strict provisions against false complaints.
- Constitution and roles of the Internal Committee, including guidelines for filing complaints, maintaining confidentiality and timelines for resolution.
- The growing role of social media in workplace interactions, addressing online harassment such as unsolicited messages, inappropriate comments and digital misconduct.
- Preventive strategies: promoting professionalism, respecting digital boundaries and encouraging timely reporting.

The session, led by Dr. Shakuntala David, Psychological Counselor and Management Trainer was interactive with case studies, real-life examples and role-plays to clarify myths and enhance understanding of PoSH laws.

The workshop concluded by reaffirming NDY's commitment to a zero-tolerance policy against harassment and to maintain a safe and inclusive workplace culture in both physical and digital spaces.







# New Delhi YMCA

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## MOU WITH MEDIA AND ENTERTAINMENT SKILL COUNCIL (MESC)

New Delhi YMCA signed MOU with Media and Entertainment Skill Council (MESC)

### A HISTORIC MILESTONE

The New Delhi YMCA, Institute for Media Studies and Information Technology (IMSIT), has officially partnered with the **Media and Entertainment Skill Council (MESC)** on 09th July 2025. This collaboration marks an important milestone in our efforts to strengthen higher education initiatives, particularly in the domain of media and entertainment skill development.

Through this strategic partnership, all eight media courses offered by our institute have now been affiliated with the Government of India via MESC. This affiliation not only reinforces the credibility and quality of our academic programmes but also awards our students nationally recognized certifications aligned with current industry standards.

This association enriches the Institute's connection with the dynamic media and entertainment sector, facilitating greater industry engagement, up-to-date curriculum design, and enhanced employment opportunities for our students.



## OBITUARY

With deep sorrow, we remember and honour the lives of the following Members of the New Delhi YMCA family who passed away recently.  
May their souls rest in peace.

- Dr. Raymond Myles, Former NDY Member, (Ex-Treasurer & Board Member of New Delhi YMCA and Ex-Executive Director, AFPRO) on 06.08.25.
- Mr. Basil Raja Jacob, NDY Member, on 16.08.25.



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