



NEW DELHI YMCA
Established 1927

NEW DELHI YMCA NEWSLETTER

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FROM THE DESK OF THE GENERAL SECRETARY & CEO

"For to us a child is born, to us a son is given, and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace". - Isaiah 9:6

Dear Members, Friends and Well Wishers of the New Delhi YMCA

The New Delhi YMCA, with its rich history of fostering community spirit and goodwill, celebrates Christmas as a time of unity, joy, and reflection. Rooted in the ideals of service and humanity, the New Delhi YMCA has long been a beacon of hope and love, aligning perfectly with the essence of Christmas. This annual celebration is not just an event but a deeply meaningful tradition of spreading love and peace amongst the people.

Christmas at the New Delhi YMCA is marked by a vibrant blend of spiritual, cultural, and social activities. The festivities begin with the lighting of all the buildings of the New Delhi YMCA, symbolizing the light of Christ illuminating the world. This act of illumination reflects the YMCA's mission of spreading light through education, social service and community engagement.

The Christmas season at the New Delhi YMCA is incomplete without the carol singing during all the programmes which bring members, staff, and the larger community together to sing hymns of hope and praise. These services are not just musical celebrations but moments of spiritual rejuvenation, as the timeless message of peace and goodwill is shared through melodious harmonies. The New Delhi YMCA choir presented its Christmas Concert during the NDY Members Fellowship Lunch which created a deeply moving experience for all in attendance, without the carol singing during all the programmes which bring members, staff, and the larger community together to sing hymns of hope and praise. These services are not just musical celebrations but moments of spiritual rejuvenation, as the timeless message of peace and goodwill is shared through melodious harmonies. The New Delhi YMCA choir presented its Christmas Concert during the NDY Members Fellowship Lunch which created a deeply moving experience for all in attendance.

In line with its commitment to inclusivity and social upliftment, the New Delhi YMCA organizes special outreach programs during Christmas. These initiatives include distributing gifts and essential items to underprivileged children and supporting families in need at various centres of the Department of Social and Human Development.

The highlight of the YMCA's Christmas celebrations is often a nativity play, organized by the YMCA Public School at Nizamuddin, which reenacts the story of the birth of Jesus Christ. This event serves as a reminder of humility, sacrifice, and the transformative power of faith. Through creative storytelling and vibrant performances, the play resonates with audiences of all ages, spreading the message of hope and redemption.

The New Delhi YMCA also uses this occasion to reflect on its mission and renew its commitment to serving society. Christmas reminds the organization of its responsibility to be a force for good in the world, advocating for justice, equality and the well-being of all. It is a time to celebrate achievements, express gratitude and look forward to the opportunities that lie ahead.

In essence, Christmas at the New Delhi YMCA is a celebration of faith, hope and love. It is a time to come together as a community, to share blessings, and to work towards creating a more compassionate and inclusive society. Through its diverse and meaningful programs, the New Delhi YMCA continues to inspire individuals to embody the true spirit of Christmas in their daily lives.

As we have entered into the new year, May this year 2025 be filled with abundant blessings, good health and meaningful connection. God Bless the New Delhi YMCA.

Warm Regards,
Rajeev Singh
General Secretary & CEO



NEW DELHI YMCA
Established 1927



FROM THE OFFICE OF THE PRESIDENT

"Therefore the Lord himself will give you a sign. Behold, the virgin shall conceive and bear a son, and shall call his name Immanuel." - Isaiah 7:14

Dear Members & Well-wishers of the New Delhi YMCA,

Greetings in the Majestic name of our Lord and Saviour Jesus Christ
At the outset, I would like to wish everyone a Blessed Christmas Season and a Happy New Year. As we celebrate the birth of our Lord and Saviour Jesus Christ, let us focus our realisation on the values that encompass the festivities, namely, compassion, forgiveness, mercy, grace, and above all, unconditional love for all.

The New Delhi YMCA (NDY) is one of the pioneering organizations which has successfully upheld the tenets & beliefs of the doctrines and scriptures of the Christian faith; owing to which we have successfully conducted and implemented programmes and initiatives such as the NDY Members Lunch, Nativity Play (Taranhaar), Festival of Choirs, Children's Christmas Celebration, etc. and Christmas themed merriments were celebrated across all departments and verticals of the NDY.

The past year has had its challenges and obstacles, but the dedication, commitment, and hard work contributed at all levels of the organisation has ensured that we overcame all hurdles and continued the progressive development of the NDY along with creating robust & tactical plans and strategies for the following year ahead, through the experience and expertise of the Board Members, along with key decision makers.

I would like to express my gratitude to the members of the NDY for their continual and progressive support, contributions, participation, expertise, and zeal towards the organisation and would encourage everyone to continue working towards the extension of the kingdom of God, through the numerous aspects and opportunities at the NDY.

Let's continue to dedicate our efforts to serve the community, the society, and the Nation through your Prayers, Support, and Cooperation.

"May the Star that shone over Bethlehem sparkle once again and beckon us onto the path of peace on earth and goodwill amongst men"

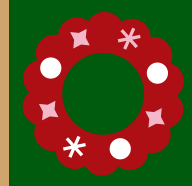
Kindly continue to keep the New Delhi YMCA in your Prayers

Regards & God Bless,
J A Benjamin
President



World YMCA Mombasa Accelerator Summit

20 – 26 October 2024 Mombasa, Kenya



The delegation comprising Mr. Aseem Raj Zinus, Vice President NDY; Mr. Peter Prem; Mr. Alope Michyari, Member, Board of Directors, NDY; and Mr. Gladwin Lal, AGS, NDY, attended the Accelerator Summit in Mombasa, Kenya from October 20th to 26th, 2024. The group arrived at Severin Sea Resort on October 20, 2024, at 2:30 PM.

The inaugural ceremony the next day, on October 21, 2024, at 6:00 pm. The inaugural program commenced with a welcome address by the President of Kenya YMCA, host of the World YMCA Accelerator Summit 2024.

After a brief account of the Accelerator Summit by a young leader of the Spanish YMCA invited the President of World Alliance YMCAs, Ms. Soheila Hayek, to deliver the inaugural speech and lead the audience in prayer.

She requested the audience to observe a minute of silence in tribute to the departed souls. Ms. Hayek highlighted the light within each individual, emphasizing that every act of sharing ignites something significant. She urged participants, in the spirit of the Accelerator Summit, to ignite their potential, accelerate their efforts, and take off toward achieving remarkable outcomes. She further outlined that the summit would address a range of interconnected topics of relevance to the broader scope of work. Concluding her speech, she inspired everyone to unite their energies and work collectively toward the betterment of the world.

Mr. Peter Prem, Member, Board of Directors, New Delhi YMCA, engaged the delegation from East Jerusalem YMCA, in discussion reminding them of his visit to East Jerusalem YMCA and fostering a reconnection with the East Jerusalem YMCA. The Director of East Jerusalem YMCA expressed great enthusiasm in meeting the New Delhi YMCA and showed a strong interest in strengthening the relationship between the two YMCAs. The conversation also brought back fond memories of Mr. Peter Prem's visit to East Jerusalem YMCA in 2017.





The New Delhi delegation then further engaged in a productive and fruitful discussion with Japan YMCA delegation. It was proposed to initiate a mutual relationship between the two YMCAs by formally writing a letter to the Japan YMCA.

The first-morning session on YMCA Vision 2030 took place on October 23rd, 2024. After attending the session, the New Delhi YMCA interacted with different leaders of the YMCAs in attendance. The team met the leaders of YMCA Italy, YMCA Sweden, and YMCA London, to name a few, focusing on YMCA programs and activities.

On 23rd October 2024, during this meeting, the team visited an NGO called Sote-Hub, located on the outskirts of Mombasa City. This NGO collaborates with a startup company to provide funding to farmers and works with self-help groups on agricultural projects, including the trade of mangoes and other seasonal crops. It was a valuable learning experience for all of us.

A visit to Kenya YMCA was also organized as part of the itinerary. During the visit, a group photo was taken to commemorate the occasion. Kenya YMCA warmly hosted a cultural program for the visiting delegates, showcasing their rich traditions and hospitality.

On 25th October 2024, the final day of the conference, Ms. Rihana engaged with the group members and provided detailed insights into various projects undertaken by the World Alliance of YMCAs. During the discussion, Mr. Assem Raj Zinus also highlighted the extensive sports activities organized by the YMCA, not only in Delhi but on a national level. Mr. Peter Prem elaborated on the programs and activities conducted by the New Delhi YMCA over the past four decades and also expressed NDY's dismay at its exclusion from the various journals/magazines of the World Alliance of YMCA's. In response, Ms. Rihana informed the group that they could submit photographs of their programs and activities directly to her for publication in the magazine, ensuring better representation of their initiatives.

We also had a discussion with Ms. Soheila Hayek during our conversation and invited her to visit the New Delhi YMCA, India. During this discussion, Mr. Alope Michyari spoke about various programs and activities, highlighting the Tribal Festival. Mr. Gladwin Lal, AGS, NDY also explained about the different programs and activities organized under the religious department and also about the various sports activities undertaken by the New Delhi YMCA.

We also had an interaction with Mr. Jose Varghese of Y's Men's International and Mr. Vincent George, President of the National Council of YMCAs of India. The delegation met Ms. Maysha Bell Executive Director, San Francisco YMCA to formulate further partnership with YMCA of San Francisco. The email from the YMCA of San Francisco regarding their keenness to connect with the New Delhi YMCA is visible in the Email record from Ms. Maysha Bell, Executive Director.

Good morning friends,

It has been wonderful to engage with you at the Accelerator Summit. I would love for us to continue the conversation. My colleagues and I look forward to hearing more about your Social Human Development Program and all the opportunities you're bringing to your community in the areas of workforce development and education.

Please reach out when you return home and get settled.

In community,
Maysha

Maysha Bell
Executive Director, Youth Achievement, Innovation, & Impact
YMCA of San Francisco



The New Delhi YMCA delegation had a very fruitful discussion on building relationships with YMCAs around the world, including the Chinese YMCA of Hong Kong, Italy YMCA, Sweden YMCA, UK YMCA, Italy and others. Overall, it was a wonderful visit that provided us with valuable exposure to Mombasa City and gave us the opportunity to meet YMCA leaders around the world.





The New Delhi YMCA organised the Christmas Programme and Fellowship Lunch for all its Staff on 16th December 2024 at the Parking Arena, Tourist Hostel, New Delhi YMCA.

The Programme started at 11.30 a.m. with a Scripture Reading by Ms. Vandana Masih from the Students & Youth Department. Ms. Mahima Thomas from YPS Nizamuddin led the gathering in the Opening Prayer. A moment of silence was observed for all the departed souls, who went for heavenly abode during the Calendar year of 2024. A Prayer was also offered by Ms. Sarita Thomas of HPDP for peace of the departed souls.

This time New Delhi YMCA organised the program in a new manner, as all the Staff were encouraged to participate in the Christmas Programme. The Staff were very enthusiastic regarding this and participated in big numbers.

One Carol Singing was presented by the SHD team along with a Dance number with different attire of different regions of our country. Staff from RCDC Hodal also presented a Carol and a Dance Number. Staff from YMCA Public School Nizamuddin participated in big numbers, as they presented Carols, Dances and a special presentation by the male teachers of the School.

Mr. Rajeev Singh, the General Secretary & CEO of New Delhi YMCA greeted all the Staff with season greetings and also thanked the Staff of NDY for being patient and at the same time putting up great effort to bring laurel to the organisation. He also announced the good news of releasing the Salary of December 2024 on the same day. All the Secretaries introduced their respective departments and the Staff team.

Due to good participation of the Staff in the programme, there was not much time left for Group games, which were scheduled to be done. But two Lucky Draw Games were organised for the Staff. First, Weighing the Cake and the second one was Pricing the Hamper. All the staff enjoyed guessing the correct weight and price. However, both the Lucky Draws went in favour of the YMCA Public School, Nizamuddin.

The Programme concluded with a sumptuous lunch served for all the Staff of New Delhi YMCA. Everyone enjoyed the lunch and shared Festive Greetings with each other. Christmas Cakes were distributed among the Staff as a token of sharing the joy of Christmas.





The Department of Youth Empowerment, Gender, Sports/ Physical Recreation, National Council of YMCAs of India, organised the National Youth and Leadership Camp 2024 for young full members bringing together young, enthusiastic full members to engage in leadership development and collective action. The programme, held from 22nd to 24th November 2024, at Mar Thoma Dhyanaatheeram, Perungalam, Kollam, hosted by the South West India Region of YMCAs. The programme was aimed at empowering the youth to take on leadership roles and work together for positive change in their communities.

The theme of the camp, Harambee: Youth for Collective Leadership and Action, emphasized the importance of collective effort and unity in addressing social challenges. The camp was a great opportunity for young leaders from different regions of India to come together, share experiences, and collaborate for future action. Mr. Harshul Singh (Assistant Secretary) and Mr. Anugrah Daniel (Member) represented the NDY for the above-mentioned camp.

In the evening, the participants enjoyed a cultural program, where cultural songs were presented, showcasing the rich diversity of the participants and fostering a sense of community and celebration among the attendees. The second day of the camp began with an engaging Kalarippayattu (Martial Arts) demonstration. The session was conducted by Mamma Raja Yogi Kalarikkal, a skilled practitioner who introduced the participants to the traditional martial arts techniques of Kerala. This hands-on experience was not only a fascinating display of discipline and strength but also an excellent example of the cultural heritage of the region. After that devotion was taken by Pas. Samuel. Later in the day, the group participated in a boating activity, which provided an opportunity for relaxation and team bonding. This outdoor activity allowed the participants to connect with nature while strengthening the spirit of cooperation and teamwork.

A campfire was organized, where participants gathered around the fire to share stories, sing songs, and build friendships. The campfire was a cherished moment, fostering a sense of camaraderie and unity among the group. The final day of the camp began with a worship service led by Rev. Joice George, Director of Marthoma Dhyanaatheeram, Perungalam. The service offered a time for reflection and spiritual renewal, highlighting the importance of values and principles in leadership. As the camp concluded, certificates were distributed to all the participants in recognition of their active involvement and engagement throughout the event. This moment marked the successful completion of the camp, and the participants were encouraged to take the lessons learned back to their communities and continue their work as leaders of change.

The National Youth and Leadership Camp 2024 was a highly successful event that empowered young people from various parts of India. The theme of Harambee: Youth for Collective Leadership and Action was embodied throughout the camp, with participants engaging in diverse activities that promoted leadership, unity, and collective action. The sessions, activities, and experiences offered during the camp provided valuable tools for youth leaders to bring about positive change in their communities. The event was not only an enriching learning experience but also an opportunity for cultural exchange, making it a memorable and impactful event for all involved.





Inter-Y Movement

National Youth Leadership and Training Camp 2024

The Department of Youth Empowerment, Gender, Sports/ Physical Recreation, National Council of YMCAs of India, organised the National Youth and Leadership Camp 2024 for young full members bringing together young, enthusiastic full members to engage in leadership development and collective action. The programme, held from 22nd to 24th November 2024, at Mar Thoma Dhyana Theeram, Perungalam, Kollam, hosted by the South West India Region of YMCAs. The programme was aimed at empowering the youth to take on leadership roles and work together for positive change in their communities.

The theme of the camp, Harambee: Youth for Collective Leadership and Action, emphasized the importance of collective effort and unity in addressing social challenges. The camp was a great opportunity for young leaders from different regions of India to come together, share experiences, and collaborate for future action.

The following delegates represented the New Delhi YMCA:

- 1. Mr. Harshul Singh (Assistant Secretary)
- 2. Mr. Anugrah Daniel (Member)

The camp commenced with an inaugural ceremony in the afternoon. The event was officially opened by Mr. Vincent George, President of the National Council of YMCAs of India, who addressed the participants and highlighted the importance of leadership, empowerment, and youth engagement in creating social impact.

The Keynote Address was delivered by His Grace Rt. Rev. Dr. Geevargese Mar Coorilos, Chairperson of the World Student Christian Federation, Geneva. His Grace's speech emphasized the role of youth in leadership and collective action for the betterment of society, inspiring the participants to embrace their potential as future leaders.

Following the formal sessions, a group photo was taken to commemorate the gathering of all participants and facilitators. The day continued with various sessions. Here is the list of sessions organised:

Session	Topic	Conducted by
Session 1	Pioneering Spirit: The legacy of Sir George Williams	Prof. Alex Thomas
Session 2	Strengthening Communities through collective leadership & challenges in higher education, erosion of youth to unproductive employment	Mr. M.S. Varghese
Session 3	Resilient Leadership in a Changing World	Mr. Eldo N. Varghese
Session 4	Panel Discussion- Innovating for the Future	Dr. Terry Thomas Edathotty
Session 5	Leadership Through Service	Dr. Mohan Varghese





Christian Emphasis



YWCA/YMCA WORLD WEEK OF PRAYER AND WORLD FELLOWSHIP

YWCA – YMCA World Week of Prayer was observed from 10th November to 16th November 2024.

The Inaugural worship was held on Sunday 10th November 2024 at 8.30 am at Centenary Methodist Church, Lodhi Road. Message given by Rev. Varinder Kumar, Presbyterian Incharge, Centenary Methodist Church, Lodhi Road. The theme of the day was 'Moving with Faith through the Storm'.

On Monday 11th November 2024 at 10.00 am the meeting was held at the Heinz Auditorium, New Delhi YMCA Tourist Hostel, Jai Singh Road, New Delhi – 110001. The message was shared by Pastor Emmanuel Singh, New Testament Church Mission. The theme of the day was 'Moving with Faith through the Drought'.

On Tuesday 12th November 2024 at 10.30 am the meeting was held at YWCA of India. The message was shared by Fr. Abin P Jacob, Malankara Orthodox Church. The theme of the day was 'Moving with Faith through the Valley'.

On Wednesday 13th November 2024 at 11.00 am the meeting was held at New Delhi YMCA, Greater Noida, UP. The message was shared by Rev. Osmond David, Director, MDIS. The theme of the day was 'Moving with Faith through the Field'.

On Thursday, 14th November 2024 at 4.00 pm the meeting was held at YWCA of Delhi. The message was shared by Ms. Tehmina Arora, Founding Trustee ADF India & Director of Advocacy, Asia & ADF International. The theme of the day was 'Moving with Faith through the Fire'.

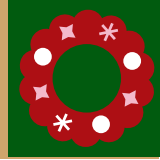
On Friday 15th November 2024 at 6.30 pm the meeting was held at YMCA Multi-Sports Complex, Faridabad. The message was shared by Rev. Arun Kumar, Associate Pastor, Baptist Church, Old Faridabad. The theme of the day was 'Moving with Faith through the World'.

The concluding and collective prayer worship was held at the National Council of YMCA's of India on Saturday 16th November 2024 at 12.00 noon. The message was shared by Rev. Fr. Dr. Kannanchira, CMI, Director of Chavara Cultural Centre. The program ended with thanksgiving followed by lunch at the National Council of YMCA's of India.





Christian Emphasis



Festival of Choirs

The Festival of Choir Programme, organized by the Department of Christian Emphasis on Friday, 13th December 2024, from 6:00 pm at the New Delhi YMCA Tourist Hostel, Parking Arena, Jai Singh Road, New Delhi – 110001.

The Programme began with a word of Prayer offered by Rev. Vasant Kumar Reuben; Chairman, Christian Emphasis Committee. Mr. Rajeev Singh, General Secretary & CEO, extended a warm welcome to the audience and delivered Christmas greetings.

The event featured delightful performances by the following choirs:

- St. Xavier's Sr. Sec. School Choir
- YMCA Public School Choir
- Green Park Free Church Choir
- New Delhi YMCA Choir
- The Frank Anthony Public School Choir
- United Church Choir, Vasant Kunj
- Christ Methodist Church Choir
- St. John's the Evangelist Church Choir
- Centenary Methodist Church (Hindi) Choir
- St. Stephen's Hospital Choir

The Choir showcased their best renditions of Christmas carols, creating a festive atmosphere filled with joy and active participation. Highlighting the evening were the soulful renditions by the New Delhi YMCA Choir, who captivated hearts by presenting two carols, namely "Soon a Tiny Child" and "Call the Baby Jesus" adding a special touch to the evening.

The Choir Directors were acknowledged and honoured with bouquets and mementoes. The vote of thanks was proposed by Mr. Gladwin Lal, Assistant General Secretary of New Delhi YMCA.

The Programme was a resounding success, with over 550 people enjoying the enchanting Christmas carols and fostering a spirit of celebration and community. The dinner was served to all present at the end of the programme.





Christian Emphasis



Prayer Breakfast Fellowship

The New Delhi YMCA, Department of Christian Emphasis organized the Prayer Breakfast Fellowship on Saturday, 14 December 2024 at 8:30 am at the Heinz Auditorium, New Delhi YMCA Tourist Hostel, Jai Singh Road, New Delhi – 110001.

The Prayer fellowship began with a word of Prayer offered by Rev. Vasant Kumar Reuben; Chairman, Christian Emphasis Committee.

It was followed by the congregational Hymn “Joy to the World.....“

Mr. Noel Phillips, Officiating General Secretary, NDY welcomed everyone present and especially welcomed Mr. Anand Pillai, MD & Chief Transformation Officer Leadership Matters Inc.

The Praise and worship was led by Bro. Abraham.

The First Scripture Portion (Luke 1:5-18, 26-34) was read by Mr. Rupendra Lal and the Second Scripture Portion (Matthew 1:18-21) was read by Mr. Nathaniel Lal.

Mr. Anand Pillai was the Guest Speaker of the day and he shared the real value of Christmas.

The closing Prayer and Benediction were pronounced by Mr. Yakub Masih.

The Prayer meeting closed with a vote of thanks by Mr. Gladwin Lal; Assistant General Secretary, NDY. Around 75 people attended the prayer fellowship.





Christian Emphasis

XIX Inter School Bible Quiz Competition

Department of Christian Emphasis organized the XIX - Inter School Bible Quiz Competition on 06 November 2024 in the Heinz Auditorium, YMCA Tourist Hostel, Jai Singh Road, New Delhi - 110001.

The programme begins with the word of Prayer offered by Mr. Gladwin Lal; Assistant General Secretary, New Delhi YMCA. Rev. Vasant Kumar Reuben; Chairman, Department of Christian Emphasis welcomed everyone present and gave his greeting and best of luck to all the students. Rev. Charles Golla, the Quiz Master was introduced by Mr. Gladwin Lal and thereafter was handed over the program.

There were 14 entries from different schools, and each team had 3 participants. The Quiz was from the Book of Joshua – Old Testament and from the Gospel of St. Luke – New Testament. The program was conducted as per the following:

- Round 1 Direct Questions
- Round 2 Multiple Choice Questions
- Round 3 Who said to whom?
- Round 4 Who am I?
- Round 5 True or False
- Round 6 Memory Verses
- Round 7 Rapid Fire

The First prize was won by the Mount Carmel School, Dwarka. The Second prize was won by Mater Dei School, Tilak Lane and the 3rd prize was won by Faith Academy, Prasad Nagar.

The winning teams were given Trophies and all the participants were given participation certificates. The Vote of thanks was proposed by Mr. Gladwin Lal; Assistant General Secretary.





Christian Emphasis



Prayer Breakfast Fellowship

The New Delhi YMCA, Department of Christian Emphasis organized the Prayer Breakfast Fellowship on Saturday, 9th November 2024 at 8:30 am at the Heinz Auditorium, New Delhi YMCA Tourist Hostel, Jai Singh Road, New Delhi – 110001.

The Prayer Fellowship began with a word of Prayer offered by Rev. Vasant Kumar Reuben; Chairman, Christian Emphasis Committee. It was followed by the congregational Hymn “Blessed Assurance”.

Mr. Noel Phillip, Officiating General Secretary, NDY welcomed everyone present and especially welcomed Major General Rajiv Edwards VSM (Retired).

The Praise and worship was led by Rev. Dr. Ashish Masih & Team (Kurios Worship Team)

The Scripture Portion (Matthew 24:35) was read by Ms. Jagriti Ekka.

Major General Rajiv Edwards VSM (Retired) was the Guest Speaker of the day and he shared his testimony and also shared how God loved all of us while giving the assurance of eternal life.

The closing Prayer and Benediction was pronounced by Rev. Dr. Ashish Masih.

The Prayer meeting closed with a vote of thanks by Mr. Gladwin Lal; Assistant General Secretary, NDY. Around 80 people attended the prayer fellowship.





Christian Emphasis



New Delhi YMCA Choir Concert and NDY Members Fellowship Lunch

The Department of Christian Emphasis organized the New Delhi YMCA Choir Concert Programme on Sunday, 15th December 2024, from 12:30 p.m. onwards at the New Delhi YMCA Tourist Hostel, Parking Arena, Jai Singh Road, New Delhi – 110001, followed by the NDY Members Fellowship Lunch.

The programme begins with a word of prayer offered by Mr. Vijay Russell; member, Board of Director. Mr. Rajeev Singh, General Secretary & CEO, extended a warm welcome to all present.

Adding to the festive cheer, Mr. Joseph Anil Benjamin, President of New Delhi YMCA, shared his Christmas Greetings, ushering in the spirit of joy and celebration.

Mr. Harshul Singh; Assistant Secretary, NDY and Mr. Sarthak Tunious; Trainee Secretary, NDY, eloquently presented the program and provided a succinct introduction to the carols performed by the New Delhi YMCA Choir.

The NDY Choir delivered a delightful performance, presenting 17 enchanting Christmas Carols that captivated the audience. Highlights of the program included the festive appearance of Santa Claus during the renditions of 'Jingle Bells' and 'Rudolf the Red Nose' bringing joy to the children by distributing sweets and enhancing the overall afternoon experience.

In recognition of his outstanding leadership, Choir Director Mr. Rajinald Vijay Milton was honoured with a bouquet and all the Choir Members were also presented flower buds by Mr. Joseph Anil Benjamin, President of New Delhi YMCA.

The vote of Thanks was eloquently delivered by Mr. Gladwin Lal, Assistant General Secretary of New Delhi YMCA. The event was a resounding success, bringing together the community to celebrate the spirit of Christmas.

Around 700 people attended the programme.





Christian Emphasis



Children's Christmas Tree Party

The Department of Christian Emphasis organized The Children's Christmas Tree Party on Sunday, 15th December 2024 at the New Delhi YMCA Tourist Hostel, Front Lawn from 3:00 pm onwards.

Rev. Vasant Kumar Reuben, Chairman, Christian Emphasis Committee Welcomed everyone present.

All the children, who were present, participated in various Games organized for them. Even for parents, Needle & thread Race was organized.

- Age Group 2 - 5 years
- Simple race
- Age Group 6 - 8 years
- Simple race
- Age Group 9 - 12 years
- Simple race
- 3 Legged race
- Lemon and Spoon race
- Parents Game
- Needle and Thread race (Couple)

About 60 children participated in the Christmas Tree party. The arrival of Santa Claus made the children dance with enjoyment as he was carrying lots of gifts Toffees and Chocolates for the children who had been waiting for him for a long time. Gifts were presented to the children by Santa Claus. Refreshments were served to all.

The Children enjoyed the Games organized for them and also the gifts they received from the Santa Claus.

The Vote of thanks was proposed by Mr. Gladwin Lal; Assistant General Secretary, New Delhi YMCA.





YMCA Campsite cum Programme Centre, Sattal



Prayer Breakfast Fellowship

On November, 23rd 2024, the YMCA Campsite cum Programme Centre, Sattal, hosted the Prayer Breakfast Fellowship at Dorothy Villa. The prayer meeting commenced at 10:00 a.m. with a word of prayer led by Mr. Pankaj Singh.

Mr. Benjamin Wilson warmly welcomed attendees, followed by heartfelt greetings from Mr. Sagar Emanuel Paul, Assistant Secretary, New Delhi YMCA. The Praise and Worship was led by the Haldwani Methodist Church Choir. Their wonderful songs moved the gathering, elevating their spirits and prompting intense celebration for the spread of His Kingdom.

Ms. Akshara Singh then read a Scripture passage from John 06:27, 35, 48 & 51, guiding everyone into a moment of deep reflection. This was followed by a profound sermon delivered by Pastor Dr. Alok Naskar from the Methodist Church in Haldwani. Pastor Dr. Naskar, message emphasized the importance of steadfast faith in God and obedience to His teachings, leaving an indelible mark on the congregation.

The Fellowship concluded with a closing prayer and benediction by Pastor Dr. Naskar. The Vote of Thanks, was delivered by Mr. Sagar Emanuel Paul where he expressed his sincere gratitude to all who attended. The event was rounded off with a delightful breakfast, providing a final opportunity for camaraderie and connection among those present.

Approximately 26 people attended this enlightening Prayer Breakfast Fellowship, departing with renewed faith and a stronger feeling of community. The event provided an important time for spiritual contemplation and social support, creating an environment in which attendees could build their ties and find inspiration for their journeys.





Department of Social Human Development (SHD)



Children's Day Programme

The Department of Social and Human Development celebrated Children's Day on November 14, 2024, at all five Community Development Centres with students involved in regular activities. The event featured a variety of activities such as drawing, singing, dancing, fancy dress, poetry, and games. The aim of the programme was to foster a sense of belonging and promote love, care, and support among children, as well as to celebrate the joy, innocence, and happiness of childhood. The day also served as a tribute to Shri Pandit Jawaharlal Nehru's deep affection for children. A total of 3,000 children participated in the festivities across all Community Development Centres.



Educational Exposure Visit for Youth at NDY Campsite Sattal

The Department of Social and Human Development organized an Educational Exposure Visit to the New Delhi YMCA Campsite at Sattal for youth from all five CDCs, held from November 11th to 14th, 2024. The purpose of this visit was to provide an opportunity for adventure, explore leadership qualities among the youth, showcase their talents, and encourage learning from one another. During the four-day camp, various activities were organized to enhance the learning experience of the participants. These included a morning assembly, devotion sessions, and games. Additionally, a range of adventure activities was offered, such as trekking, river crossing, kayaking, boat rides, and sightseeing in Nainital. Several members of the SHD Committee accompanied the youth on this trip.

Notable attendees included Mr. Francis Andrade, Chairman of SHD; Rev. Vasant Kumar Reuben, a member of the Board of Directors; Mr. James Massey, Vice Chairman; Dr. Saju Varghese; Mr. Benjamin Paul; Mr. Dennis Singh, and Mr. Sahil Kumar. Mr. Hemant Agarwal, Assistant General Secretary, and Ms. Monica Singh, Programme Officer, led the SHD staff during the exposure visit. The program concluded with a campfire, during which awards were presented for various achievements:

- Best Group: Sunshine (Group D)
- Best Camper Girl: Ms. Ritu from Sunshine (Group D)
- Best Camper Boy: Mr. Sumit from Commando (Group A)

A total of 110 youth and 25 staff members participated in the Educational Exposure Visit. All participants benefited from new learning experiences and thoroughly enjoyed the adventure activities. The SHD Department extends its gratitude to the YMCA Campsite Sattal team for their support, as excellent hospitality contributed to the success of the Educational Exposure Visit.



Medical Camps at Community Development Centers

Date	Camp	Venue	No. of Participants	Resource Person
20/11/2024	Medical Camp on General Diagnosis & Skin Care	CDC Sunlight Colony	171	Dr. Reeti, Ms. Aashi, Technical Assistant and Ms Sinphia, Counselor from The Leprosy Mission (TLM) Hospital.
4/12/2024	Eye Check-up Camp	CDC Karpoori Thakur	94	Mr. Waseem & Mr. Raghav, Optometrist and Mr. Sugam, Sales & Marketing from New Delhi Center for Sight Foundation (NDCFS)
5/12/2024	Medical Camp on General Diagnosis, Skin Care & Eye Check-up	CDC Kalyanpuri	200	Dr. Reeti, Ms. Aashi, Technical Assistant and Ms Sinphia, Counselor from The Leprosy Mission (TLM) Hospital.
5/12/2024	Eye Check-up Camp	CDC Savda-Ghevra	158	Mr. Waseem & Mr. Raghav, Optometrist and Mr. Sugam, Sales & Marketing from New Delhi Center for Sight Foundation (NDCFS)
20/12/2024	Medical Camp on General Diagnosis, Skin Care & Eye Check-up	CDC Daya Basti	151	Dr. Reeti, Ms. Aashi, Technical Assistant and Ms Sinphia, Counselor from The Leprosy Mission (TLM) Hospital.



Christmas Day Celebration

On December 19, 2024, the Department of Social and Human Development celebrated the joy of Christmas with children from all five Community Development Centers at the YMCA in New Delhi. The children presented a variety of performances, including carol singing, dance, and a nativity play. Approximately 650 children and 115 staff members from all Community Development Centers attended the event. Rev. Vasant Kumar Reuben, a member of the Board of Directors of NDY, delivered a thought-provoking Christmas message.

Mr. Francis Andrade, the Chairman of the SHD Department, sent his Christmas greetings to the children, which were read by Mr. James Massey, Vice Chairman of SHD. The program was honoured by the presence of several dignitaries, including Mr. Vijay Russell, Mr. Oliver Joshua, members of the Board of Directors, Dr. Subash Masters, Mr. Prakash Manwar, Dr. Saju Varghese, Mr. Albert Gabriel, Mr. Denis Singh, and Mr. Alex Fernandes, members of the SHD Committee. Mr. Noel Phillips, Associate General Secretary of NDY, welcomed both the dignitaries and the children in his opening address. At the end of the program, the entire SHD team received appreciation for their tremendous efforts in successfully organizing the Christmas event. The program concluded with the distribution of Christmas gifts to the children from all CDCs.

Mr. Hemant Agarwal, Assistant General Secretary of SHD, proposed the vote of thanks, expressing gratitude to all the dignitaries, children, and the entire SHD team, led by Ms. Monica Singh, Programme Officer of SHD, for their hard work in organizing such a meaningful event.



Awareness Generation Programme (AGP)

Date	AGP on	Venue	No. of Participants	Objective of Programme	Resource Person
9/ 11/2024	Awareness about Govt. Schemes & Aadhar Card.	CDC Daya Basti	62 Parents	The objective of the programme was to give information about the benefits of Government Schemes to the people of the Community and the problems related to it can be solved. Also to provide a platform for Parents of the Children who face problems in getting an Aadhar Card for them.	Mr. Naveen Gautam, Post Master and Mr. Jai Singh, Postal Assistant from Post office Keshav Puram.
24/11/2024	Effect of Pollution	CDC Karpoori Thakur	50 Youth	It was organised to create awareness on Pollution, different types of Pollution & Precautions to maintain a cleaner and healthier environment	Ms. Shalini Gupta from Sewa Bharti
3/12/2024	Livelihood Courses	CDC Savda-Ghevra	45 Youth	Purpose of the programme was to equip the students with knowledge about various skill-based courses and career opportunities available after completing their Education	Mr. Rahul Singh & Ms. Priyanka from Magic Bus Foundation



Success Stories

Helping Youth to Established a Respectful Career



The School of Nursing at the Institute of Para Medical Technology has sponsored three students: Ms Khushi and Ms Monika from the Community Development Centre in Savda Ghevra, and Ms Anjali Kumari from the Community Development Centre in Karpoori Thakur. They are enrolled in a two-year Auxiliary Nurse and Midwifery (ANM) course. This sponsorship is specifically designed for candidates from the Scheduled Castes (SC) category who have completed at least the 10+2 qualification, with English being a mandatory subject up to the 12th grade. The course is offered free of charge and is approved by the Delhi Nursing Council (DNC). Classes began on November 25, 2024, and the students are currently attending training at the Institute of Para Medical Technology, School of Nursing in Chattarpur, New Delhi. Practical training for this course is provided in collaboration with several institutions, including Palika Maternity Hospital (Government), Charak Palika Hospital, the National Heart Institute, and Primus Hospitals. Upon successful completion of the course, the students will be qualified to work as professional Auxiliary Nurses and Midwives (ANM) in hospitals. This initiative is one of the successful efforts made by the SHD Department to create dignified career opportunities for youth after they finish their training at the Community Development Centres (CDCs).

Renuka is a bright and determined 20-year-old young girl from Community Development Centre Sunlight Colony, Alternative Learning Centre Kalander Colony, near Dilshad Garden, who has defied expectations and carved a path towards a successful career. Born into a lower-middle-class family, where her father worked as an electrician and her mother was a homemaker, Renuka's journey began in the heart of her community. With a supportive family and a drive to succeed, Renuka's story is one of perseverance, dedication, and the transformative power of education and opportunity. Her mother, a member of the Self Help Group "Dhanlaxmi" at the Community Development Centre Sunlight Colony of YMCA, instilled in Renuka the importance of Education and Empowerment. Inspired by her mother's involvement, Renuka joined the Community Development Centre Sunlight Colony in 2023 to pursue Coaching and Computer Classes.

Renuka completed her schooling with dedication, currently; she is pursuing a BA Program at Delhi University's School of Open Learning, balancing her studies with part-time jobs to support her family.

Her hard work paid off when she was selected for a Scholarship through the New Delhi YMCA. This Scholarship was a golden opportunity that allowed her to pursue her passion for cooking at the Indian School of Hospitality, where she enrolled in a Diploma in Culinary Arts. The 9-month course includes 6 months of training and 3 months of internship, offering her hands-on experience in the culinary world.

The Scholarship covered her Tuition Fees and Accommodation expenses, alleviating the financial burden on her family and allowing her to focus on her studies.

Renuka's story is a testament to resilience and the power of education. With her parent's support and the opportunities provided by organisations like New Delhi YMCA, she is on her way to achieving her dreams, proving that hard work and determination, make everything possible.

Renuka's Journey from CDC Sunlight Colony to Culinary Art



YMCA Journey of Mr. Suraj Kumar



Suraj Kumar belongs to a lower-middle-class family. There are four members in his family. His father does a blue-collar job and his mother is a housewife. While pursuing his Graduation, he had a strong desire to learn Computers but his parents were not able to afford the monthly fees of Rs 500 to 600. Then he first time heard about the YMCA's Computer Course.

In 2016, he joined the YMCA as a Computer Student. After completing his Course, he had the opportunity to start teaching as a Visiting Faculty member for a Coaching Class at CDC Daya Basti in the year 2017. The income he earned from teaching helped him to continue his higher Education, and he completed his M.Com and MSW Degrees. Currently, he is pursuing his B.Ed.

Teaching at CDC Daya Basti has not only supported his education but also allowed him to grow as an Educator. Working with CDC Daya Basti he improved his teaching methods and got an opportunity and responsibility of teaching to 2 Coaching Classes. In 2023, he was honoured to receive the Best Teacher Award.

Recently, he was appointed as a Field Supervisor on a contractual basis at CDC Kalyanpuri. With this position, he is earning a stable income and contributing to his family's financial well-being. He is also proud to have supported his brother financially as he prepared for the NTPC Exam, which he has successfully passed and now holds a Government job.

His journey with the YMCA has truly transformed his life and he is grateful for the opportunities New Delhi YMCA has provided him to achieve his dreams and support his family.



Human Potential Development Programme - HPDP



Make-up Workshop

Institute for Fashion Technology & Design (IFTD) conducted a free make-up workshop for New Delhi YMCA students on 21st Dec 2024. The resource person, Ms. Srishti Ahuja, Make-up faculty at IFTD and a freelancer demonstrated a step-by-step process of achieving a soft glam look. She also briefed the attendees about the beauty products to be used and the correct way of using them. Ms. Ritika, an IFTD alumna happily made her presence as a model. The workshop was well received and appreciated by all the attendees.





Human Potential Development Programme Institute for Fashion Technology and Design (IFTD)

Memorabilia 2024: A Spectacular Celebration of Coexistence by YMCA IFTD

New Delhi YMCA's Institute for Fashion Technology and Design (IFTD) hosted its much-awaited annual fashion extravaganza, Memorabilia 2024, on December 7, 2024, at the Tourist Hostel premises. With 'Coexistence' as its central theme, the event celebrated diversity, inclusivity, and unity through the transformative power of fashion. Distinguished dignitaries, including Chief Guest Ms. Varija Bajaj, an eminent fashion designer known for her visionary creations, and Guest of Honour Ms. Sonali Gupta, a celebrated model and actor admired for her grace and versatility, graced the event. The elite jury panel featured Ms. Mamta Puri and Mr. Prakirn Srivastava, both trailblazers in the fashion industry, adding prestige to the evening.

The event was presided over by an esteemed panel of leaders: Mr. Girish Varghese, Chairman of HPDP; Dr. Rajeev Joy Nathan, Chairman of IFTD; Mr. Rajeev Singh, General Secretary & CEO; Mr. Noel Phillips, Associate General Secretary; and Dr. Indu Gupta, Director of IFTD, whose support and leadership added prestige to the occasion.

The show began with a mesmerizing display by IFTD alumni, who showcased their artistic evolution and professional achievements. Next, the current fashion design students presented a remarkable collection inspired by the theme 'Coexistence to life'. Their designs seamlessly blended traditional artistry with contemporary innovation, captivating the audience.

One of the show's most memorable moments was the appearance of senior citizen models from the Semarpan Vidhya Foundation. Their dignified and spirited presence on the runway evoked resounding applause, symbolizing a powerful message of unity and inclusion across generations.

The event's seamless choreography, orchestrated by the talented Ms. Karishma Gulati, ensured a spellbinding visual journey. Generous support from sponsors Magnus Gifts Pvt Ltd and Supreme Ceramics added to the event's grandeur, reinforcing its success.

Dr. Indu Gupta concluded the evening with a poignant vote of thanks, expressing heartfelt gratitude to the students, faculty, organizers, and sponsors for their tireless efforts. She highlighted how Memorabilia 2024 exemplified the institute's unwavering dedication to fostering creativity and celebrating diversity.

More than just a fashion show, Memorabilia 2024 was a dazzling tribute to harmony, artistic expression, and the strength of unity. It left an indelible impression on all, reaffirming fashion's unique ability to transcend boundaries and foster meaningful connections.



Christmas Celebrations

The YMCA Greater Noida Programme Centre organised a heart-warming Christmas Programme- “The Christmas Melodies” on the 12th of December, 2024, at 11:00 AM in the Auditorium. The event was a festive celebration that brought together the community in the spirit of Christmas, with an attendance of approximately 220 guests.

The programme commenced with an opening prayer by Pastor Elizah, setting the tone for the event. Following the prayer, Mr. Noel Phillips, Associate General Secretary, NDY extended a warm welcome to all the distinguished guests present, ushering in the festive atmosphere.

The Chairman, Mr. Vijay Russell, then addressed the gathering with his Christmas greetings, emphasizing the true meaning of Christmas and its significance for the community.

The first choir performance of the day was by the talented Choir of Harvest Mission College, Greater Noida who presented a melodious rendition that captivated the audience. The scripture portion for the event was read by Pastor Prem Pal from the Gospel of Matthew (1:18-25), recounting the birth of Jesus Christ and setting a reflective mood for the occasion.

The second choir performance was presented by the Assembly of God Church Choir, Greater Noida, which added to the festive spirit with its vibrant and soulful Christmas carols. This was followed by a message shared by Rev. Wilson Joseph, Pastor of Calvary Temple Christian Fellowship. His words were a source of inspiration, reminding all attendees of the blessings of Christmas and the importance of faith and love.

The Methodist Church Choir from Sonapat took the stage next to perform another beautiful Christmas carol, filling the atmosphere with joy and celebration. To express gratitude, all the choirs and the guest speakers were honoured with mementoes for their contributions to the event. The event then concluded with a closing prayer by Rev. Anugreh Peter, followed by the Benediction, invoking peace and goodwill for all.

In the final moments of the programme, Mr. Harshul Singh, Assistant Secretary, NDY delivered a heartfelt vote of thanks, expressing gratitude to all those who made the event a success and acknowledging the collective effort that contributed to the joyous occasion.

After the formal proceedings, everyone gathered for a fellowship lunch on the lawn, which provided a wonderful opportunity for guests to mingle and share in the Christmas spirit. The event was a true reflection of the community’s unity and the joy of the season.

Overall, the Christmas Programme at YMCA Greater Noida Programme Centre was a resounding success, bringing together people from different walks of life in a celebration of the Christmas spirit.





Prayer Breakfast Fellowship

The YMCA Greater Noida Programme Centre organized a Prayer Breakfast Fellowship on 30th November 2024 at 8:30 AM. The programme was a time of spiritual reflection and community gathering. The programme began with an opening prayer led by Pastor Sanjay Kumar, invoking blessings for the fellowship. His prayer set a positive and spiritual tone for the morning.

Following the prayer, Mr. Noel Phillips, the Associate General Secretary, extended a warm welcome to all the attendees and expressed gratitude for their presence. He highlighted the importance of such fellowship events in fostering unity and spirituality. Mr. Vijay Russell, Chairman, Greater Noida Programme Centre, addressed the gathering with his greetings. His words of encouragement and support were well received by all present, and his message resonated with the values of the YMCA community.

After that, the Greater Noida Programme Centre Choir led the congregation in a beautiful session of praise and worship. The songs were uplifting and set the tone for the spiritual reflection that followed.

Pastor Joy Sunny, Assembly of Believers' Church, Noida then took the stage to share a heartfelt message with the attendees. His inspiring words touched upon themes of faith, unity, and the importance of community, leaving everyone deeply moved.

After the message, the attendees participated in a congregational hymn, "Ho Jai Jai Kar Kare," creating a unified atmosphere of worship and joy. The programme continued with a special moment of recognition, where both the guest speaker, Pastor Joy Sunny, and the choir group were felicitated for their contributions to the event. Their dedication and involvement in the fellowship were appreciated and acknowledged by all.

The event concluded with a closing prayer by Pastor Samson Baby, who offered a prayer of gratitude and peace. The final blessing was given through a benediction, ensuring that everyone was left with a sense of hope and spiritual fulfilment. Mr. Harshul Singh then delivered the vote of thanks, expressing sincere gratitude to all the speakers, participants, and attendees for making the event a success.

Following the closing ceremony, all attendees were invited to join us for a delightful breakfast in the dining hall, where they continued to fellowship and connect with one another in a warm and welcoming atmosphere.

The Prayer Breakfast Fellowship was a success, and it served as a meaningful opportunity for all the attendees to come together in worship and community. The event was marked by inspiring messages, uplifting praise and worship, and a spirit of unity and togetherness.



Free Medical Camp

On 30th November 2024, the YMCA Greater Noida Programme Centre (GNPC) organized a Health Camp in association with Hope Hospital, Greater Noida. The event took place at 11:00 AM in the GNPC Auditorium, and it was a remarkable success, benefitting many attendees who received free health check-ups.

The program commenced with an opening prayer by Pastor Anil, setting a positive and serene tone for the day. Following the prayer, Mr. Noel Phillips, Associate General Secretary, NDY, extended a warm welcome to all the guests present. He also expressed sincere gratitude to Hope Hospital for their valuable contribution to organizing the health camp.

Mr. Vijay Russell, Chairman, GNPC then addressed the gathering, offering his greetings and acknowledging the remarkable efforts of the Greater Noida Programme Centre in organizing such a meaningful initiative. He officially declared the health camp open, highlighting its importance for the well-being of the local community.

A special moment of appreciation followed, where the doctors and team from Hope Hospital were presented with mementoes and bouquets as a token of gratitude for their dedicated support and contribution to the event. Among the distinguished guests was Dr. Vinay Upadhyay, an orthopaedic surgeon and MD at Hope Hospital.

The health check-up services offered at the camp included general check-ups, sugar level testing, blood pressure monitoring, consultations with a general physician, and dental check-ups. These services were provided free of charge to all attendees, ensuring that the local community had access to essential healthcare services.

The program concluded with a closing prayer by Pastor Samson Arthur, marking the end of a successful and impactful event. To wrap up, Mr. Harshul Singh, Assistant Secretary, NDY, delivered a vote of thanks, expressing gratitude to all those involved in making the event a success, and to the attendees for their participation.

The health camp was a huge success, with numerous community members benefiting from the medical services provided. The YMCA Greater Noida Programme Centre is committed to continuing such initiatives to promote the health and well-being of the community.



Legal Workshop

YMCA Greater Noida Programme Centre, in association with ADF India, successfully organized a Legal Workshop on 6th December at 11 am which aimed at educating the community about legal rights, recent amendments, and freedom of speech. The event witnessed a participation of approximately 35 attendees.

The programme commenced with an opening prayer by Pas. Vino Thomas, which set a positive tone for the event. Following this, Mr. Vineet Masih, Assistant General Secretary, NDY extended a warm welcome to all the esteemed guests present, ensuring a cordial atmosphere. Mr. Vijay Russell, Chairman, Greater Noida Programme Centre then shared his greetings.

A special moment followed when representatives from ADF India were felicitated with mementoes in appreciation of their efforts. Mr. Johnson Massey and Mr. Utkarsh Singh from the ADF Team were then invited to take the stage. They led the session, sharing valuable insights into legal rights, important recent amendments in the legal framework, and the significance of freedom of speech in the current context. The session was both informative and encouraging, providing participants with practical knowledge on these vital topics.

After the session, a question-and-answer segment was held, where participants actively interacted with the ADF Team, asking insightful questions related to legal matters. The discussion allowed the attendees to gain further clarity on the subject matter.

The programme concluded with a closing prayer and benediction by Pas. Wilson Joseph, which provided a reflective ending to the event. Mr. Harshul Singh, Assistant Secretary, NDY in his vote of thanks, expressed gratitude to the speakers, and participants for their involvement and contribution to the success of the event.

The guests present at the workshop commended the YMCA Greater Noida Programme Centre for organizing such a meaningful event that provided an opportunity for learning and engagement with important legal topics. The initiative was greatly appreciated for its efforts in creating awareness and empowering individuals with essential knowledge regarding their legal rights.





Rural Community Development Centre, Hodal



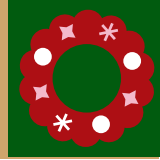
Christmas Celebrations Programme

The Rural Community Development Centre Hodal organized the Christmas Day Programme on 13th, December 2024. The Programme started with a Prayer dance performed by the students of YPS. Introduction and welcome of the Guests, Committee Members and Children was done by the Establishment Officer, RCDC and Christmas Greetings for all the children and parents by Mr. Sunil Masih, Member, RCDC Committee.

The programme was witnessed by Mr. Sunil Netram - Committee member, RCDC, Mr. Kuwar Singh, Former Sarpanch Bhulwana, Dr. Anil Das, and a large number of parents and well-wishers.

The Children participated in the program with great enthusiasm; the program had a variety of Christmas songs as well as Nativity play was presented beautifully by the children; they also presented a Haryanvi dance at the function. The parents of the children came out in large numbers to witness their children participating in the program. Mr. Feroze Khan, Assistant General Secretary, NDY gave the vote of thanks. Refreshments were distributed to all the guests and participants.





Bal Diwas 2024

A one-day sports & cultural programme was organised on 14th November 2024 to celebrate Children's Day. More than 220 children from 6 schools of Bhulwana & Hodal town enthusiastically participated in the sports programme which included races, long jump and relay races for both boys and girls, till the primary school level.

The closing programme started with a word of prayer for the children offered by Mr. Samuel Pal, Member RCDC Committee, an Introduction to the programme and a welcome of the guests by the Establishment Officer RCDC. The children of YMCA Public School presented some cultural programmes followed by the prize distribution for the sports programme; the prizes were given by Mr. Samuel Pal & Mr. Sunil Netram, Members of the RCDC committee, Mr. Feroze Khan AGS, RCDC and Mr. Gangalal the Volleyball/Athletics coach at RCDC. Mr. Feroze Khan, AGS gave the vote of thanks. Refreshments were given to all the participants.





A Joyous Christmas Celebration

The month of December at YMCA Public School was filled with festive cheer and excitement as the students and staff came together to celebrate the spirit of Christmas. The school was abuzz with various events and activities that showcased the true meaning of the season - love, kindness, and giving.

One of the highlights of the month was the visit to the Missionary of Charity, where a group of students and staff members spent time with the kids residing there, spreading joy and cheer. This heartwarming experience was a great way to teach the students the importance of giving back to the community and making a positive impact on the lives of others.

The school's music department, under the guidance of Mr. Abhishek Bharadwaj and Mr. Pranav, also participated in the Festival of Choir organized by the New Delhi YMCA. The students and staff members who took part in this event showcased their musical talents and added to the festive atmosphere. The senior classes had a special assembly, and the primary and pre-primary sections along with the special wing had a joyful Christmas nativity play and dances. The play was a delightful depiction of the birth of Jesus Christ and was thoroughly enjoyed by all who attended.

To add to the festive spirit, the school organized an inter-floor decoration competition, where students decorated the entire school with colourful lights, streamers, and Christmas decorations. The students also enjoyed a combined lunch outside on the school grounds, which was a wonderful opportunity for them to bond with their peers and teachers.

The success of these events would not have been possible without the guidance and support of AGS NDYMCA Mr. Feroze Khan and Principal Mr. C.P. Davis YPS, who played a vital role in organizing and overseeing the activities. The school extends special thanks to them for their tireless efforts in making the Christmas celebrations a memorable experience for all.

Overall, the month of December at YMCA Public School was a time of great joy, giving, and celebration and the school looks forward to many more such events in the future.





YMCA Public School

Christmas Celebration & Nativity Play (Taranhaar)



On December 21, 2024, YMCA Public School Senior Secondary hosted an enchanting Christmas program that was filled with warmth and joy, drawing an enthusiastic audience of students, parents, and faculty.

The event began with a cordial welcome from the audience, setting an inviting atmosphere for the festivities ahead. The program opened with the mesmerizing dance performance titled "A Winter Wonderland," presented by the talented Nursery and KG students. Their delightful movements and festive costumes captured the essence of winter and the joy of the holiday season, immediately engaging the audience.

Following this captivating introduction, the significance of decorating the Christmas tree was eloquently articulated. The narrators explained the rich traditions associated with this festive practice, emphasizing its importance in bringing families together during the holiday season.

Next, the stage transformed as students from Class 1 and 2 took their turn, showcasing a lively dance performance named "Little Santas." Their cheerful expressions and energetic routines had the audience clapping along, enhancing the festive spirit of the event.



The program then shifted focus to the cherished tradition of carol singing. The young performers highlighted the meaning behind carolling, emphasizing its role in spreading joy and goodwill. This segment was introduced by students from the Teacher Training Institute, who prepared the audience for the musical celebration ahead. Class 3 continued the festivities with their enchanting dance, "The Spirit of Christmas," further illuminating the themes of love and togetherness associated with the holiday. Their vibrant performance was followed by Class 4, who presented "The Reindeer Romp." This lively act brought laughter and excitement, as students depicted the playful spirit of Santa's reindeer.



A significant moment of the event was the introduction of our esteemed chief guest, Mr. Joseph Anil Benjamin, President of New Delhi YMCA. Following a warm welcome and heartfelt felicitation, Mr. Benjamin delivered an inspiring speech that resonated with the themes of unity and compassion during this festive season. His words served as a reminder of the values we celebrate during Christmas.



The program then transitioned to Class 5's captivating dance entitled "Frosty Fan Frame." The students' creative choreography and infectious enthusiasm brought a delightful conclusion to the dance performances.

Finally, the event culminated with a special introduction to the Nativity Play by our talented special students. The Nativity Play is a timeless tale that celebrates the birth of Jesus Christ, highlighting the message of love, hope, and peace. It holds special significance in fostering understanding and inclusivity, particularly when performed by children who bring the story to life with their innocence and sincerity. Each child brought their role to life with remarkable dedication and enthusiasm, making the performance truly unforgettable.

The Nativity Play beautifully narrated the birth of Jesus Christ, reminding everyone of the universal values of compassion and faith. The children, dressed in vibrant costumes, enacted their roles with precision, showcasing their talent and hard work. The timeless story, combined with the children's heartfelt performance, resonated deeply with the audience.

The Nativity Play was highly appreciated by everyone present. Parents, teachers, and guests applauded the children for their exceptional performances and the seamless organization of the event. The play was directed by Alpna Poddar of the YPS Special Wing.

Overall, the Christmas program was a resounding success, showcasing the talents of the students and fostering a spirit of celebration and community. The event not only entertained but also reminded everyone of the cherished values of love, sharing, and togetherness that define the holiday season.





The Annual Athletic Meet (2024)- ExcelRise

Annual athletic meets are of paramount importance in schools as they catalyze both physical and psychological development, shaping students into well-rounded individuals. These events instil a sense of perseverance, fortitude, and a competitive edge, encouraging participants to transcend their physical limitations and strive for excellence. Furthermore, athletic meets foster camaraderie and unity within the school, forging a collective identity that transcends individual achievement, while simultaneously promoting teamwork, cooperation, and school spirit. They also provide a platform for the identification and nurturing of latent talent, offering students the opportunity to excel in specific sports and potentially pursue further athletic endeavours. In addition to promoting physical health, these events contribute to the holistic development of students by enhancing their mental toughness, self-confidence, and leadership abilities—skills that are essential for success both in academia and life beyond the classroom.

YMCA Public School, Nizamuddin celebrated its Annual Athletic Meet, themed ExcelRise, with great enthusiasm and fervour at Thyagaraj Sports Complex, New Delhi. This event, pivotal in fostering a spirit of sportsmanship and camaraderie among students, was conducted under the astute guidance of the school principal, Mr C.P. Davis. The Annual Athletic Meet was themed "ExcelRise" to inspire students to excel in their athletic pursuits and to rise to new challenges, both physically and mentally. The theme was carefully chosen to reflect the core values that the school seeks to instil in its students: striving for excellence, embracing growth, and continuously improving in all aspects of life.

The occasion was graced by esteemed guests, including the Chief Guest, Shri Imran Hussain, Delhi Cabinet Minister- Food & Supply, Election and Environment & Forest; and the Guest of Honour, Colonel Manish Sanga. Their presence significantly elevated the event, inspiring students and attendees alike. Along with them, the list of esteemed dignitaries included the President of the New Delhi YMCA, Mr Joseph Anil Benjamin, the General Secretary & CEO, Mr Rajeev Singh and Mr Feroze Khan, Assistant General Secretary. The words of wisdom shared by our guests were truly enlightening, and their presence was both inspiring and motivating, leaving a lasting impression on everyone in attendance. Their thoughtful insights not only highlighted the importance of hard work, discipline, and perseverance but also reinforced the values of sportsmanship, resilience, and personal growth. Their encouragement served as a powerful reminder to all students that success is not just about winning, but about continuously striving to improve and rise above challenges.

The chief guest and the dignitaries were welcomed and escorted by our highly trained marching contingents with great respect, their movements flawless and precise. The cadets, dressed in immaculate uniforms, showcased their discipline and poise as they led the distinguished guests to the stage, adding a sense of grandeur and solemnity to the occasion. The synchronized march of the contingents, with their heads, held high and every step in perfect alignment, captured the attention of the audience, symbolizing the school's dedication to instilling values of respect, honour, and commitment in its students. The dignitaries, visibly touched by the gesture, were greeted with applause, as the march of the contingents set the tone for a day of celebration, unity, and pride.

The inclusive nature of the Sports Day was particularly commendable, as specially-abled students from YMCA Public School participated with great enthusiasm, demonstrating resilience and sportsmanship.





The Annual Athletic Meet (2024)- ExcelRise

Following the musical interlude, the students demonstrated remarkable discipline and coordination through various drill performances. These displays were a testament to their hard work and commitment, captivating the audience and receiving resounding applause. The energy and enthusiasm displayed by the students underscored the values of perseverance, teamwork, and the pursuit of excellence—qualities that were evident throughout the day.

The event culminated in a prize distribution ceremony, recognizing outstanding achievements in various sports and team games, including football, long jump, and races. Notably, trophies were awarded to the Best Athlete—both male and female—from YMCA Public School and its special wing. Additionally, the Blue House was recognized as the Flag House for the academic session 2024-25, highlighting its exemplary performance.

The Sports Day at YMCA Public School was not only a celebration of athletic prowess but also a demonstration of inclusivity and community spirit. The Chief Guest commended the efforts of the organizers and participants, reinforcing the significance of such events in the development of young individuals. The day concluded with the singing of the National Anthem, instilling a sense of pride and unity among all attendees.





School Picnic to Vishalgarh Farm House

On 7th December, YPS organized a delightful picnic at Vishalgarh, a premier village theme park in Gurgaon, Haryana. The students of classes IIIrd to XIIth were accompanied by all our teachers and staff members.

The journey to Vishalgarh began early in the morning. We boarded buses from the school campus at 8:00 AM, filled with excitement and enthusiasm. The two-hour drive was scenic, with lush greenery and winding roads enhancing the experience. We reached the farm around 10:00 AM and were awestruck by its majestic view.

Activities at Vishalgarh: We arrived at Adventure Farms at 10.30 AM. The staff greeted us warmly, and we received a brief overview of the facilities and activities available. The students were divided into groups to explore the farm under the guidance of teachers & guides.

1. Interactive Farm Tour: We explored the farm's agricultural areas, interacting with farm animals, and learning about sustainable farming practices. The kids loved feeding the domestic animals and watching the chickens roam freely.

2. Adventure Activities: Ziplining: Thrilling rides across the farm's treetops provided excitement for everyone. Obstacle Course: A challenging but fun activity that tested our teamwork and physical strength. High and low rope courses. Hayrides: A relaxing ride across the scenic farm.

3. Games and Entertainment: Outdoor games like tug-of-war, playground games, and scavenger hunts were organized, ensuring everyone had a chance to participate.

4. Picnic Lunch: The place had set up a buffet system wherein all were allowed to select their own food preferences. The starters included snacks and refreshing drinks. The lunch was a combination of Indian and continental.

Finally, sweets were a delight to everyone's taste buds that added a flavour to the picnic. After lunch, everyone for a while under the shade of trees, enjoying the cool breeze and serene surroundings.

Departure: In the late afternoon, we clicked group pictures to capture the memorable moments. The day ended with students singing songs on the bus ride back to school. We returned around 6:00 PM, tired but filled with joy and wonderful memories.

The picnic to Vishalgarh was a perfect blend of fun and learning. It not only provided a much-needed break from routine but also helped us appreciate the ecological roots of our region. A heartfelt thanks to our Respected Principal Sir, Mr C.P Davis, Assistant Generally Secretary of YPS, Mr Feroz Khan and the organizing committee for making it such a memorable day.





Seminar on “Sleep Apnea” Understanding and Managing the Condition

The New Delhi YMCA, Programme, Cultural & Tribal Committee (PCT) organized a Seminar on “Sleep Apnea” Understanding and Managing the Condition on Thursday, 5 December 2024 in the Heinz Auditorium, Tourist Hostel.

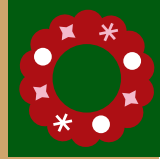
The programme commenced with an opening Prayer by Mr Noel Phillips, Associate General Secretary. Mr Gladwin Lal, Assistant General Secretary, PCT welcomed the gathering and introduced the programme. Mr Alope Michyari, Chairman-PCT extended his greetings to all present. Mr Andrew Hoffland introduced the Guest Speaker, Dr. Manvir Bhatia MD (MED) DM (Nero) Senior Consultant in Neurology and Sleep Medication. The object of organizing the seminar was to understand the valuable insights into the causes, symptoms, and effective treatment options for Sleep Apnea—a condition that affects millions worldwide and impacts health and quality of life.

Sleep Apnea is a serious condition affecting millions of individuals, yet many are unaware of their symptoms and the impact on overall health. Sleep Apnea can lead to complications such as heart disease, diabetes, and other health risks including heart attack. During this seminar, the expert discussed topics such as:

- Identifying symptoms and risk factors for sleep apnea
- Diagnostic methods and available treatments
- Lifestyle changes and medical devices that improve sleep quality
- Q&A session with a panel of sleep specialists
- Understanding Sleep Apnea and Its Types
- Recognizing Symptoms and Early Detection
- Treatment Options and Lifestyle Adjustments
- New Advances in Sleep Apnea Research

The programme was well attended. Mr Gladwin Lal, Assistant General Secretary proposed the vote of thanks.





Programme, Cultural and Tribal

In-House Concert by the students of YMCA School of Music

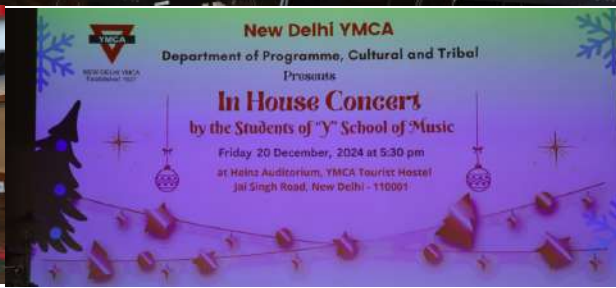
The Department of Programme, Cultural & Tribal Committee(PCTC) organized the In-House Concert, a Concert by the students of the YMCA School of Music on Friday, December 20, 2024, at the YMCA Tourist Hostel, Heinz Auditorium. The students played beautiful renditions of Piano, Violin, Guitar and Drums. Christmas Carols were also sung by the students learning Western vocals.

The Y School of Music faculties were felicitated with awards and certificates.

- | | |
|-------------------------|-----------------------|
| • Ms. Swati Sharma | Western Vocals |
| • Mr. Afroz Masih | Guitar |
| • Mr. Syed Sajjad Rasul | Piano |
| • Mr. P.Sridhar | Piano/Violin/Keyboard |
| • Mr. Patarick Francis | Piano/Keyboard |
| • Mr. Yashwant Kumar | Drums |

The Chairman – PCT Mr. Alope Michyari gave his greetings and Mr. Noel Phillips, Associate General Secretary welcomed everyone present and introduced the programme.

The programme was very well appreciated and attended by the Members of the Board of Directors, Members of the New Delhi YMCA, the student's parents, and their friends. Certificates and mementoes were awarded to all participants. Around 250 people attended the programme.





Students & Youth YMCA Cyclothon 2.0



The New Delhi YMCA, department of Students and Youth organised YMCA Cyclothon 2.0 on 9th November 2024 at the CCL Building, Jai Singh Road. The program started at 6:00 am in the morning with all the enthusiastic cycle riders. The word of prayer was offered by Mr. Noel Phillips. Mr. Oliver Joshua Jacob, Chairman, Department of Students and Youth welcomed all the riders present. Mr. Sanjeev Rattan, Chief Guest of the day gave his greetings to the gathering.

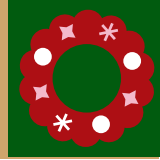
The online Cycle rally was started online from 2nd October 2024 till 2nd November 2024 and was monitored by the Strava app. On a daily-basis, the app was recording the kilometres covered by each cyclist who was registered with us. More than 1000 riders were added to the group. The final day show went very well by presenting Trophies, Medals and Bags& Bottles to the achievers of different levels.

The program was a big success and ended with a vote of thanks by Mr. Feroze Khan, AGS, SY. Refreshments were served at the end for everyone.





Department of Students & Youth



The Department of Students and Youth organised a "Visit to Orphanage" – "Mother Teresa Home", Jangpura, Bhogal on 11th December 2024.

The program was started with a word of prayer said by one of the female inmates who are staying at home. Mr. Feroze Khan, Assistant General Secretary, Students and Youth addressed the gathering and Mr. Oliver Joshua Jacob, Chairman, Department of Students and Youth, shared his Christmas greetings and welcome speech with everyone present.

Mr. C.P. Davis, Principal, YMCA Public School and Ms. Alpana Podaar, Coordinator, Special Wing also attended the program along with their students who presented beautiful Christmas Carols for everyone. The special girls inmates from home also presented dance performances of Christmas songs with great enthusiasm. They presented Christmas Carols also.

The program was witnessed by Board Members Mr. Sumit Gupta, and Mr. Francis Andrade, Mr. Vijay Harrison, Rev. Ajay Peter, Members of NDY and staff and Executives of NDYMCA.

Mr. Morris Nathan, NDY Member donated chocolates for the students. Sister Superintendent Rosebella humbly accepted our invitation to have this program at Mother Teresa Home.

The programme was a success with a gathering of 100 plus. The programme was followed by a fellowship lunch.





New Joinees



Congratulations & Welcome to the YMCA family :

- **Dr. Piyush Sharma**, Director - IMS, joined on 09 Dec 2024
- **Ms. Priya Tiwari**, Accounts Assistant, DOF, joined on 26 Nov 24
- **Mr. Vinay Bahl**, Head - Hostel Services, joined on 09 Dec 24

Obituaries

- **Mrs. Violet Arthur Prem**, Sister-in-law of NDY Members, Mr. Peter Prem & Mr. Joel Prem, passed away on 20/12/24.
- **Ms. Sheeba Varghese**, w/o Mr. Sanjay Varghese, NDY Member, passed away on 14/12/2024
- **Ms. Salomi Sehgal**, Cousin of Mr S. H. Abraham, NDY Member, passed away on 10/12/2024.
- **Mr T. P. Das**, Father-in-Law of Mr S. H. Abraham, NDY Member, passed away on 28/11/2024.
- **Mr. Vinod Phillip**, Father-in-law of Mr Anugrah Lal, NDY Member, passed away on 5/12/2024
- **Mother of Mr. Jatin Joshi**, Assistant Accountant, passed away on 21/12/2024.
- **Father of Ms. Meena Jacob**, Office Assistant, Sports Department, passed away on 12/12/2024.



Editorial Team: Rajeev Singh, Noel Phillips, Ashish Clifton, Rajinald Milton, Philip Harold

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