



NEW DELHI YMCA
Established 1927

NEW DELHI YMCA NEWSLETTER

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*The Best way to predict your Future
is to Create it.” - Abraham Lincoln*





**FROM THE DESK OF THE
GENERAL SECRETARY & CEO**



NEW DELHI YMCA
Established 1927



**FROM THE OFFICE OF
THE PRESIDENT**

"And we know that for those who love God all things work together for good, for those who are called according to His purpose" (Romans 8:284).

Dear Members & Friends,

The New Delhi YMCA has long been a cornerstone in community development, dedicated to nurturing the potential of every child, promoting healthy living, and fostering a sense of social responsibility. With a mission to put Christian principles into practice through programs that build a healthy spirit, mind, and body for all, the New Delhi YMCA's commitment to community development is both deep-rooted and far-reaching.

At the heart of the New Delhi YMCA's mission is its commitment to youth development. Recognizing that the youth are the future, the YMCA provides a range of programs designed to support the holistic development of young people. From early childhood education to after-school programs, summer camps, Sports Coaching Programs and Under and Post Graduate Courses etc. the New Delhi YMCA offers a safe and nurturing environment where children and teenagers can learn, grow, and thrive. These programs are not only focused on academic achievement but also on developing life skills, confidence, and values that will serve young people throughout their lives.

The New Delhi YMCA offers a variety of health and wellness programs aimed at improving the physical, mental, and emotional well-being of individuals and families. Fitness classes, swimming lessons, sports championships, and various coaching programs are just a few examples of how the New Delhi YMCA encourages community members to lead healthier lives.

The New Delhi YMCA's commitment to social responsibility manifests in its numerous community service initiatives. These initiatives are designed to address critical social issues and to support the most vulnerable members of society from providing various programs to those in need.

Inclusivity and diversity are core values of the New Delhi YMCA. The organization is dedicated to creating welcoming and supportive environments for people of all backgrounds. This commitment is reflected in the New Delhi YMCA's programming, which is designed to be inclusive of all ages, races, genders, and abilities. The New Delhi YMCA also actively works to promote diversity and inclusion within its own organization, striving to reflect the communities it serves.

The impact of the New Delhi YMCA's commitment to community development can be seen in the positive outcomes experienced by individuals and communities. Participants in New Delhi YMCA programs often report improvements in physical health, mental well-being, academic performance, and social skills.

The YMCA Founders Day Program was a resounding success, celebrating the rich history and impact of the YMCA. The Program was celebrated on 06th June 2024 at the Heinz Auditorium, New Delhi YMCA along with the National Council of YMCA's of India where we invited the Hon'ble Lieutenant Governor of Delhi, Shri Vinai Kumar Saxena as the esteemed Chief Guest who delivered an inspiring speech. It was a moment of great honour for the New Delhi YMCA to have the presence of the Lieutenant Governor of Delhi for the program.

God Bless the New Delhi YMCA.

With Warm Regards,
Rajeev Singh
General Secretary & CEO

Dear Members & Well-wishers of the New Delhi YMCA,

Greetings in the Majestic name of our Lord and Saviour Jesus Christ.

I would like to extend my heartfelt gratitude and thanksgiving to the Members of the NDY for their earnest participation and dedication towards the ABM held on 18 May 2024, which successfully led to the creation of the new Board of Directors and Office Bearers. Your continued dedication and support is highly appreciated and the newly appointed Board Members and Office Bearers, through their experience, expertise, and compassionate dedication, will ensure that NDY achieves greater accolades in all aspects of Servitude, Impact, and Empowerment. I would also like to congratulate the newly elected members of the Board and extend my appreciation to the retiring members.

The Global Y Movement attained yet another milestone on 06 June 2024, as The National Council of YMCAs of India & The New Delhi YMCA jointly celebrated the 180th Anniversary Celebration of YMCA Movement at the New Delhi YMCA Heinz Auditorium, which was graced by the prestigious presence of the Chief Guest, His Excellency Mr. Vinai Kumar Saxena, Lieutenant Governor of Delhi, along with many other esteemed dignitaries and well-wishers of the YMCA.

The NDY has revived all its programs and activities with a renewed sense of vigour and compassion, as all departments have undertaken and committed to their budgetary provisions. Every department is seeking new endeavours to enable maximum impact through the strategic application and allocation of resources.

As we venture into the second half of 2024, I would urge and encourage the Members of the NDY to continue your valuable support and progressive perseverance through active participation, expertise, and experience, in Committees, Programs, and other Initiatives.

Let's continue to dedicate our efforts to serve the community, the society, and the Nation through your prayers, support, and cooperation.

Kindly continue to keep the New Delhi YMCA in your prayers.

Regards & God Bless,
J A Benjamin

The National Council of YMCAs of India

National Media Seminar / Workshop



The National Council of YMCAs of India (NCYI) organized a National Media Seminar / Workshop from 11 – 13 May 2024, at YMCA Trivandrum, Kerala. The program commenced with an Orientation & Ice Breaking session conducted by Dr. Koshy Vaidyan, Secretary, Media & Communication Committee, NCYI. The Inauguration ceremony began with greetings from the Chief Guest Mr. Vincent George, President, NCYI, followed by the Presidential Address by Prof. Alex Thomas, Chairman, Media & Communication Committee, NCYI & President, YMCA Trivandrum.

It was indeed a wonderful privilege for Mr. Noel Phillips, Associate General Secretary, NDY and Mr. Ashish Clifton, Secretary, NDY to participate in this pioneering event.

The keynote presentations began with "Navigating Media Landscapes: Crafting Stories, Building Communities" by Ambassador T P Srinivasan, Former Vice Chairman Higher Education Council, Govt. of Kerala and was moderated by Mr. K V Thomas, Member, National Executive.

Dr. Mohan Varghese, Media Analyst & Former Chairman, Media & Communication Committee, NCYI, spoke about "Empowering the YMCA: Leveraging Media for Community Impact" followed by a presentation on 'Introduction to Social Media' by Ms. Fayeza Asad, Communications & Programme Operations, Duke of Edinburgh's International Award, New Delhi. The first day concluded with Fellowship Dinner and "Cultural Night" presentation by YMCA Trivandrum.

The second day began with a Worship Session followed by 'Content creation and delivery Across Media Platforms' presented by Mr. Sreekumar Ragavan, Editor, Rajagiri Media Trust. Prof. Alex Thomas, Chairman, Media & Communication Committee, NCYI shared his viewpoints on 'YMCA Channels of Communications' which was succeeded by a presentation on 'Role of Sports Media in Nation Building through YMCA' by Mr. Norris Pritam, International Sports Journalist, & Chairman, YMCA Multi-Sports Complex, Faridabad, Project of YMCA India.

After the refreshments break, the participants were instructed to create a "New Initiative" proposal as a part of Thinking outside the Box and exploring fresh ideas for potential future implementations.

The theme of the following Panel discussion was 'Media Personality Spotlight Series' which included Mr. Sudeep Sam Varghese, Regional Bureau, Chief, Manorama News TV; Mr. Norris Pritam, New Delhi; and Mr. Rahul Eshwar, Social Activist and Actor.

The second day concluded with presentations on 'Reaching the youth effectively through media' by Mr. Biju Mathew, Former Assistant Director (Prog), All India Radio and "The Essence of Photography in Modern Times" by Mr. R S Gopan, Chief Photographer, Malayala Manorama. These were followed by a Fellowship Dinner and group presentations by participants on "Celebrating Diversity: A Cultural Extravaganza".

The final day of the Seminar / Workshop began with Meditation & Worship followed by a presentation on 'Enhancing the public image of the YMCA' by Mr. S D Prins, PRO Raj Bhavan, Trivandrum. A group discussion was conducted for feedback suggestions, followed by the Creation and Adoption of the Resolution, based on the 3-day sessions.

The Program concluded with a Valedictory Function, followed by Fellowship Lunch, and Group Photographs. The Media Seminar / Workshop was highly informative, interactive, and productive, leading to exploration of future media developments and further enhancing the reputation and goodwill of the YMCA Movement.

DEPARTMENT OF SOCIAL AND HUMAN DEVELOPMENT

The Skill Training Workshop with the Youth was held on Thursday 16th May at the Heinz Auditorium, New Delhi YMCA. The audience comprised of 75 Youth & 25 Staff from the five Community Development Centres.

The programme commenced with an opening prayer by Mr. Vineet Masih, Assistant General Secretary SHD, followed by a motivational speech by Mr. Rajeev Singh, General Secretary & CEO, NDY. The Introductory speech to the programme provided the background and the conceptualization of the initiative with the youth and the need amongst them to gain expertise in various technical skill sets.

There were five sessions conducted for the youth by Resource Persons from the various Institutes-

Mr. Sameer Kongari, Vice Principal and Mr. Deepak Raja, Teacher, Don Bosco Technical Institute

Ms. Tarannum and Mr. Abhineet Singh Bedi, Senior Executive Tele Counsellor, Tech Mahindra SMART Academy

Mr. Bhumanjay Singh, Learning & Development Manager, R.K. Associated and Hoteliers Pvt. Ltd.

Ms. Meghna Chhabra, Assistant Manager Skill Mantra (Online Session)

Mr. Sandeep Kumar, Chief Admission Officer and Mr. Deep Sharma, Chief Admission Core Team Member, ITI Nizamuddin.

The diversity in the material presented during the sessions, made the Workshop them interesting for the participants. The session by Don Bosco Technical Institute focused on technical skills relevant for computer operators, machinists etc. and the session by R.K. Associates emphasized on the catering and hospitality sectors. The session by Tech Mahindra focused on Para medical fields and that of ITI on technical courses. Skill Mantra's session threw light on their human resource management course.

The sessions were interactive and the resource persons welcomed and encouraged questions from the youth. Some of the questions presented to the resource persons were insightful, which highlighted that the audience were attentive during the sessions. Some of the youth were curious to learn about their career prospects after completing the technical courses for they were guided by the resource persons.

The active participation of girls was encouraged by the resource persons. For instance, R.K. Associates have some domains in their organization especially for girls, providing them with food and accommodation. The resource persons from ITI in their session highlighted the need for girls to not shy away and apply in some technical courses like those dealing with machinery, usually viewed as domains of men.

The skill training workshop was conducted with meticulous planning and execution, resulting in its successful implementation. The interactive nature of the sessions facilitated engaging dialogue between resource persons and participants and the diverse content catered to the audience's varied interests and career aspirations.

The resource persons shared with the present youth about their technical courses, career trajectory, admission process, fee structure, the benefits of the courses etc. Pamphlets and brochures were distributed to the youth after the sessions.

After the sessions, the resource persons were felicitated with a memento and sapling.



Summer Programme

The five Community Development Centers at Kalyanpuri, Kapoor Thakur, Savda Ghevra, Sunlight Colony and Daya Basti started "Summer Programme." from 20th May to 19th June 2024. The objective of the Summer Programme is to keep the children and youth of the Community involved in the various constructive activities and also utilize summer vacations in a creative way to enhance the skills and talent of the children. The activities included Dance, Art & Craft, Sketching, Self Grooming , Advance Makeup and Mehandi. Total 545 beneficiaries enrolled in Summer Programme at all the Community Development Centers.





An awareness Rally and Nukkad Natak on “Substance Abuse (Nasha Mukta Bharat)” was organized at Community Development Centre Daya Basti on Thursday 8th May 2024 with the Students of Remedial & Coaching Classes. The Programme was conducted with the help of Ms. Poojita Katari & Ms. Khushboo Jha, students of Aditi Mahavidyalaya (University of Delhi). The objective of the program was to spread awareness about the negative effects of substance abuse among youth and motivate them to enhance their skills for a healthy life. Total 122 students from different ALC's of Community Development Center Daya Basti participated in the Programme.



An awareness Generation Program on Importance of Education was organized on 17th May 2024 at CDC Savda Ghevra. The Session was conducted by Mr. Sameer, Principal, Sultan Memorial School. The objective of the program was to make parents aware about the importance of Education. During the session he explained that Education is a weapon to improve one's life. It is probably the most important tool to change and determine the quality of an individual's life. Education improves one's knowledge, skills and develops one's personality and attitude. 24 parents participated in the Programme.



An awareness Generation Programme on “CANCER” was organized on 21st May 2024 with youth at ALC- Taimoor Nagar, CDC Karpoori Thakur. The objective of the Programme was to create awareness on Cancer, different types of Cancer, Symptoms and Precautions. Participants received Certificate of Appreciation. The session was conducted by Ms. Palika, Coordinator and Ms. Manju Bhatnagar, Nurse Trainee with her team from “CAN SUPPORT”. There were a total of 35 participated in the programme.



An awareness Generation Programme on Anemia Prevention was organised on 29th May 2024 at Community Development Centre Savda Ghevra in collaboration with GMR Varalakshmi Foundation. The objective of the programme was to create Awareness on the Anemia Mukta Bharat (AMB) initiative, launched by the Government of India,, which aims to reduce the prevalence of Anemia across the country, particularly among Women, Children, and Adolescents. During the program a portable device was used to measure Hemoglobin levels in a small blood sample, often obtained via a finger prick. After getting the results, staff from GMR Varalakshmi Foundation provided iron and folic acid supplementation to the target groups, including adolescents and women of reproductive age. There were 57 Girls and Women who participated in the programme.



SUMMER PROGRAMME CLOSING:

The Closing function of SHD Summer Programme was held at Heinz Auditorium YMCA Jai Singh Road on Thursday 20th June 2024. The Programme was attended by Mr. Francis Andrade, Chairman SHD Committee, Mr. Aseem Raj Zinus, Vice President NDY, Rev. Vasant Kumar Reuben, Member Board of Directors NDY, Mr. Alope Michyari, Member, Board of Directors, NDY, Dr. Saju Varghese, Mr. James Massey, Committee Members, Mr. Noel Phillips, Officiating General Secretary NDY, Mr. Hemant Agarwal, Assistant General Secretary, Mr. Ashish Clifton, Secretary and Ms. Monica Singh, Programme Officer SHD. The Children of CDC performed Dances, Fashion Show which exhibited their talents learnt during one month Summer Programme. There was an Exhibition which displayed various Handicraft Items made out of waste items; Children learnt skills to make Best out of Waste Materials. This programme concluded by distribution of Certificates to the Participants and Instructors of the Summer Programme. Total 300 Children and Staff participated in the Programme



World Environment Day Celebration

On the occasion of World Environment Day on 5th June 2024 the Community Development Centers Kalyanpuri, Karpoori Thakur, Daya Basti and Sunlight Colony organized Awareness, Cleanliness and Tree Plantation Drive at the respective centers with the Youth and Students. The objective of the programme was to educate the students on the importance of protecting our Environment by keeping it clean. As part of the awareness drive the Children and Youth created awareness through display of Posters and Plantation of trees at their respective Centers. CDC Karpoori Thakur with the help of Phia Foundation organized an awareness session on how to safeguard our Environment. The resource person was Ms. Hemlata, Project Coordinator & Ms. Smita, Education Coordinator from "Phia Foundation". The children were made aware of the importance of the good and clean environment in their lives motivated to plant trees 179 students participated in the programme at all the Centers.



Awareness Generation Programme:

Awareness Session on World Day against Child Labour was organized at CDC Savda Ghevra on 12th June 2024. Session was conducted by Ms. Vandana Ezra Lochan, Community Organizer, CDC Savda Ghevra. The Objective of the Programme was to raise awareness and prompt action to stop Child Labour in all of its forms. Students of Coaching Classes participated in this Programme with enthusiasm. During the Programme students made posters to express their thoughts on focusing to stop Child Labour in their Community. The Poster Making Competition was judged by the Visiting Faculties and winning students got prizes 32 children participated in the programme

Awareness Session on Yoga & Meditation was organized on 7th & 14th June 2024 at CDC Kalyanpuri. The objective of the session was to develop the habit of Meditation and Yoga among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence. The Resource Persons was Ms. Shivali from NGO Yoga Prana Vidhya. 30 took part in the programme.

Department of Social and Human Development

Awareness Generation Programme on "Liver Care" was organized on 07th June 2024 at CDC Daya Basti with the Student of Remedial & Coaching Classes. The objective of the program was to spread awareness about the role of Liver in the Human Body and what needs to be done to keep it healthy, along with the diseases that occur in the body due to Liver Failure. Resource Person was Mr. Santlal, Senior Community Development Officer "The Liver Care Foundation". Total 48 Students participated in this programme.

Awareness Generation Programme on "Legal Literacy" was organized on 11th June 2024 at CDC Karpoori Thakur with the Girls. The objective of the Programme was to generate awareness and impart practical knowledge about the basic legal rights and remedies provided under various women related laws, thereby making them fit to face the challenges in real life situations. The session was conducted by Mr. Amar Chauhan, Lawyer, Saket Court and Ms. Mona Kashyap, Para legal worker from "Praytn". Total 25 participants took part in the programme.

Awareness Generation Programme on "Menstruation Health and Hygiene" was organized on 22nd June 2024 at CDC Kalyanpuri. The objective of the programme was to increase awareness among adolescent girls and women on menstruation health and hygiene. Also create awareness about the myths and misconception associated with the menstruation cycle and importance of use of sanitary napkins. Resource person was Ms. Shikha Seth Project Coordinator and Deepti Sharma, Community Mobilizer from We Rise Together Foundation 64 adolescents girls participated in the programme and sanitary napkins were distributed to them.

Awareness Generation Programme on "Domestic Violence ACT" was organized on 25th June 2024 at CDC Kalyanpuri with Community Women. The objective of the session was to educate the women on the Domestic Violence Act and the importance of the ACT for empowering the women to know their legal rights. The session was conducted by Ms. Jaya, Para Legal Worker, from Mahila Panchayat Ekta Shiksha Sansthan at CDC Kalyanpuri. 16 Women participated in the programme.

Training Session on "Cyber Security" was organized at CDC Sunlight Colony from June 24th to 29th 2024 for the age group 12 to 18 years, with the help of Learning Ink Foundation. The resource person was Mr. Arun, Lead Consultant from Learning Ink Foundation. The objective of the programme was to empower youth to safely navigate the technology and also create awareness about solutions for safety in cyberspace, Topics covered during the training session were Digital Citizenship, Cyber, Safety, Digital Health and Wellness. Total 42 participants participated in the programme.

INTERNATIONAL YOGA DAY

International Yoga Day was celebrated at the Community Development Centers Kalyanpuri, Karpoori Thakur and Daya Basti on 21st June 2024 with the beneficiaries of CDC and ALCs. The objective of the celebration was to know the amazing health benefits of yoga like reducing health problems, good mental and physical Health of the community people through the Yoga. Total 249 took part in the programme.



Department of Students and Youth

A summer Camp by Department of Students & Youth for children between 8-12 years was organized from 20th May to 1st June 2024. The young ones enjoyed Camp activities like Art and Craft, Karate, Music, Dance, Pottery, Swimming, Non-fire cooking, Puppet Show, Rain Dance etc. The programme ended with a grand finale on 1st June 2024 where parents were invited to see their children perform various activities. A video was also presented to showcase the activities of their children during the summer camp. An exhibition of craft material prepared by children was displayed. It concluded with the presentation of certificates to all participants and volunteers



YMCA is a pioneer in field of Sports throughout the Globe. Maintaining the legacy, The New Delhi YMCA strives to serve the community through its sports activities and training programmes. Summer time is busy for the Department of Sports. The Swimming pool and Fitness Center continues to grow in popularity.

Regular activities of the Department of Sports are going on at their peak. As mentioned earlier, we have very good participation in sports and fitness activities during the summer time. Also a good number of participants come for regular coaching of Lawn Tennis, Basketball, Volleyball, Karate and Swimming. The YMCA Fitness Center is also running well with a considerable number of members. New equipment will be added in the Fitness Center very soon.

The Swimming Pool provides coaching for beginners and regular swimming practice. We also have a Toddler's Pool, where children of below 6 years of age are being trained. Morning Batches start from 6:00 am and go on until 10:00 am. Again in the evening, batches start from 3:00 pm and go on until 9:00 pm. A total of 4 Male Coaches ,1 Female Coach and a lifeguard take care of all the members. Members are showcasing their enthusiasm for this activity and approximately 350 Registrations have been filled upto May 2024.



Volleyball coaching is being provided to members in the evening from Monday to Saturday by professional Coaches. In Volleyball activity we have a total no of 10 students in May 2024. New admissions are coming for this activity and soon we will have a much larger number of participants.

The membership count for Basketball coaching was 18 members in May 2024. The Basketball Coaching classes are conducted in the evening on Tuesday, Thursday and Saturday.

The Lawn Tennis coaching is being conducted both in the morning as well as in the evening. 30 members registered in May 2024.

In Karate 13 Members registered in May 2024 for coaching classes. Karate coaching by professional trainers is being provided to members in the evening hours thrice a week.

Fitness Center: A total 61 members registered for the Fitness Center in May 2024. Two trained Gym Instructors, guide the members in their workouts.



New Delhi YMCA, Department of Sports conducted regular coaching in Lawn Tennis, Basketball, Volleyball, Karate and Swimming. YMCA Fitness Center is also running with a large number of members. Activities of the New Delhi YMCA, Department of Sports are going on in full swing. We have very good participation from our members, who are showcasing their enthusiasm for sports and fitness.

1. Swimming Pool: June was the busiest month of the season for the Swimming Classes. More than 500 members joined swimming classes. The Swimming Pool Activities are Swimming Coaching (for beginners) and Practice (for swimmers). Morning Batches start from 6:00 am and go until 10:00 am. In the Evening Batches start from 3:00 pm and go until 9:00 pm. We have a total of 4 Male Coaches and 1 Female Coach including a coach for Toddlers, who take care of all the members. Since June was the month of Summer Vacations there was a steady increase in admissions. A total of nearly 500 members registered for Swimming in June 2024.

2. Volleyball: Volleyball coaching is being provided to members in the evening from Monday to Friday by professional Coaches. In Volleyball activity we had a total no of 7 students in June 2024.

3. Basketball: The membership count for basketball was 17 members in June 2024. Coaching classes are conducted in the evening on alternate days.

4. Lawn Tennis: The Lawn Tennis coaching is being conducted both in the morning as well as in the evening. 35 members registered in the month of June 2024 for Lawn Tennis.

5. Karate: 12 Members registered in June 2024 for Karate classes. Karate coaching is being provided to the members in the evening hours, thrice a week. Professional Trainers take care of members coming for Karate Classes.

6. Fitness Center: YMCA Fitness Center facilities are well-utilized. Two well-trained Gym Instructors guide the members in their Fitness regimes. The number of Fitness Center members was 64 in the month of June 2024.



Greater Noida Programme Centre (GNPC)

The Greater Noida Programme Centre (GNPC) is a premier destination for recreational activities in the Greater Noida region of Uttar Pradesh, northern India. GNPC is renowned for addressing the needs, goals, and aspirations of young people, offering exclusive opportunities in various sports and leisure activities to individuals from all backgrounds. Spanning six acres of land, GNPC boasts a picturesque environment, providing a multi-purpose facility for individuals, families, organizations, and businesses. Visitors enjoy a wide range of activities, from dining and leisurely walks to relaxing in the lush green surroundings.

Basketball

Our state-of-the-art Basketball court with an international-standard synthetic surface has seen an impressive influx of new registrations. The coaching program attracted a significant number of queries and participants in May and June.

Cricket

Our lush green Cricket field, with professional coaching recorded 27 new memberships. We are enhancing the pitch to ensure top-notch infrastructure for our members.

Fitness Centre

The modern indoor gym, equipped with the latest machines and a professional fitness instructor, welcomed 55 new members. The air-conditioned facility continues to be a major draw for residents.

Karate

The karate training program, which includes regular competitions to motivate students, enrolled 25 new participants focusing on self-defense techniques and discipline.

Lawn Tennis

Our international-standard turf for Lawn Tennis attracted 17 new enthusiasts. The facility is used for both coaching and recreational purposes.

Swimming Pool

Our Olympic-size swimming pool, open from April to September, served 500 members. We offer coaching for beginners and practice sessions for professionals.

A fully air-conditioned 150-seat auditorium hosts conferences and workshops for various Christian organizations.

Restaurant

The on-site restaurant with seating of 30-40 people, offers a diverse menu with both à la carte and buffet options in multifarious cuisine.

Room Accommodation

GNPC provides 24 air-conditioned rooms available for single, double, or triple occupancy, catering to the needs of our members. GNPC remains a beloved destination for recreation, offering high-quality facilities and a welcoming atmosphere for all.



Lifeguard Training and Renewal Course

Greater Noida Programme Centre organised Lifeguard Training Programme and Swimming Instructor Course from 1st to 11th May 2024. This was followed by Renewal Course from 11th to 13th May 2024.

The Lifeguard Course was conducted by a NIS accredited coach. Total number of 16 participants underwent training for the Lifeguard and Swimming Instructor and a total of 12 participants underwent Lifeguard and Instructors Renewal Course.

An Inaugural Ceremony was held on Wednesday 1st May 2024, which was attended by Mr. Rajkumar, Former Secretary, Swimming Association of New Delhi, Mr. Suresh Deshwal, Secretary Swimming Association of Gautam Buddha Nagar, Mr. Hemant Agarwal, Assistant General Secretary, GNPC, Mr. Satish and Mr. Sharma, Coaches and Mr. Krishna Murari Sharma, Director, Aqua Pro.

The students were taught CPR as well and their final test was conducted on 13th May 2024. All the successful candidates were awarded with a certificates after completion of their course. The Lifeguard Training Programme saw a good number of participants and was a huge success.



Greater Noida Programme Centre (GNPC)



On June 08th, 2024, the GNPC auditorium hosted regular Prayer Breakfast Fellowship. The event began at 9:30 a.m. with an opening prayer by Pastor Samson, followed by a warm welcome by Mr. Hemant Agarwal, Assistant General Secretary of New Delhi YMCA (GNPC & Department of Sports).



The Rehoboth AG Church, Noida, led the Praise and Worship session. Pastor Kamal Kishore read the Scripture passage from Philippians 4:6. Pastor Samuel George, the Guest Speaker, delivered an inspiring message on trusting in God's guidance. We also had a Congregational hymn during the worship. The meeting concluded with the closing prayer and Benediction by Pastor Samuel George. Mr. Sagar Emanuel Paul, Assistant Secretary of GNPC, proposed the Vote of Thanks. Approximately 60 individuals attended the event.



Department of Christian Emphasis

The New Delhi YMCA, Department of Christian Emphasis organized the Prayer Breakfast Fellowship program on Saturday, 11th May 2024 at 8:30 am in the Heinz Auditorium, Tourist Hostel, New Delhi YMCA, Jai Singh Road, New Delhi – 110001.

The meeting began with a prayer offered by Mr. Vijay Russell, Member, Board of Director of New Delhi YMCA.

It was followed by the congregational Hymn "O Lord my God....."

Mr. Hemant Agarwal, Assistant General Secretary, NDY, welcomed everyone present and especially welcomed Mr. Anand David.

The Praise and Worship was led by Mr. Nelson and Team.

The Scripture portion from Micah 6:1-8 was read by Mr. Sudhir Peter, Member, NDY.

The message was shared by Mr. Anand David. He spoke on the value of Walking with God in our life.

The closing Prayer and Benediction was pronounced by Rev. Sunil Ghazan, Presbyterian In charge, St. Martin Church, Delhi Cantt.

The meeting closed with a Vote of Thanks proposed by Mr. Gladwin Lal, Assistant General Secretary, NDY.

Around 85 people attended the program.



XXX Ecumenical Children's Conference

The Department of Christian Emphasis organized the XXX Ecumenical Children's Conference (ECC) at the YMCA Public School, Nizamuddin East, New Delhi 110013. The Theme for this year's ECC was "Jesus Christ and I".

A total of 174 students participated in the week long programme. Each day started with morning praise and worship followed by study sessions. A dedicated team of 10 teachers and 34 volunteers conducted the programme daily, teaching classes, leading the praise and worship sessions and maintaining general discipline.

The programme continued from 8:30 am to 12:30 pm everyday and children from various denominations participated in the five day programme.

Mr. Noel Phillips, Officiating General Secretary, NDY was present for the closing ceremony held on Saturday, 7th June 2024, he emphasized the need of programmes such as ECC where Biblical value are taught to the children. The children presented a beautiful programme with each class presenting songs/skits to highlight what they had learnt during the five days programme.

Mr. Noel Phillips, Officiating General Secretary and Mr. Hemant Agarwal, Assistant General Secretary presented flower buds and certificates to the teachers and volunteers and appreciated their efforts in organizing such a wonderful programme.

At the end a vote of thanks was proposed by Mr. Gladwin Lal, Assistant General Secretary, NDY. He thanked all teachers, volunteers and parents for their support and efforts.

The Ecumenical Children's Conference was a successful event that helped the children to have a wonderful learning experience from the Holy Scriptures. It brought a great change in the lives of all the children as well as the volunteers and the teachers.



Department of Christian Emphasis



The New Delhi YMCA, Department of Christian Emphasis organized a Prayer Breakfast Fellowship program on Saturday, 08th June 2024 at 8:30 am in the Heinz Auditorium, Tourist Hostel, New Delhi YMCA, Jai Singh Road, New Delhi – 110001.

The meeting began with a prayer offered by Mrs. Dora Prem.

It was followed by the congregational Hymn "Sing them over again to me....."

Mr. Noel Phillips, Officiating General Secretary, NDY, welcomed everyone present and especially welcomed Mr. Ashish Samuel.

The Praise and Worship was led by Mr. Nelson and Team.

The Scripture portion from 1 Samuel 17:1-11, 48-51 was read by Mr. Isaac John, Member, NDY.

The message was shared by Mr. Ashish Samuel, member of Free Church. He shared the value of Walking with God in our life.

The closing prayer and benediction was pronounced by Rev. Sunil Ghazan, Presbyterian In-charge, St. Martin Church, Delhi Cantt.

The meeting closed with a Vote of Thanks proposed by Mr. Gladwin Lal, Assistant General Secretary, NDY.

Around 50 people attended the program.



Rural Community Development Centre, Hodal

The RCDC organised a Summer Camp from 27th May to 1st June wherein 70 children participated in multiple activities such as:

- Art & Craft: including best from waste, pot painting, clay modelling etc.
- Dance:
- Mehendi making:
- Calligraphy:
- Fun activities & games: including special activities – Rain Dance & Pool dip.

The children had a fun time at the camp, they got to learn many new skills and also got to enjoy their time there. The teachers of YPS Hodal conducted the camp in an extremely able manner.

The closing ceremony of the camp was held on 1st June. The programme opened with a Vandana presented by the children. They also presented dances which they learned at the camp. An exhibition was also put on display where the art & craft materials, calligraphy, clay models, painted pots were displayed for the parents to see. Certificates were distributed to all the participants and teachers.



YMCA CAMPSITE CUM PROGRAMME CENTRE, SATTAL

YMCA Campsite cum Programme Centre, Sattal organised a Prayer Breakfast Fellowship at YMCA Programme Centre, Dorothy Villa on 25 May 2024, which was a heartwarming event that brought the community together for a morning spiritual nourishment and fellowship. The programme started at 10 am with an opening prayer by Ms. Pooja Arya, setting a reverent and contemplative tone for the morning. Following this, Mr. Harshul Singh, Assistant Secretary, New Delhi YMCA extended a warm welcome to all the guests, expressing gratitude for their presence and encouraging a spirit of unity and reflection. The praise and worship session was led by the Bhimtal Fellowship Church. Mr. Biju read the scripture passage from the Book of Judges, chapter 6. This was followed by the message delivered by Pastor Caleb Tryte, offering insights and encouragement. After that the congregation joined in singing the hymn "Main Hath Uthakar Gaunga" a moment of collective worship that strengthened the sense of community and shared faith. The event concluded with a closing prayer and benediction by Pastor Caleb Tryte encapsulating the morning's spiritual journey and sending attendees forth with blessings. Mr. Harshul Singh, Assistant Secretary, New Delhi YMCA delivered the vote of thanks, expressing gratitude to the guests present. Following the programme, a delightful breakfast was served allowing guests to enjoy meal a together and engage in fellowship.



Prayer Breakfast Fellowship

YMCA Campsite cum Programme Centre, Sattal organised a Prayer Breakfast Fellowship at YMCA Programme Centre, Dorothy Villa on 29 June 2024 at 10am. The fellowship was a harmonious gathering aimed at fostering spiritual growth and community bonding among the participants.

The programme commenced with an opening prayer led by Mr. Cory McDaniel. This was followed by a warm welcome address by Mr. Harshul Singh, Assistant Secretary, NDY, who greeted all attendees.

Ms. Pooja Arya, Assistant Housekeeping, NDY read the scripture portion from 2 Chronicles 20:12. The highlight of the fellowship was the sermon delivered by Pastor. Radheshyam Verma, Bhimtal Masih Mandli, focusing on the theme of keeping one's eyes on God during challenging and tough times. His message resonated deeply with the attendees, offering them spiritual encouragement and strength. The gathering then lifted their voices in unity with the congregational hymn 'Bolo Jai Milkar Jai', creating an atmosphere of praise and worship.

The programme concluded with a closing prayer and benediction by Pastor Radheshyam Verma, bringing a sense of peace and blessing to all present. The vote of thanks was delivered by Mr. Mark Biswas, Trainee Secretary, NDY, expressing gratitude to all participants and organisers for making the event a success.

At the end everyone joined together for a fellowship breakfast, enjoying a time of communal sharing and bonding.



The National Council of YMCAs of India & The New Delhi YMCA

180th Anniversary Celebration of YMCA Movement

National – Level Inauguration

The New Delhi YMCA hosted the National Council of YMCAs of India to honour its Founder Sir George Williams and celebrate the 180th Anniversary of the YMCA Movement. The momentous programme was held at the Heinz Auditorium at the New Delhi YMCA on Thursday, 06 June 2023, from 04:00 pm onwards.

The theme of the celebration entailed the 4 Pillars of World YMCA's Vision 2030 which include Community Wellbeing, Meaningful Work, Just World, and Sustainable Planet. The inaugural procession included The Chief Guest, His Excellency Mr. Vinai Kumar Saxena, Lieutenant Governor of Delhi, Guest of Honour Mr John Barla, Minister of State, Minority Affairs, and Office Bearers of the National Council of YMCAs of India and the New Delhi YMCA.

The program commenced with an Opening Prayer by Rev. Sunil Ghazan, Presbyterian-in-charge, St. Martin's Diocesan Church, followed by an Invocation by Mr Noel Amanna, Vice President, National Council of YMCAs of India.

The New Delhi YMCA Staff Choir led the gathering in the Praise and Worship which was followed by Welcome Address by Mr. Joseph Anil Benjamin, President, New Delhi YMCA. Mr. Girish Varghese, Vice President, New Delhi YMCA, offered the Litany of Thanksgiving after which the Offerings unto God as an expression of thanksgiving and retrospection were led by Mr Reji George, Treasurer, National Council of YMCAs of India (Community Well-being : offering of water, food, grains); Mr Eldo N V, National General Secretary, National Council of YMCAs of India (Meaning full work : offering of Pen, Pencil, Laptop, Mobile, Tools, Money bag), Mr Francis Andrade, Board Member, New Delhi YMCA (Just world: Scale representing balance, fairness, and justice). Mr Noel Phillips, Officiating General Secretary, New Delhi YMCA (Sustainable Planet : Potted Plants).



**The National Council of YMCAs of India & The New Delhi YMCA
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National – Level Inauguration**

The celebratory program continued with the recitation of a Special Song, “Until All Are Fed We Cry Out”, followed by the Bible Scripture readings by Mr. Jovial Vaghela, Hony. Treasurer, New Delhi YMCA. The Message on the occasion was shared by His Grace Archbishop Anil J T Couto, Archdiocese of Delhi. The Congregational Hymn, “How Great Thou Art”, was followed by the formal felicitation of dignitaries.

The Program progressed with Addresses and Greetings by Mr. Noel Amanna, Vice President, National Council of YMCAs of India, Mr. John Barla, Minister of State, Minority Affairs, and His Excellency Mr. Vinai Kumar Saxena, Lieutenant Governor of Delhi.

The Cultural Presentations included video presentation on 180 Years of YMCA Movement, Dance on YMCA Song by children of Social, Human Development, New Delhi YMCA Dance and a Skit by Students of NCYI on the History of YMCA Movement, which was enjoyed by all in attendance.

The Vote of Thanks was proposed by Mr. Eldo N.V. National General Secretary, National Council of YMCAs of India followed by Benediction by His Grace Archbishop Anil J T Couto, Archdiocese of Delhi.



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Glimpses Summer Camp 5- 18 June, 2024



Department of Programme, Cultural and Tribal Summer Camp

The Department of Programme, Cultural and Tribal organized the Summer Camp from 5 – 18 June 2024 in the age group 05 to 16 years.

35 children from different parts of Delhi took part in the Summer Camp.

Camp activities for the children included Arts & Crafts, Singing, Dance, Splash in the Pool, Karate and Baking.

Qualified young and professional instructors conducted the camp classes. There were young volunteers and interns from the Education Centre to help the instructors during the entire camp.

The objective of the camp was to enable the children to exhibit and realize their talent and creative skills.



Teachers Training Institute for Special Education

The Teachers Training Institute for Special Education completed the 2024-25 admission process successfully for the Diploma in Special Education in Intellectual Developmental Disabilities, as per the guidelines of Rehabilitation Council of India with full intake of seats.

The External Practical Examination for the D. ED SE IDD First Year and Second Year students was conducted from 24th June to 28th June 2024.

Dr. Sunil Kumar from Tamanna Teacher Training Institute conducted the Practical Examination.

He was deputed by National Board of Examination, Rehabilitation Council of India (RCI).



New Delhi, DL, India

Rahim Khan Road, Nizamuddin East, New Delhi,
110013, DL, India

Lat: 28.587345, Long 77.251316

06/26/2024 10:23 AM GMT+05:30

Note - Captured by GPS Map Camera

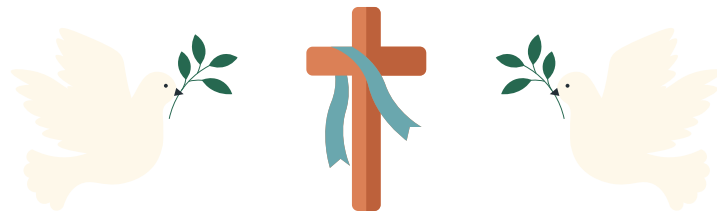
A half day training for the YPS teachers was organised at the RCDC on 27th June 2024. The training was conducted by Professor Bhagirath from Government College, Bhendoli, Hodal.

The topic covered was 'Class Management'. We had good interactive participation from all the teachers. Professor Bhagirath discussed the new techniques in teaching and how teachers can better interact with their students.

The teachers were of the view that more of such trainings should be conducted for them.



Obituaries



- **Dr. Ras Bage (NDY Member) lost his mother-in-law on 6/6/2024**
- **Mr Dheeraj David (NDY Member) lost his father Rev. Nirmal David, (former Hony. Treasurer & Board member, New Delhi YMCA) on 9/6/2024.**
- **Mr Shalim Ezekiel (NDY Member) lost his Brother Mr Ovid Ezekiel on 18/6/2024.**
- **Mr Vijji Panangat (NDY Member) lost his Mother Mrs Lucy George on 7/7/2024.**
- **Mr M.S.K. Paul, former member of NDY passed away on 10/7/2024.**
- **Mr Rakesh Jacob (NDY Member) lost his younger brother Mr Anup Jacob on 10/7/2024.**
- **Mr Solomon Singh (NDY Member) lost his daughter Srishtie Solomon Singh (18 yrs) on 13/7/2024 .**

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