



NEW DELHI YMCA
Established 1927

NEW DELHI YMCA NEWSLETTER

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**FROM THE DESK OF THE
GENERAL SECRETARY & CEO**



NEW DELHI YMCA
Established 1927



**FROM THE OFFICE OF
THE PRESIDENT**

Dear Readers of the New Delhi YMCA Newsletter

I hope this message finds you all in good health and high spirits. As we embark on a new financial year filled with possibilities, I wanted to take a moment to express my gratitude and appreciation for the trust and faith vested in me by the Board of Directors of New Delhi YMCA for appointing me as the General Secretary & CEO of New Delhi YMCA wef 15 April 2023. "THANK YOU" It is a huge responsibility but I am sure that with the Blessings of the Lord and the support from everyone I should be able to take the New Delhi YMCA to much greater dimensions in the future. The YMCA has always been a beacon of hope, fostering holistic development and nurturing individuals of all ages. From promoting physical fitness to providing educational opportunities, the New Delhi YMCA continues to inspire and empower countless lives

In these challenging times, the YMCA'S commitment to serving the community has been nothing short of extraordinary. Your unwavering dedication to supporting those in need, whether through health initiatives, educational programs, or social outreach, has made a significant difference in the lives of many

As we move forward, it is essential to acknowledge the tremendous resilience and adaptability displayed by the New Delhi YMCA. The way we have embraced innovation and found new ways to engage with the community amidst the pandemic is truly commendable. But now since the times have changed and with all our prayers being answered and the world coming back to normal life to start afresh in our commitment to the service to our community with my team at New Delhi YMCA. I also want to extend my appreciation to the volunteers, staff, and supporters of the New Delhi YMCA. Your selflessness and commitment have been instrumental in driving positive change and creating a nurturing environment for all. Your passion for service is an inspiration to us all. Looking ahead, I am confident that the New Delhi YMCA will continue to lead the way in empowering individuals and transforming lives. Your dedication to promoting inclusivity, diversity, and holistic development is a testament to the YMCA's enduring values.

As members of this vibrant community, let us rally behind the New Delhi YMCA's vision, offering our support and spreading the word about the remarkable work being done. Together, we can build a stronger, healthier, and more compassionate society.

Wishing you all the time filled with hope, joy, and new opportunities

With Warm Regards,
Rajeev Singh
General Secretary & CEO

Dear Members & Well-wishers of the New Delhi YMCA,

Greetings in the Majestic name of our Lord and Saviour Jesus Christ

At the outset, I would like to express my heartfelt gratitude to Almighty God and the NDY Board of Directors for entrusting me with the opportunity to lead & serve the New Delhi YMCA as the President for 2023 - 2024, I seek the support of the entire Membership, Management, Secretaries, and Staff to take NDY to greater horizons. I would also like to extend my heartfelt congratulations to the newly elected Members of the Board of Directors and Office Bearers and wish them all the best in their upcoming endeavors.

I have journeyed as an NDY Secretary, General Secretary, and now President, over a span of 40+ glorious years and my zeal and compassion towards the Mission, Vision, and Essence of the YMCA Movement has always been at its optimum levels of Dedication & Servitude. I will ensure that through my principles and work ethos which are grounded and based on Christian ethics and doctrines, I will guide and steer the NDY into the realms of Integrity, Development of Body, Mind & Soul, Human Empowerment, Organizational Efficacy, Community Building, Managerial Excellence; and in doing so, will further enhance the NDY, leading to the Extension of God's Kingdom.

Let's continue to dedicate our efforts to serve the community, the society, and the Nation through our Prayers, Support, and Cooperation.

Kindly continue to keep the New Delhi YMCA in your Prayers.

Regards & God Bless,

J A Benjamin
President, NDY



The Installation Ceremony of the General Secretary & CEO



The Installation Ceremony of the General Secretary & CEO



The Installation Ceremony of the newly appointed General Secretary & CEO Mr Rajeev Singh was held on Saturday 15 April 23 in the New Delhi YMCA Board Room, CCL Building. His Grace Rt Rev. Dr Paul Swarup, Bishop of Delhi, Church of North India presided over the function and delivered the message on this historic occasion. The ceremony was witnessed by the New Delhi YMCA Board of Directors, staff, and members of the New Delhi YMCA. Also present were the family members of Mr. Rajeev Singh, GS & CEO. The Ceremony opened with a prayer offered by Rev Sunil Ghazan, Secretary, Diocese of Delhi, Church of North India.

Mr Felix Fernandes, President, NDY brought greetings on behalf of the Board of Directors and introduced the new General Secretary & CEO. Mr Inderjit Lal, Vice President, NDY, and Advocate Sandeep Arora, Vice President, NDY read from the Holy Scriptures.

A prayer for the worldwide YMCA movement was offered by Dr Sanjeet Singh, Vice President, NDY and this was followed by a prayer for New Delhi YMCA by Mr Joy Benjamin, Treasurer, NDY.

During the function, Mr. Rajeev Singh was taken to the office of GS & CEO and installed by Rt Rev Dr. Paul Swarup and Bishop Subodh Mondol, Bishop, Delhi Regional Conference of the Methodist Church. Also, present during this installation were the Office Bearers of the New Delhi YMCA.

In his response, Mr Rajeev Singh, the newly installed GS & CEO reflected upon his career with the YMCA and assured all present that with the help of God, he would endeavor to carry forward the mission of the YMCA to serve the community at large. All present joined the newly installed GS & CEO in committing themselves to further the mission of the YMCA movement.

Pastor Joel Prem, Chairman, of the Department of Christian Emphasis, New Delhi YMCA, and Mr. Sumit Gupta, General Secretary, of Church of North India SYNOD lead the gathering in prayers of intercession. Mr Ashish Thorat, Associate General Secretary, NDY proposed the Vote of Thanks. The Rt Rev Dr. Paul Swarup closed the installation ceremony with Benediction.

The Induction Ceremony of the New Office Bearers of NDY



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The Induction Ceremony of the New Delhi YMCA Office Bearers was organized on Tuesday 30 May 23 at the Heinz Auditorium.

His Grace Archbishop Anil J Couto, Archdiocese of Delhi, presided over this momentous ceremony which was witnessed by the New Delhi YMCA Board of Directors, NDY Members, and Staff of the New Delhi YMCA. It was heartening to see all departments of the New Delhi YMCA represented at this unique ceremony.

The ceremony opened with a prayer led by Pastor Joel Prem, Member of the New Delhi YMCA Board of Directors. The invocation song 'Standing on the Promises of God my Saviour' sung by the NDY Staff and directed by Rajinald Milton set the tone to the solemn ceremony.

Mr Rajeev Singh, General Secretary and CEO, introduced and presented to His Grace Archbishop Anil J Couto the newly elected Office Bearers:

Mr Joseph Anil Benjamin, President

Dr Sudhir Joseph, Vice President

Mr Aloke Michyari, Vice President

Mr Girish Varghese, Vice President

Mr Inderjit Lal, Treasurer

Mr Vijay Russell, Board Member and Mr Jovial Vaghela, Board Member read from the Holy Scriptures.

Dr Sanjeet Singh, Board Member led the gathering in a prayer for the New Delhi YMCA.

His Grace Archbishop Anil J Couto inducted the newly elected Office Bearers in all duties, responsibilities, authorities and jurisdiction of their offices as provided in the Constitution of the New Delhi YMCA. The Office Bearers took an oath to uphold the Constitution at all times in the discharge of their duties.

In his message, His Grace Archbishop Anil Couto emphasized on the theme 'Servant Leadership' based on the teaching of the Lord Jesus Christ as given in Matthew 20:25-28.

In response to the message Mr Joseph Benjamin, President, committed on behalf of the Office Bearers to uphold the teachings of the Lord Jesus and to make all efforts to serve the community and the mission of the YMCA movement.

Mr Nikhil Banerjee, Board Member led the gathering in a prayer of intercession asking God to guide and lead those present to become channels of change.

Mr Noel Phillips, Associate General Secretary proposed the vote of thanks.

The Induction Ceremony closed with the Benediction pronounced by His Grace Archbishop Anil J Couto.

National Council of YMCA's - Regional Women's/Gender Assembly 2023



The Regional Women's/Gender Assembly 2023 of North India Region of YMCAs was held at Sunder Bhawan, Bareilly from 19 - 21 May 2023 hosted by YMCA Bareilly, where 36 delegates from five YMCAs of North India Region gathered for the assembly. "Impacting Wholeness" was the theme of the assembly. The Assembly started on Friday 19th at 3.30 pm with a brief devotion led by the youth Anosh and Arpit. Mr. Anosh gave the message based on the bible passage Genesis Ch 11: 1 - 9. After self-introduction and tea, the Inaugural function began at 4.45 pm. Regional Chairman, Mr. Felix Fernandes welcomed the august body. In his welcome remarks, he said that in spite of the hot climate some of you have made the effort to attend this annual assembly from near and far. Every year the Region has been organizing the Women's & Gender Assembly regularly to encourage women to be more involved in the activities of the YMCA they represent. Chief Guest Mr. Robert Roga, Manager of St. Judes School in Bareilly inaugurated the Regional Women's/Gender Assembly 2023 along with other regional guests of honor. Mrs. Rohini Newton President of Bareilly YMCA addressed the delegates mentioning that it was the first time Bareilly YMCA was hosting such an event. Mr. Rajneesh Charan Hony. Secretary, introduced the Chief Guest. Mr. Robert Roga addressed the delegates to be sensitive to the gender imbalances existing in society and appealed to work for gender equality through their respective YMCAs. Vice Chairperson Dr. Mrs. Vatsala Prabhu and Adv. Sandeep Arora from New Delhi YMCA brought forth greetings. Mr. Bhen Samson Regional Secretary proposed the vote of thanks. The meeting concluded with Prayer and benediction said by Rev. E. V. Paul. Mrs. Macreena Massey, Manager at Mission Girls Inter College, Shajhanpur delivered the Key-Note Address on the theme. The first day's proceedings concluded with a cultural evening by the host delegates.

The second day of proceedings started with morning devotion conducted by the delegates. Mr. Bhen Samson Regional Secretary led the 2nd session on the subject "Women in the YMCA" through a PowerPoint presentation explaining how women were involved in the formative years of the YMCA. The 3rd session "Women-Impacting Change in Society" was taken by Dr. Mrs. Vatsala Prabhu, Vice Chairperson of North India Region, and was informative to the delegates touching on the role women played in society. The fourth session was interesting and informative on the subject "To Promote Gender Equity in the YMCAs" taken by Adv. Sandeep Arora from New Delhi YMCA. He highlighted some salient features of Gender Equity and Gender Equality. He also mentioned some of the constitutional rights of women and how we can promote equity in the YMCA by creating general awareness of self-care groups, child rights, POCSO, Domestic Violence, Fundamental Rights, and the role of women in the family.

In the evening the delegates were taken on a sightseeing tour of some of the beautiful churches in the city and for the famous Kulfi after dinner. The second day concluded with entertainment by the delegates.

On Sunday the concluding day's program began with a devotion led by Arpit and Anosh. The message was brought by Dr. Mrs. Vatsala Prabhu. At the plenary, the recommendations were brought before the delegates and were adopted unanimously. Mr. Rajneesh Charan Hony. Secretary thanked the delegates on behalf of the Board of Bareilly YMCA and presented a memento to all the delegates.

During the valedictory function, a few delegates shared their feelings and experience about the assembly. Mrs. Vatsala Prabhu on behalf of the Regional Committee spoke and thanked the Bareilly YMCA for organizing the assembly successfully. The Women's Assembly of North India Region concluded with a vote of thanks proposed by Mr. Bhen Samson, Regional Secretary followed by a closing prayer offered by Ms. Ashmita John. On behalf of the regional committee, I thank YMCA Bareilly for hosting the assembly successfully and The National Council of YMCAs of India for the support

Department of PCT - Gracious Giveaway Initiative



The Holy Scripture teaches us that *"It is Better to Give than to Receive"* – Acts 20:35. One of the core foundational values of the New Delhi YMCA is to "Serve the Community for the Overall Development of Humanity". Based on these tremendous ideologies, the Department of Program, Cultural, & Tribal; organized the "Gracious Giveaway" Initiative whereby The Management, Secretary Cadre, and Executives of the NDY voluntarily donated 100+ Items of Clothes, Shoes, Crockery, Children's Apparel, Household Items, Electronics Gadgets, Watches, etc. to be donated and gifted to the lesser-privileged Workman Category Staff of the NDY including Peons, Drivers, Security Staff, Dining Staff, Cleaners, Housemen, etc. The Gracious Giveaway Initiative was organized at The Y School of Music Recreation Hall on Saturday, 01 May 2023. 75+ Beneficiaries received multiple donations according to their needs and choices. This initiative was extremely well received and highly appreciated by everyone. The Program began with a word of prayer offered by Mr. Mukesh Daniel, Purchase Assistant. The Department of PCT would like to express its heartfelt gratitude toward the donors for this Initiative without whom, this program would not have been possible.

Department of PCT - Free Medical Camp



GENERAL CHECK-UP & DIAGNOSIS FOR NDY STAFF & MEMBERS

"Time and Health are two precious assets that we don't recognize and appreciate until they have been depleted." – Denis Waitley

The Department of Program, Cultural, & Tribal; organized a Free Medical Camp for NDY Staff and Members on 26 May 2023 at the Y School of Music Recreation Centre. This initiative was aimed at emphasizing & ensuring the social & medical welfare of the NDY Community. A voluntary team of 10 Doctors and Medical Experts was deputed "The Caring Touch" to examine and diagnose NDY personnel. The brilliant medical team diagnosed 100+ NDY beneficiaries, including NDY Members, Staff, Executives, and Workmen; and conducted elaborate procedures that included Dental treatments & Eye check-ups followed by the respective prescriptions and medical counseling.

The NDY Free Medical Camp began with a word of prayer by Mr. Noel Phillips, Associate General Secretary, NDY, and concluded with a Vote of Thanks by Mr. Ashish Clifton, Secretary, NDY. The Medical Personnel were felicitated with Mementos & Certificates for their Participation & Support.



The New Delhi YMCA's Department of Christian Emphasis arranged a Prayer Breakfast Fellowship on Saturday, 15th April 2023 at 8.30 a.m. at 'Y' School of Music Recreation Hall, New Delhi YMCA, Jai Singh Road, New Delhi. The Meeting began with a Prayer offered by Pastor Joel Prem, Chairman, Christian Emphasis Committee. It was followed by the congregational Hymn "Hosanna In The Highest". Mr. Noel Phillips Associate General Secretary, New Delhi YMCA welcomed everyone present.

The Praise and Worship was led by Mr. Shawn, Ms. Shannon & Mr. Rajinald Milton of 'Yesu Ke Geet' Ministry. The Scripture portion from the Gospel of John 11: 1-4, 7-11, 14-15 was read by Mr. Nathaniel Lal, Member, New Delhi YMCA. Dr. G. R. C. Pradeep, Pastor of 'Raise The Nations for Jesus' Ministries was the Guest Speaker for the occasion with a spiritual message from the Lord our God. He shared about the love Jesus Christ has for his people. He emphasized that the Love which Jesus shared with us, we should also share with each other.

The Fellowship concluded with a closing prayer and Benediction by Rev. Morrison Rose, Member, New Delhi YMCA. The Vote of Thanks was offered by Mr. Hemant Agarwal, Assistant General Secretary, New Delhi YMCA. Approximately 65 people attended the meeting.



The New Delhi YMCA, Greater Noida Programme Centre organized the Prayer Breakfast Fellowship program on Saturday, 20th May 2023 at 9:45 am in the Auditorium, at GNPC. The meeting began with the word of Prayer offered by Pastor Sam Baby, Mr. Hemant Agarwal, AGS, GNPC welcomed everyone present for the program and especially welcomed Rev. Sandeep David, Pastor in charge, Christ Church, Noida. The Praise & Worship was led by Spiritual Growth Fellowship Choir Group, Gr. Noida. The Scripture was read by Mr. Ashish Clifton. The message was delivered by Rev. Sandeep David, Pastor in charge of Noida. Pastor Samson did the closing Prayer and pronounced the Benediction. The meeting concluded with a Vote of Thanks by Mr. Sagar Emanuel Paul. Around 30 people attended the program.

This report is to provide an overview of the performances of the students during the first two months of the new session (April-May). It assesses various aspects of academic and co-curricular achievement, attendance, and participation in various activities.

The academic session 2023 - 24 started on 27th March 2023 with class X students. On the very first day of the school Principal along with the teachers welcomed the students' community and made them feel at home with the special morning assembly. In each class, the leadership of the class teacher and subject teachers motivated the students on the importance of education and the school curriculum of the year and rules were explained to them and clarified their little doubts.

The activity-based curriculum is being adopted and executed by our staff to make learning fun and entertaining. Different activities and competitions are being conducted for the overall development of our students from the base level so that we could polish these roughs to the experiences into precious ones. The School demonstrated a satisfactory academic performance in the first periodic test held in the month of May. The examination went on smoothly with all the disciplinary rules maintained.

Various programs and participation in the Olympiads of Science, Maths, and English, itself is the biggest competition where a student competes to outshine others. It infuses a healthy competitive spirit through reward-based assessment. Several students displayed exceptional performance and made significant improvements. Many students have been bestowed with gold medals in the Olympiads of subjects Maths, Science, and English. Classes' participation and engagement in various school activities were commendable. As every Saturday is Activity Day, students have always been enthusiastic for this day and have shown their best talents and arts in various fields such as poster making, poem recitation, calligraphy competition, etc., and have secured ranks too. Sports inculcate the spirit of positive challenges & sportsmanship among the students and prepare them for the life ahead. Sports, Games, and Physical Fitness occupy a place of importance in our curriculum. Along with this, students have shown their talent in physical activities (indoor and outdoor) as well, such as throw-ball, table tennis, chess, carom, etc.

Intra-school competitions and assemblies are being conducted under various houses to inculcate team spirit among the students. The House on duty, performs its duty of conducting the day-to-day activities, and competitions in a systematic and disciplined manner.

One of the unique activities of this year was the election of the student council where the student leaders were democratically elected by the students. General election methodologies were carried out throughout the process. The entire process was actively participated in and appreciated by one and all. The induction of the newly elected council will be done in July 2023.



YMCA Public School Nizamuddin 2022 - 2023



YMCA Public School - Health & Hygiene Camp



The YMCA Public School (senior secondary) organized a Health and Hygiene Camp in the school on 17th and 18th May 2023 with Naaz Multispeciality Medical and Dental Clinic. A doctor along with para-medical staff visited the school for the checkup of the students. The team carried out comprehensive health and hygiene checkups on students and staff members. The Students of classes Nursery to Standard X, special children, and YPS Nizamuddin staff went through an oral checkup by Dr. Venus Abel. Basic treatments and medical advice were carried out at the camp. The camp emphasized mainly on Oral Hygiene. The students got ample opportunities to interact with the doctor to enquire and gain knowledge. A health talk was also given to the students on how to maintain personal hygiene. Mr. C.P Davis (Principal) thanked the team, on behalf of YPS. The students were also very happy and they enjoyed their interaction with the medical team.



The Department of Students and Youth organized an Adventure Camp to Sattal YMCA from 25th to 28th May 2023 where 60 Students participated. The activities included Trekking, Flying Fox, Burma Bridge, River Crossing, Campfire, and an excursion trip to Nainital.

Summer Camp by Department of Students & Youth



A summer Camp for children aged between 8-12 years was organized from 22nd May to 31st May. 20 children participated and enjoyed the time with activities like Art and Craft, Karate, Music, Dance, Pottery, Swimming, Non-fire cooking, Puppet Show, Rain Dance etc. The programme ended with a grand finale on 31st May where parents were invited to see their children perform and also see the craft material prepared by them.

NDY Inter Department Table Tennis Tournament



Table Tennis is a sport that emphasizes endurance, New Delhi YMCA organized Staff Table Tennis Tournament on 18th & 19th May, 2023 at the Heinz Auditorium, New Delhi YMCA

Mr. Rajeev Singh, General Secretary & CEO, New Delhi YMCA addressed everyone and declared the Tournament Open.

The tournament was organized in 4 categories (Men's Singles, Women's Singles, Men's Doubles, and Mixed Doubles). 36 participants from different departments took part in the Tournament. All the participants showed excitement and enthusiasm for the competition. They displayed good sportsmanship, spirit, and teamwork.

Results :

Men Single

Winner : Mr. Feroze Khan

Runner up : Mr. Dalip Maccune

Third Place : Mr. Sagar Emmanuel Paul

Women Single

Winner : Ms. Meenakshi Gupta

Runner up : Ms. Minakshi Joseph

Third Place : Ms. Vandana Masih



Men Doubles

Winner : Mr. Dalip Maccune and Mr. Mukesh Daniel

Runner up: Mr. Rohtash Kumar and Mr. Anup Robinson

Mixed Doubles

Winner: Ms. Meenakshi Gupta and Mr. Dalip Maccune

Runner up : Ms. Jyoti T. Micah and Mr. Feroze Khan



The closing Ceremony was held at 4:00 p.m. on 19th May 2023. Mr. Joseph Anil Benjamin, President, NDY, was the Chief Guest. Mr. Rajeev Singh, General Secretary & CEO, New Delhi YMCA was also present along with all the Secretaries, Executives, and Staff.

Mr. R.D Sharma, the officiating Umpire (former national player) for the Tournament was also felicitated

NDY Sports Department - Activity Report



This is a comprehensive overview of the various sports activities within the Sports Department. We are having the following activities on a regular basis

Swimming: The swimming activity has been a popular choice among our members during this period. The pool started from 01st May 2023 and witnessed a steady increase in membership and usage, particularly with the arrival of warmer weather. Here are the key statistics:

- Total Members (Practice): 27 Members
- Total Members (Coaching): 331 Members
- Total Members (Toddlers): 56 Members

Activities: Regular Lap Swimming, Swimming Coaching & Practice, and Recreational Swim Sessions.

1. **Volleyball:** Volleyball also experienced significant participation during the period under review. The number of members engaged in volleyball activities remained consistent, with a total no of 13 members throughout the two-month period. The consistent participation suggests a healthy and enthusiastic volleyball community. Also, the creation of a new volleyball court involved site preparation, leveling the ground, marking boundaries, installing boundary lines and poles, spreading and compacting the appropriate material for the playing surface, and setting up the net and posts
2. **Basketball:** Basketball has a strong presence within our department during this period. The membership count for basketball started at 12 members on 1st April and remained stable at 20 members by 31st May. It is encouraging to witness sustained interest and participation in this popular team sport.
3. **Lawn Tennis:** Lawn Tennis proved to be a popular choice among our members. The volleyball team's membership experienced a slight decline, going from 38 members in April to 36 members on 31st May, 2023.
4. **Karate:** The karate program experienced a consistent level of interest during the specified time frame. We had a stable membership count of 13 participants throughout April and May. This indicates a dedicated group of individuals who are committed to learning and practicing martial arts.
5. **Fitness Center:** Our Fitness Center facilities were well-utilized during the reporting period. The number of Fitness Center members started at 60 on 1st April and increased to 73 members by 31st May. This upward trend suggests a growing awareness of fitness and the benefits of regular exercise within our community.

In conclusion, the membership statistics for various sports activities in our department were encouraging during the period from 1st April to 31st May. The Swimming Pool, Volleyball, Basketball, Lawn Tennis, Karate, and Fitness Center witnessed active participation from our members, showcasing their enthusiasm for sports and fitness. We hope to maintain this positive momentum and continue providing excellent facilities and programs to cater to our members' needs.

NDY SHD Activities Report



The Department of Social and Human Development organized Certificate Distribution Ceremony for Computer Instructors certified by NIIT Foundation on 17th April 2023. Certificates were distributed to Six Visiting faculties namely Ms. Seema, Mr. Shamshad Mr. Rahul, Ms. Varsha, Mr. Sandeep and Ms. Pooja. The programme was graced by the presence of Mr. Felix Fernandes President NDY, Adv. Mr. Sandeep Arora Vice President NDY & Chairman SHD, Dr Sanjeet Singh Vice President NDY, Mr. Rajeev Singh General Secretary & CEO NDY along with the New Delhi YMCA Secretary Carder. Co-Partners from NIIT Foundation – Pawan Kumar Project Manager and Mr. Ashish Jha Associate Project Manager were also present for the programme.

The AGP on “Menstrual Hygiene and Sanitary Pad Distribution” was organized at CDC Daya Basti on 24th April 2023. Awareness of Basic Hygiene among Adolescent Girls and women was shared. The resource persons were Ms. Bhavya & Ms. Dhriti Bhandari from Rotaract of USME. Total 32 participants participated in the programme.

The AGP on “Health & Hygiene” was organized on 25th April 2023 at Community Development Centre Sunlight Colony. The objective was to teach Personal Health & Hygiene to Adolescent Girls & Boys. The Resource Person was Ms. Paramjeet Kaur, Educationist from Parivar Sewa Sanstha. 37 Participants participated in the programme.

The AGP and Painting Competition on World Earth Day was organized on 25th April 2023 at CDC Daya Basti. The objective of the Programme was to make Children understand environmental protection and acknowledge the Global Climate Crisis and also provided a platform for the students to use their painting skills on the topic of World Earth Day. The Resource Person was Ms. Vandana Ezra Lochan Community Organizer – CDC Daya Basti. 15 participants participated in the programme.

NDY SHD Activities Report

The AGP on “Financial Literacy & Introduce the concept of Micro Entrepreneurship” was organized on 27th April, 2nd May and 10th May 2023 with SHG Women at Community Development Centre Sunlight Colony and Community Development Centre Savda Ghevra, with an objective to inculcate the habit of saving among women and how to avoid getting scammed by Online /Offline Fraud. Also, introduce the concept of micro-entrepreneurship to start their own business. The Resource Persons were Mr. Subham, a Student Intern at the Delhi School of Social Work at the University of Delhi and Mr. Vinit from ICICI Foundation. Total of 76 participants participated in the programme.

The AGP on the Importance of Education was organized on 27th April 2023 at CDC Savda Ghevra BVK G-Block and the session was conducted by Mr. Yajuvendra Nagar (staff - Ankur NGO). The objective of the program was to enlighten the children about the importance of education. 57 children participated in the programme.

The AGP on “Right to Education” with youth was organized by CDC Karpoori Thakur on 27th April 2023. The objective of the Programme was to spread awareness on Rights to Education, Zero Tolerance against Discrimination and Harassment. The session was conducted by Mr. Qasim Usmani – a Student Intern from the Delhi School of Social Work the University of Delhi. 25 Participants participated in the awareness programme.

The AGP on “Civil Services Day and how to prepare for Civil Services” was organized on 28th April 2023 at CDC Daya Basti with coaching class students of Baljeet Nagar ALC. The objective of the programme was to spread awareness amongst the students on the process of preparing for the entrance exam for Civil Services and also on how to get Civil Services Post. The resource persons were Ms. Nancy & Ms. Karishma, Student Interns from Aditi Mahavidyalaya, University of Delhi. 14 Participants Participated in the programme.

The AGP on Yoga & Meditation was organized on 28th April & 5th May 2023 at CDC Kalyanpuri. The objective of the session was to develop the habit of meditation and Yoga among youngsters, which is essential for stress-free living. The Resource Person was Ms. Shivali from Yoga Prana Vidhya NGO. 40 participants participated in the programme.

The AGP on “Health and Nutrition” for Adolescent Girls and Women was organized at CDC Kalyanpuri, on 29th April 2023. The objective of the programme was to provide knowledge about low-cost Nutritious Diets, Food for Good Health. The resource person was Ms. Nikita, Educationist from Parivar Sewa Sansthan. Total 45 participants participated in the programme.

The AGP on “How to Save Youth from Crime” was organized on 9th May 2023 at Community Development Centre Sunlight Colony. The objective of the session was to spread awareness on the types of Crimes and how to prevent & save youth from committing different types of Crimes. The youth was also made aware of the punishments related to the Crime. The session was conducted by Ms. Neetu, Counsellor, and Crime Against Women Cell Delhi Police. 37 Youths participated in this programme.

The AGP on “Domestic Violence ACT” was organized with Community and SHG Women on 3rd, 5th and 9th May 2023 at CDC Kalyanpuri, CDC Savda Ghevra and CDC Karpoori Thakur. The objective of the session was to educate the Women on the Domestic Violence Act and the importance of the ACT for empowering Women to know their legal rights. The session was conducted by Ms. Jaya, Para Legal Worker, from Mahila Panchayat Ekta Shiksha Sansthan at CDC Kalyanpuri, Ms. Shivani and Ms. Salma from SPID NGO at CDC Savda Ghevra and Ms. Maria Khanum from United for Humanity at CDC Karpoori Thakur. 82 women participated in the programme.

Visit of the Chairman SHD and Assistant General Secretary SHD to CDC Kalyanpuri

Adv. Mr. Sandeep Arora Vice President NDY and Chairman SHD along with Mr. Vineet Masih Assistant General Secretary, Dept. of SHD, and Programme Officer Ms. Monica Singh SHD visited at Community Development Centre Kalyanpuri and six Alternative Learning Centres on 4th May 2023, to supervise Activities & Programmes and also interacted with the Students and Visiting Faculties of the respective Alternative Learning Centres and Community Development Centre.

Training session on curriculum and activity schedule of Balwadi & Day Care Centres

The “Training & Discussion on Curriculum of Balwadi & Day Care Centres” was conducted on 18th May 2023 at CDC Sunlight Colony. The objective of the programme was to learn and understand the basic component for the Balwadi and Day Care and also discuss the curriculum for Balwadi & Day Care Centres. The training session was organized for the Visiting Faculties of Balwadi & Day Care Centres of all five CDCs.

During the training following sessions were taken by the trained staff of all community Development Centres by Mobile Creche:

- Ms. Annu & Ms. Shashi - Basic Needs of Children and Components of Balwadi & Day Care
- Ms. Poornima & Ms. Nisha - Monitoring of Growth Chart & Nutrition of Children Environment and Decor of Balwadi & Day Care Centre
- Ms. Shivani & Ms. Ranjana - Type and Stages of Development
- Ms. Kavita & Ms. Saroj - Free Play Activities

NDY SHD Activities Report

The training session was attended by Ms. Monica Singh Programme Officer SHD, Community Organizers/Counsellors and Field Supervisors of all the Community Development Centres. 31 Visiting Faculties of Balwadi and Day Care Centre participated in the training session.

Regional Women's/Gender Assembly

The Regional Women's Gender Assembly was organized by Bareilly YMCA from 19th to 21st May 2023 at Sundar Bhawana Bareilly. Mr. Felix Fernandes Regional Chairman North India Region, Adv. Mr. Sandeep Arora Vice President of New Delhi YMCA were present as a resource person. Three Field Supervisors, Ms. Annu, Ms. Reenu and Ms. Ranjana represented the New Delhi YMCA. The Theme of the Assembly was "Impacting Wholeness" and the programme started with a devotion led by Mr. Anosh and Mr. Arpit. Mrs. Rohini Newton President Bareilly YMCA and Mr. Rajneesh Charan Hony. Secretary Bareilly YMCA addressed and welcomed the delegates. Sessions were taken by Mr. Bhen Samson Regional Secretary on "Women in the YMCA", Second session was taken by Ms. Vatsala Prabhu Vice Chairperson of North India Region on "Women-Impacting Change" and the third session was led by Adv. Sandeep Arora. Vice President New Delhi YMCA, The topic was "To Promote Gender Equity in the YMCAs".

The Women's Gender Assembly concluded with a vote of thanks by Mr. Bhen Samson, Regional Secretary. Ms. Ashmita John concluded the assembly by a closing prayer.

Summer Programme

The Department of Social & Human Development all five Community Development Centres started the "Summer Programme" with the students of the respective Community Development Centres from 20th May to 19th June 2023. The objective of the Summer Programme is to keep the children and youth of the Community involved in various constructive activities and also utilize summer vacations in a creative way which will enhance the skills and talent of the children. The activities are Dance, Art & Craft, Dress Designing, Advance Makeup and Mehendi. Total of 502 children and youth are enrolled in the Summer Programme at all five Community Development Centers.

Visit of the AGS SHD and Trainee Secretary to the CDCs

Mr. Vineet Masih Assistant General Secretary and Trainee Secretary Mr. Ashish Ponnachan Abraham along with Programme Officer SHD Ms. Monica Singh visited at all five Community Development Centres and Alternative Learning Centres to supervise Activities & Programme and also interacted with the Students and Visiting Faculties of the respective Alternative Learning Centres and Community Development Centres.





वाईएमसीए के रूरल कम्युनिटी डेवलपमेंट सेंटर होडल में स्पोर्ट्स अवेयरनेस कार्यक्रम आयोजित

आज समाज नेटवर्क

होडल। वाईएमसीए के रूरल कम्युनिटी डेवलपमेंट सेंटर होडल में स्पोर्ट्स अवेयरनेस कार्यक्रम का आयोजन किया गया। इस कार्यक्रम का मुख्य उद्देश्य नौजवानों को खेलकूद क्रियाकलापों के विषय में जानकारी प्रदान करना था। इस कार्यक्रम के मुख्य अतिथि होरलाल कर्मांडो नेशनल एथलीट एवं विशिष्ट अतिथि मीडिया बंधु रहे न्यू दिल्ली वाईएमसीए होडल के इंचार्ज दयामय मेहता ने मुख्य अतिथि एवं विशिष्ट अतिथियों का पुष्प माला पहना कर स्वागत एवं सम्मान किया।

इस अवसर पर मुख्य अतिथि होरलाल कर्मांडो ने सभी बच्चों को संबोधित करते हुए कहा कि आज हर व्यक्ति को अपने स्वास्थ्य की चिंता है। वह चाहता है कि स्वस्थ रहकर जीवन बिताए। स्वस्थ रहने के लिए व्यायाम, संतुलित पोषक-आहार आदि तो महत्वपूर्ण घटक हैं। इसके अलावा खेल बहुत महत्वपूर्ण है। जीवन में खेलकूद का भी उतना ही महत्व है, जितना कि पढ़ाई-लिखाई का। खेलकूद न केवल छात्रों का मनोरंजन करते हैं अपितु उनके स्वास्थ्य को भी उत्तम बनाते हैं। यदि बच्चे प्रसन्न और स्वस्थ रहेंगे तो पढ़ाई लिखाई की ओर भी



स्पोर्ट्स अवेयरनेस कार्यक्रम का आयोजन सभी एक साथ।

ध्यान देंगे। इसके साथ ही मीडिया बंधु रतन सिंह ने सभी बच्चों को बताया कि आज के समय में अगर आप भी स्पोर्ट्स में अपना भविष्य बनाना चाहते हैं, तो सबसे पहले खुद को परिश्रमी बनाना आवश्यक है। अगर स्कूलों में खेलों को बढ़ावा नहीं दिया जाएगा, तो कोई भी देश एक बेहतर खिलाड़ी की खोज नहीं कर पाएगा।

इस अवसर पर न्यू दिल्ली वाईएमसीए के इंचार्ज श्री दयामय मेहता ने बताया कि जो विद्यार्थी नस्लेकी बुरी

आदतों के शिकार हैं जैसे कि शराब पीना, धूम्रपान करना, ड्रग्स लेना इत्यादि करता है। उन सभी को छोड़कर स्पोर्ट्स में अपना कैरियर बनाएं। न्यू दिल्ली वाईएमसीए होडल, जल्दी ही होडल में एक स्पोर्ट्स एकेडमी की शुरुआत करने जा रहा है। इसके साथ ही यहां पर बेसिक कंप्यूटर की क्लास भी चलती है। स्पोर्ट्स में आगे बढ़ने के लिए जिन विद्यार्थियों को जिस वस्तुओं की आवश्यकता होगी, वाईएमसीए होडल उन्हें प्रदान करेगा। गरीबों की

छुट्टियों में बच्चों का पढ़ाई से मन हट न जाए, इसलिए वाईएमसीए होडल इन बच्चों के लिए समर कैम्प का आयोजन कर रहा है, जिसमें बच्चे बहुत सी गति विधियों में भाग ले सकेंगे। जिसमें डॉस, आर्ट क्राफ्ट, मेहदी/कैलीग्राफी, सेल्फ डिफेंस इत्यादि। इस अवसर पर जीवेश, सुनील कुमार, नरेश रावत, राजेश शर्मा, मनोष, शॉवि, रंजु शर्मा, रेखा, पूनम, निशा, जोगेंद्र, मुकेश कुमार, डाल चंद, धर्मवीर आदि उपस्थित रहे।

आज समाज

वाईएमसीए के रूरल कम्युनिटी डेवलपमेंट सेंटर होडल में आज किया स्पोर्ट्स अवेयरनेस कार्यक्रम आयोजित



रतन सिंह

होडल : वाईएमसीए के रूरल कम्युनिटी डेवलपमेंट सेंटर होडल में स्पोर्ट्स अवेयरनेस कार्यक्रम का आयोजन किया गया। इस कार्यक्रम का मुख्य उद्देश्य नौजवानों को खेलकूद क्रियाकलापों के विषय में जानकारी प्रदान करना था।

इस कार्यक्रम के मुख्य अतिथि होरलाल कर्मांडो नेशनल एथलीट एवं विशिष्ट अतिथि मीडिया बंधु रहे न्यू दिल्ली वाईएमसीए होडल के इंचार्ज दयामय मेहता ने मुख्य अतिथि एवं विशिष्ट अतिथियों का पुष्प माला पहना कर स्वागत एवं सम्मान किया। इस अवसर पर मुख्य अतिथि होरलाल कर्मांडो ने सभी बच्चों को संबोधित करते हुए कहा कि आज हर व्यक्ति को अपने स्वास्थ्य की चिंता है। वह चाहता है कि स्वस्थ रहकर जीवन बिताए। स्वस्थ रहने के लिए व्यायाम, संतुलित पोषक-आहार आदि तो

महत्वपूर्ण घटक हैं। इसके अलावा खेल बहुत महत्वपूर्ण है। जीवन में खेलकूद का भी उतना ही महत्व है, जितना कि पढ़ाई-लिखाई का। खेलकूद न केवल छात्रों का मनोरंजन करते हैं अपितु उनके स्वास्थ्य को भी उत्तम बनाते हैं। यदि बच्चे प्रसन्न और स्वस्थ रहेंगे तो पढ़ाई लिखाई की ओर भी ध्यान देंगे। इसके साथ ही मीडिया बंधु रतन सिंह ने सभी बच्चों को बताया कि आज के समय में अगर आप भी स्पोर्ट्स में अपना भविष्य बनाना चाहते हैं, तो सबसे पहले खुद को परिश्रमी बनाना आवश्यक है। अगर स्कूलों में खेलों को बढ़ावा नहीं दिया जाएगा, तो कोई भी देश एक बेहतर खिलाड़ी की खोज नहीं कर पाएगा। इस अवसर पर न्यू दिल्ली वाईएमसीए के इंचार्ज श्री दयामय मेहता ने बताया कि जो विद्यार्थी नस्लेकी बुरी आदतों के शिकार हैं जैसे कि शराब पीना, धूम्रपान करना, ड्रग्स लेना इत्यादि करता है।

The Rural Community Development Centre Hodal organised an Awareness Generation Programme on Wednesday, 31st May 2023 for the children, Topic for the programme was Awareness of Sports Activities. The programme started with a word of prayer for the children. The objective of this programme is to create awareness of athletics and making a career in sports. The resource person Mr. Heera Lal Comando, National Athlete while addressing the children he said that today every person is worried about their health. They want to lead a healthy life and focus on exercise and have a balanced nutritious diet which is important to stay healthy. Apart from this sports are equally important in life as it is also a part of their education. Sports and games not only entertain the students but also improve their fitness. If the children remain happy and healthy, it will improve their concentration which will help in their studies. It also makes them hardworking and can develop themselves for a career in sports. The programme was attended by 40 children. They were very happy to participate in this AGP and received good information for their betterment and growth. They benefited a lot from this Awareness Generation Programme and will try to use it for their holistic development.

Sports & Recreational Activities at GNPC



This report provides a complete summary of GNPC's membership data and activities for the various sports facilities. The following information summarises the number of members for each activity from 1st April to 31st May 2023.

Fitness Centre - The total number of members in the Fitness Centre is - 43. As summer vacation has started membership has increased and is still increasing day by day.

Basketball & Lawn Tennis - A new and vibrant, world-class synthetic court has been constructed for the Members of GNPC.

Karate - Member under the age of 20 enjoying learning Karate and participating in the Karate Tournament organized in Greater Noida. The total number of members in Karate is 12.

Cricket - As Cricket is loved by many and since the IPL has just recently ended the total number of members in Cricket is 27. The members practice 3 days a week and on Sunday play matches with other clubs in Greater Noida.

In conclusion, a new synthetic court for Basketball and Lawn Tennis has been extended at GNPC, where members can develop their skills and also enjoy the facility. As the summer season has started, the membership here at GNPC has increased in various activities which are - basketball, lawn tennis, karate, cricket, and fitness center. Here at GNPC provides experienced coaches who train the members more effectively and efficiently. Members and people visiting GNPC admire the lush green campus and its facility, as they spend time doing numerous activities along with their families.

Blessing & Dedication of the Synthetic Courts at GNPC



The blessing and Dedication Ceremony of the Extension of the Synthetic Court for Basketball and Lawn Tennis was organized on 05th May 2023 at the Greater Noida Programme Centre (GNPC). It was an important milestone in the history of GNPC as well as the New Delhi YMCA. Now we have added Olympic size Basketball Court and Lawn Tennis Court along with the full-size Swimming Pool, which already exists in the GNPC premises. Through these facilities, YMCA will provide good and professional training for the children and youth from the community.

The program started with a Prayer by Rev. Osmond David, Executive Director, MDIS, and Mr. Rajeev Singh, General Secretary & CEO of NDY extended a warm welcome to all the Dignitaries and Guests present on the occasion. The President of New Delhi YMCA, Mr. Felix Fernandes gave the Presidential Address and shared his Greetings with the gathering. The Vice President, NDY, and Chairman, GNPC, Dr. Sanjeet Singh shared his vision and future plans for GNPC.

The Scripture Readings were done by Adv. Sandeep Arora, the Vice President, of NDY, and Mr. Ashish Thorat, Associate General Secretary, NDY. The vote of thanks was proposed by Mr. Hemant Agrawal, Assistant General Secretary, NDY, followed by Lord's Prayer and Benediction by Rev. Sunil Ghazan.

Rev Sandeep David, Presbyterian In-charge, Christ Church Noida, along with Rev. Sunil Ghazan, Secretary, Diocese of Delhi, CNI, conducted the Blessing and Dedication Ceremony. Mr. Felix Fernandes, President, NDY did the unveiling of Dedication Plaque along with Dr. Sanjeet Singh, Vice President, NDY & Chairman of GNPC. The Dignitaries and all the Secretaries joined them during the ceremony. All the Dignitaries and Secretaries were part of the ceremony.

Immediately after the Inauguration, a Basketball match was played between the Teams of MDIS and YMCA. The program was followed by a lunch with all the Dignitaries, Secretaries, and MDIS Team at the Auditorium.



The New Delhi YMCA organized a Prayer Breakfast Fellowship on Saturday, 27th May 2023 at 8:30 a.m. at 'Y' School of Music Hall, NDYMCA, Jai Singh Road, New Delhi. The prayer meeting commenced with a word of Prayer extended by Mr. Mark Anugrah Biswas, Trainee Secretary, NDY. It was followed by the congregational Hymn "O Lord Our God". Thereafter, Mr. Noel Phillips Associate General Secretary, NDY accorded a warm welcome to everyone in attendance. He also introduced the new Trainee Secretaries. Mr. Akash Matthews and his team led the Praise and Worship. The Scripture portion from the Gospel of Matthews 5:13 – 16 was read by Mr. Sarthak Joel Tunious, Trainee Secretary, NDY. Mr. John Samuel was the Guest Speaker for the occasion with a spiritual and encouraging message from the Lord our God. The Fellowship concluded with a closing prayer and Benediction by Rev. Sunil Solomon Ghazan. The meeting closed with a Vote of Thanks by Mr. Gladwin Lal, Assistant General Secretary, NDY. 60 people attended the program and were blessed by the Fellowship.



Secretaries Joining after Professional Secretarial Training



ASHISH CLIFTON
SECRETARY



HARSHUL SINGH
ASSISTANT SECRETARY



SAGAR EMANUEL PAUL
ASSISTANT SECRETARY

The 3 Secretaries that were deployed for Professional Leadership & Secretarial Training at United Theological College (UTC) Bangalore, have successfully completed their training and have joined the New Delhi YMCA w.e.f April 2023. Their UTC Training was scheduled from 15 May 2022 to 31 March 2023, which was followed by the Valedictory Ceremony on 02 April 2023. Mr. Ashish Clifton, Secretary, has been stationed at the Corporate Office at Jai Singh Road, handling The Department of Program, Cultural & Tribal (PCT), IT, and Communication & PR. Mr. Sagar Paul, Assistant Secretary, is deputed at Greater Noida Program Centre (GNPC), and Mr. Harshul Singh, Assistant Secretary, is posted at Sattal Campsite cum Programme Centre, Uttarakhand. The New Delhi YMCA wishes them blessings and best wishes for the responsibilities bestowed upon them as NDY Secretaries.

Introduction of the New Trainee Secretaries



SARTHAK JOEL TUNIOUS
TRAINEE SECRETARY



MARK ANUGRAH BISWAS
TRAINEE SECRETARY



ASHISH PONNACHAN ABRAHAM
TRAINEE SECRETARY

With the purview of further strengthening the Secretary Cadre, the NDY Board and Management inducted 03 new Trainee Secretaries recently. The trainee secretaries joined the NDY in the month of May 2023 and are under supervised training with various departments & Secretaries of NDY. Currently, Mr. Ashish Abraham is posted at GNPC Greater Noida; Mr. Sarthak Tunious is placed at Sattal Campsite cum Programme Centre Uttarakhand; and Mr. Mark Biswas is stationed at Rural Community Development Centre (RCDC) Hodal. The New Delhi YMCA wishes the new trainee secretaries all the best as they begin their journey as YMCA Secretaries, to work and serve towards the extension of the Kingdom of the Lord Jesus Christ through the NDY.

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