

NDY TODAY

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GENERAL SECRETARY & CEO SPEAKS



NEW DELHI YMCA
Established 1927



FROM THE OFFICE OF THE PRESIDENT

Dear Friends,

Greetings!

While it's difficult to be entirely optimistic, we must believe. "This too shall pass". There are so many difficult things we are living through in life, but we cannot let them stop us. No matter what happens, we must move forward with optimism.

New Delhi YMCA too is looking ahead to set things right while coming out of the pandemic situation. The YMCA Public School after receiving CBSE affiliation sees a sudden rise in demand for admissions. The Human Potential Development Programme (HPDP) is showing a gradual upward trend,

750 admissions in 2020-21 have jumped to 1350 in 2021-22. We hope and pray to raise it to around 1800 in 2022-23. Hospitality Sector, Tourist Hostel, Greater Noida, and Sattal too are looking forward to uninterrupted 2022-23. Mission Programmes continue ONLINE and hopefully, by April 2022 we plan to go Hybrid (Online + Offline).

Once again a sincere thanks to the leadership at Policy-Making Level, Y Secretary Cadre, Executives, and Staff for their hard work and sincere efforts in sustaining and carrying forward the Mission.

Keep your YMCA in Prayers.

Regards,
Mark Clive
General Secretary & CEO

Dear Friends and Members of the NDY,

Greetings in His Precious Name!

The past year has been a combination of troubles, challenges, obstacles, and unknown situations due to the adverse effects of COVID, but the Grace and Mercy of our Lord and Saviour Jesus Christ have prevailed yet again and taken us through these difficulties, and blessed us all, with yet another opportunity to exercise our Faith and Trust as we endure what 2022 has in store for us.

The NDY has overcome tremendous circumstances and we have successfully reached the end of the Business Year, amid the waves of the Pandemic.

The Never Give Up attitude of the NDY Staff, Executives and Management has sustained the NDY through yet another year of difficulties, and we have come out successful and financially stable through it all.

Keeping the future leadership of the NDY in perspective, the Secretarial Cadre has been strengthened and dynamic individuals have been inducted in the NDY Cadre to continue the legacy and values of the NDY.

We have also worked on enhancing the representation of the NDY Membership, in order to inculcate a sense of newness and youth among the NDY Members.

The NDY is now strategizing and planning the coming financial year, amid the uncertainties of the Global Pandemic / Endemic situations and by the Divine Intervention of our Lord, we believe that NDY will have a Blessed 2022.

Please continue to keep the New Delhi YMCA, its activities, and its Mission in your Prayers.

Regards and God Bless
Jovial Vaghela
President



Re-Dedication of the NDY Board Room



The New Delhi YMCA Board Room was renovated and renewed recently in order to further enhance the Infrastructure and Facilities at the NDY, as part of the Beautification of the NDY. State-of-the-Art Technological and Interior Upgrades have been added to the NDY Board Room and the Beauty and Functionality of the Board Room has been enhanced for future meetings and deliberation by the Top Management and Leaders of the NDY. The NDY Board Room was Rededicated on 10 February 2022. Rev. Timothy Shaw, Presbyter-in-charge, Free Church, Sansad Marg, New Delhi, blessed the new Board Room with Prayers and a wonderful Message highlighting the Importance of Unity, Leadership, and Adherence to the Scriptures & Doctrines of Jesus Christ. The gathering began with Praise and Worship led by the NDY Secretarial Cadre and NDY Executives. The Respected Board Members along with the NDY Cadre and Executives participated in Prayers and Fellowship led by Rev. Timothy Shaw. A Special Multi-lingual Bible was also dedicated to the Board Room, for references and guidance during meetings.



Healthy Living Initiative by Students & Youth Committee



God said, "Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food" - Genesis 1:29

With this fast world, our lives are also running at a fast pace. Months are counted in weeks and weeks are counted in hours. EOD which once was understood as "Every Other Day" is now accepted as "End Of Day". With this fast life, we humans are compromising on the things which are important for sustaining our bodies. Substitutes and supplements are replacing wholesome meals and naturally grown vegetables are replaced with processed food. It is evident that we as human beings are going through the worst health index throughout history. Lifestyle disorders are at their peak and medical conditions like Diabetes, Hypertension, obesity, etc. are not just common but prevalent. Keeping in view all these things and answering the call of much-required guidance, the New Delhi YMCA Students & Youth Services organized a webinar with the topic "Healthy Living". On 12th February 2022 at 12:00 pm people from different walks of life came together to understand the grave situation and determined to make a change. The subject matter expert Ms. Anu Chopra took the participants on a journey of understanding what healthy living is and also shared common but effective methods of how to bring one's life back on track by making healthy choices. Ms. Chopra is a 15 year veteran in the field of Diet & Nutrition, a Gold Medalist from Banaras Hindu University, and a BSc and MSc from Bombay University. Around 76 participants including the Chairman of Students & Youth committee Mr. Girish Varghese and General Secretary & CEO, Mr. Mark Clive, members and wellwishers of the New Delhi YMCA participated in an exhaustive study of different nutrients which our body requires for healthy functioning and how and where to get them. Ms. Chopra also took examples from the daily living patterns and lifestyles of individuals and the common mistakes we all make on an everyday basis. Mr. Mark Clive also participated and shared his views about the necessity of having a healthy lifestyle. Mr. Girish Varghese shared his concerns about the lifestyle habits of the young generation. Mr. Varghese also emphasized the necessity and benefits of relaxation and destressing. Ms. Chopra while answering the queries of the participants mentioned that seasonal vegetables and protein alternatives should be part of our daily diet. To Summarize, it is our duty to take care of our health as there is no better blessing than having a healthy body and a healthy mind. "It is health that is the real wealth and not pieces of Gold and Silver" - Shri Mahatma Gandhi.



NDY RCDC Hodal is back in Full Swing!!!



New Delhi YMCA Public School, Rural Community Development Centre Hodal has restarted after a long break due to the Covid-19 Pandemic. The activities of the School have begun again for YPS RCDC Students and other children within the Hodal Community. Children have access to various activities such as Running 400 meters track, High Jump, Long Jump, Volleyball, and other Adventure Activities like the Burma Bridge, Flying Fox, River Crossing, etc. Sports and activities enhance the educational values of children along with providing them with fitness and great health, through the facilities of YPS RCDC Hodal.



Obituary

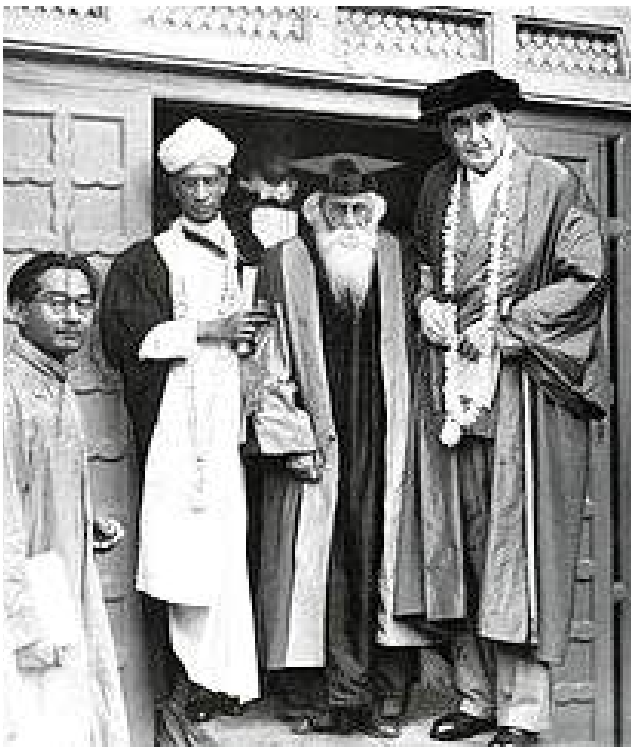


With heartfelt grief, we would like to inform you about the sad demise of **Mrs. Celia Indira Khan**, wife of Mr. Richard Khan, NDY Member, who went to her heavenly abode on 09 February 2022. Mrs. Khan was a Teacher by Profession. Kindly uphold the bereaved family in your prayers. May her soul rest in peace.

Mr. John Mallikarjun, NDY Member, father of Mr. Rajeev Mallikarjun, NDY member, went to his heavenly abode on 12 February 2022. Mr. John Mallikarjun was a true YMCA person, served as Volunteer, Director Institute of Civil Services (now Institute of Career Studies) in the 70s, and later was instrumental in setting up the Social Concerns, Extension & Development Division now known as Social Human Development division of New Delhi YMCA. He was given other challenges in the 80s and 90s to take forward Y-Mission work. One such major program was making Delhi literate in coordination with the Government of Delhi. 110 Literacy Centres were set up in and around Delhi. During his tenure, he was also asked to take care of other academic institutes like the Institute of Office Management and the Institute of Management Studies. May his soul Rest in Peace.



Did You Know ?



Sir Maurice Gwyer, the longest-serving Vice Chancellor at the University of Delhi, was the President of the New Delhi YMCA between 1939 - 1944. Sir Maurice Linford Gwyer, GCIE, KCB, KCSI, KC (25 April 1878 - 12 October 1952) was a prominent British lawyer, judge, and academic administrator. He served as Vice Chancellor of Delhi University from 1938 to 1950, and as Chief Justice of India from 1937 to 1943. He is credited with having founded the college "Miranda House" in 1948 in Delhi which was named after his Daughter Miranda Gwyer. The prestigious "Gwyer Hall" at Delhi University is also named after him. He became an honorary student of Christ Church (1937), an honorary DCL of Oxford (1939), LLD of Travancore (1943) and Patna (1944), and DLitt of Delhi (1950).