



NEW DELHI YMCA  
Established 1927

# NEW DELHI YMCA NEWSLETTER

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**FROM THE DESK OF THE  
GENERAL SECRETARY & CEO**



**NEW DELHI YMCA**  
Established 1927



**FROM THE OFFICE OF  
THE PRESIDENT**

Dear Readers of the New Delhi YMCA Newsletter

The Young Men's Christian Association, is a global organization with a profound mission that reaches back over a century. Established in 1844 by George Williams in London, its primary aim was to address the spiritual and physical well-being of young men during the height of the Industrial Revolution. Since then, the YMCA has evolved into a multifaceted organization with a broad mission that encapsulates youth development, healthy living, and social responsibility. This essay will delve into the YMCA's mission, its historical roots, and the contemporary relevance of its endeavors.

The YMCA's origins lie in the heart of a rapidly industrializing world, where young men were often displaced from their rural homes to urban centers in search of work. George Williams, an industrious draper, recognized the moral and spiritual challenges faced by these young men amidst the chaos of industrialized cities. As a committed Christian, he founded the YMCA with the vision of providing them with a safe haven where they could grow spiritually, mentally, and physically.

The YMCA recognizes the importance of nurturing the mind, body and spirit. Its commitment to youth development is evident in programs that provide educational support, mentorship, and opportunities for personal growth. Whether through after-school programs, summer camps, or leadership training, the YMCA helps young people reach their full potential.

Healthy living is another pillar of the YMCA's mission. It offers fitness facilities, classes, and wellness programs that cater to people of all ages. By promoting physical fitness, the YMCA addresses critical health issues, such as obesity and chronic diseases, and encourages a lifestyle of well-being.

Social responsibility is the third dimension of the YMCA's mission. It emphasizes community engagement and volunteerism. By participating in local initiatives and global campaigns, the YMCA encourages its members to become responsible citizens who contribute positively to society. This aspect of its mission aligns with the idea that a strong community is built on collective responsibility and mutual support.

In today's fast-paced, interconnected world, the YMCA's mission remains highly relevant. The challenges faced by young people have evolved, but the need for guidance, mentorship, and support remains constant. Additionally, the emphasis on healthy living is more critical than ever, given the rising rates of sedentary lifestyles and obesity. Moreover, social responsibility is increasingly vital as we grapple with global issues like climate change, social inequality, and the well-being of future generations.

The YMCA's mission has evolved over the years to address the changing needs of society, but its core principles of nurturing the spirit, mind, and body for a better world continue to guide its actions. This mission reflects the enduring commitment of the YMCA to help individuals and communities thrive. Whether through spiritual exploration, youth development, promoting healthy living, or encouraging social responsibility, the YMCA's mission is a testament to the enduring power of an organization dedicated to making the world a better place.

God Bless the New Delhi YMCA

With Warm Regards,  
*Rajeev Singh*  
General Secretary & CEO

Dear Members & Well-wishers of the New Delhi YMCA,

Greetings in the Majestic name of our Lord and Saviour Jesus Christ.

Our Great Nation celebrated its 77th Independence Day recently and it is a matter of great pride and honour to be a part of this blessed land full of heritage, diversity, culture, and uniqueness. As we celebrate this milestone, we need to realize that our nation is a conglomeration of the vivid efforts of multifaceted individuals, organizations, and entities; among which, the YMCA movement is one of the integral players.

The Constitution of India and the foundational essence of New Delhi YMCA (NDY) share some vital similarities with respect to the governance and implementation of Justice, Peace, Social Development, Equality, Opportunity, Religious Neutrality, etc. which are an essential part of the YMCA Paris Basis, which encourages and motivates each individual to dedicate their efforts towards Meaningful Work, Gender Justice, Sustainability of the Planet, and Moral & Ethical Practices.

As members, partners, beneficiaries, and patrons of the NDY we have to continually ensure that the vision and mission of our esteemed YMCA movement is carried on with compassion, allegiance, and commitment, through the functionalities of the NDY. To keep up with the rapid pace of Industrialization and Global Development, we need to make full use of the technological advances and modern work cultures, to adopt and implement newer methods to attain our tasks and responsibilities. NDY is striving to become paperless in the near future.

In following the well-laid-out ideologies of the New Delhi YMCA and the valuable constitutional principles of our Nation, we can ensure the Social, Human, Spiritual, and Holistic welfare and development of ourselves, our families, peers, society, and the community at large.

Kindly continue to keep the New Delhi YMCA in your Prayers.

Regards & God Bless,  
*J A Benjamin*  
President, NDY





## Prayer Breakfast Fellowship by Department of Christian Emphasis



The New Delhi YMCA organized a Prayer Breakfast Fellowship on Saturday, 10th June 2023 at 8:30 a.m. at the Heinz Auditorium, Tourist Hostel, YMCA, Jai Singh Road, New Delhi. The prayer meeting commenced with a word of Prayer offered by Rev. Sunil Solomon Ghazan, Member, NDY. It was followed by the congregational Hymn "There Shall be Showers of Blessing". Thereafter, Mr. Noel Phillips, Associate General Secretary, NDY extended a warm word of welcome to everyone in attendance. Mr. Santosh and his team from St. Martin's Church led the Praise and Worship. The Scripture portion from Psalm 22 was read by Pastor Sunil Masih. Mr. Babu Abraham the Guest Speaker delivered a meaningful message from the Lord our God. A special song was sung by Mr. Nelson Nathaniel. The Fellowship concluded with a closing prayer and Benediction by Rev. Morrison Rose, Member, NDY. Mr. Gladwin Lal, Assistant General Secretary, NDY, proposed the vote of thanks.



# Prayer Breakfast Fellowship by Department of Christian Emphasis



The New Delhi YMCA organized a Prayer Breakfast Fellowship on Saturday, 12th August 2023 at 8:30 a.m. at the Heinz Auditorium, Tourist Hostel, YMCA, Jai Singh Road, New Delhi.

The Prayer Fellowship began with a word of Prayer offered by Rev. Joel Prem, Chairman, Christian Emphasis Committee, New Delhi YMCA. It was followed by the congregational Hymn "Guide Me, O Thou Great". Thereafter Mr. Rajeev Singh, General Secretary & CEO New Delhi YMCA, welcomed everyone present. Members of Y School of Music Band led the Praise and Worship.

The Scripture portion from Book of Acts 2:42-47 was read by Mr. Alope Michyari, Vice President, New Delhi YMCA

Rev. Richard Howell, Principal, Caleb Institute, was the Guest Speaker for the occasion with a spiritual and encouraging message. Mr. John Barla, Minister of State for Minority Affairs, was Guest of Honour for the programme. He briefed how Christian people could benefit from the different schemes runs by the Central or State Government.

The Meeting closed with a word of prayer and Benediction by Rev. Sunil S Ghazan Vice Chairman CE, New Delhi YMCA. The vote of thanks was offered by Mr. Gladwin Lal, Assistant General Secretary, New Delhi YMCA. Around 140 people attended the program.



## Medical Camp by Department of Programme, Cultural and Tribal Committee



The New Delhi YMCA, Department of Programme, Cultural and Tribal Committee (PCT) organized a Free ENT Ophthal Dental Health Checkup Camp in association with ENTERGRITY for the New Delhi YMCA Members and Staff of New Delhi YMCA on Saturday 12 August 2023 at the Y School of Music, Recreation Hall.

Mr. John Barla, Minister of State for Minority Affairs was the Chief Guest and Mr. Bhubaneswar Kalita, Member, Rajya Sabha was the Guest of Honour.

The Program began with an Opening Prayer by Mr. Hemant Agarwal, Assistant General Secretary, who prayed for the gathering and the success of the Initiative. Mr. Alope Michyari, Chairman PCT, shared his valuable greetings and good wishes along with some insightful thoughts and expressed his appreciation for the conceptualization of the Program. Greetings and wishes were also shared by Mr. J.A. Benjamin President New Delhi YMCA welcoming the gathering and team of Doctors.

The Free Medical Camp was highly appreciated by everyone and more such Medical Camps are in the pipeline, for the near future.



## Programmes and Activities from 1st July to 15th August 2023

Regular activities are going on in full swing in the Sports Department of New Delhi YMCA. Along with its regular activities, Sports Department is organising many events to promote and flourish Sports coaching in and around Delhi area. Following is the brief report of the activities and programmes conducted in the Sports Department from 01st July till 15th August 2023.

The Department of Sports organised the Final Test and the Valedictory of the Lifeguard and Instructor Renewal Course. Final Test was conducted on 28th July 2023 by Mr. Joseph Kuok International Swimmer) and Mr. Satish Chander (NIS recognised Trainer). Total number of 21 candidates underwent Lifeguard and Instructors' Renewal Course. All the successful candidates were awarded with Certificate. Lifeguard Course and Instructor Training was also conducted by New Delhi YMCA, in which 29 candidates completed the course successfully and were awarded with Certificates. The Course Director for this was Mr. Rajkumar (Renowned Swimming Coach).



On August 12, 2023 the Hon'ble Minister of State for Minority Affairs Govt. of India), Mr John Barla along with Mr. Bhubaneswar Kalita, Member of Rajya Sabha visited the Fitness Center and Swimming Pool at the Sports Arena of New Delhi YMCA. Honourable Minister and his team were all praise for the facilities in the Sports Department. They appreciated the services New Delhi YMCA is providing for the youth and children



New Delhi YMCA, Department of Sports has been conducting regular coaching in Lawn Tennis, Basketball, Volleyball, Karate and Swimming. It is also running a Fitness Center with good facilities. We have the best of Coaches and Instructors for training in the Sports. All the activities are running with a good number of Members in different batches. We have very good participation from our members, who are showcasing their enthusiasm for sports and fitness throughout the year.

1. Swimming Pool: Swimming Coaching is provided for the beginners and Practice for the swimmers. Swimming Pool is open in the morning from 6:00 am till 10:00 am and again in the evening from 3:00 pm till 9:00 pm. A total of 5 Coaches and Lifeguards (Male and Female) give coaching to all the enrolled members.

The total number of Members registered for Swimming Practice was 62, For Swimming Coaching it was 488 and for Toddlers it was 24 Members from 1st July to 15th August 2023.



Volleyball coaching is being provided to the members in the evening from Monday to Friday by professional Coaches. In Volleyball activity the number of members is gradually increasing.

For Basketball, Coaching, classes are conducted in the evening on alternate days. Total participation for Basketball coaching was 33 members from 1st July to 15th August 2023.

The Lawn Tennis coaching is being conducted both in the morning as well as in the evening. 45 members registered during 1st July to 15th August 2023 for Lawn Tennis coaching and practice.



YMCA Fitness Center facilities are well-utilized. We have two well-trained Gym Instructors, who spend time with the members and guide them to achieve in their Fitness goals. 105 Members were registered for Fitness Center during 1st July to 15th August 2023.



36 Members were registered in the period of 1st July to 15th August 2023 for Karate classes. Karate coaching is being provided to the members in the evening hours thrice a week by professional Trainers.



# Greater Noida Programme Centre

Greater Noida Programme Centre is a well-known and most sought-after property for recreational purposes in the Greater Noida. GNPC focuses primarily on the needs, goals, and desires of young people. Over the years, people from all walks of life, irrespective of Cast, Creed and Gender, have been getting the opportunity to avail facilities in various sports activities.

The GNPC is conveniently situated, covering six acres of land with breathtaking atmosphere. GNPC is a multi-purpose recreational facility that serves the needs of different people, families, organisations, and business entities. Elders love to throng the GNPC campus and engage in leisure activities, spend time in the restaurant, take a walk, sit on benches under the tree shade and love to breathe in the overall ambient green environs of the premises, while they watch or wait for their loved ones who meanwhile indulge in their respective activities.

GNPC offers following Sports & Recreational activities.

## Basketball:

We have a newly renovated Basketball court with a modern synthetic surface of International standards. We are getting good response in terms of new registrations since the new basketball court has been laid. The month of July 11 students registered for basketball coaching.

## Cricket:

A lush green top sports field is being used for Cricket. Our Cricket coaching programme in July 2023 recorded a membership of 32 students. They enjoy the environment and the surroundings with a professional coach. We are in the process of improving facilities for Cricket coaching, so that we are able to provide the best quality infra-structure to our programme participants.

## Fitness Centre:

We at GNPC have a state-of-the-art indoor Gym facility with professional coach/fitness instructor. As per the usual demand, Gym attracted an impressive number of members from in and around Greater Noida. The total number of gym memberships for the period stood at 105 members. The air conditioned modern gymnasium with the best equipment and machines has been the main attraction for the residents in the area. We have been getting some overwhelming response for our fitness centre and people really enjoy coming and availing the facilities which are well maintained.

## Karate:

We also have a Karate training programme and we to organise competitions from time to time to encourage the students to regularly attend the sessions and learn self-defense techniques. The total number of students in the month of July was 39.

## Lawn Tennis:

Another major attraction of the GNPC property among outdoor sports is the Lawn Tennis facility. It boasts of an International standard turf that is used for coaching as well as recreational purposes. In terms of memberships we had 34 enthusiasts for Tennis coaching in July 2023.

## Swimming Pool:

Another feather in our cap is the Olympic size Swimming pool. We hold regular coaching programmes for beginners and swimming practice sessions for professionals as well. The swimming pool is open from April to September every year wherein 537 members enjoyed our facility in the July 2023 time period.

## Auditorium:

GNPC also has an Auditorium, which is fully air-conditioned and has a seating capacity of 150 people. Various Programmes / Conferences / Seminars and Workshops are organised in this facility.

## Restaurant:

The GNPC features a large Restaurant with a seating capacity for 100 people. The restaurant has a multi-cuisine menu and offers both A la Carte and Buffet options.

**Guest Rooms / Accommodation:** GNPC offers 24 air conditioned rooms Our accommodations is available for our Members on a single, double, or triple occupancy basis, depending on their needs.





# Greater Noida Programme Centre- Prayer Breakfast Fellowship



The New Delhi YMCA - Greater Noida Programme Centre organised Prayer Breakfast Fellowship on Saturday, 22nd July 2023 at 9:30 a.m. in the GNPC auditorium.

The Fellowship began with a wonderful prayer offered by Mr. Ashish Clifton, Secretary, New Delhi YMCA. Mr. Hemant Agarwal, Assistant General Secretary, New Delhi YMCA cordially welcomed the gathering. This edition of the Prayer Breakfast Fellowship saw an enthusiastic attendance of approximately 70 people. Mr. Vijay Russell, Chairman, GNPC extended joyful greetings to all the Members present. He also encouraged the congregation to participate in activities and make use of the facilities at GNPC.

The Praise and Worship session was led by the popular Yeshu Ke Geet Ministries Group consisting of the father-daughter-son trio of Shawn, Shannon and Mr. Rajinald Milton. They sang three beautiful songs: 'Yeeshu Bula Raha', 'Hallelujah Stuti Gaaye Hum' and 'Karte Hain Teri Hum Stuti'. The same Group led the house in Congregational Hymn, 'Aaj Ka Dinn Yahova Ne Banaya Hai', which filled the Auditorium with a graceful atmosphere. The audience joined fervently in the worship through the music.

Before the Sermon, the Scripture portion was read in English and Hindi from the Book of Jeremiah 29:11, by Mr. Harshul Singh, Assistant Secretary, New Delhi YMCA. The Guest Speaker, Rev. Samson Arthur from Assembly of Believers Church, Greater Noida, delivered the word of God and pronounced the importance of counting our blessings, and believing in God's plans.

The Chairman, Mr. Vijay Russell felicitated Rev. Samson Arthur and, Rev. Sunil Ghazan, Committee Member felicitated Shawn, Shannon and Mr. Rajinald Milton by presenting them with Planters and Mementoes.

The Closing Prayer and Benediction was offered by Rev. Sunil Solomon Ghazan, Presbyterian-in-charge of St. Martin's CNI Church in Delhi Cantonment.

The programme was anchored by Mr. Ashish Abraham, Trainee Secretary, New Delhi YMCA and the Vote of Thanks was proposed by Mr. Sagar Emanuel Paul, Assistant Secretary of GNPC. All the Members joined in the Fellowship Breakfast after the programme.



# YMCA Public School - Nizamuddin YMCA Investiture Ceremony

## Investiture Ceremony

The Investiture Ceremony held on August 3, 2023, at Heinz Auditorium, YMCA Tourist Hostel, New Delhi, marked a significant occasion in the annals of the school's history. The ceremony was organized to elect the Student Council for the academic year, comprising esteemed positions such as School Head Boy, Head Girl, Sports Captain, Cultural Captain, House Captains, and Vice Captains. The event was graced by the presence of Mr. Rajeev Singh, General Secretary & CEO, along with the distinguished chief guest, Mr. J.A. Benjamin, President New Delhi YMCA.

The proceedings of the ceremony were steeped in a spirit of leadership and responsibility, as students of exceptional character and merit were elected to shoulder vital roles in the school's administration. With parents, teachers, and peers in attendance, the auditorium was abuzz with palpable enthusiasm.

The ceremony commenced with a procession of the newly elected Student Council members, dressed in their formal attire, marching proudly on the stage. Mr. Rajeev Singh, the General Secretary and CEO, NDY, in his address, emphasized the significance of leadership and teamwork in shaping the school's future. He encouraged the students to embrace their roles with dedication and integrity.

The chief guest, Mr. J.A. Benjamin, President NDY, expressed his pleasure at witnessing the emergence of young leaders and lauded the school's commitment to holistic education. He shared valuable insights about leadership and its importance in every sphere of life.

To infuse the event with a vibrant cultural flair, a series of captivating performances were presented by the students, showcasing their artistic talents and diverse cultural heritage. The audience was treated to melodious music, graceful dances, and thought-provoking theatrical acts. The ceremony also recognized and celebrated the achievements of students who had excelled in various Olympiads and displayed exemplary attendance during the previous academic year. These achievers were felicitated with certificates and awards, inspiring others to strive for excellence in both academics and attendance.

The presence of parents of Student Council members and award recipients added an aura of pride and support to the event. Their encouragement and involvement were a testament to the collaborative efforts between the school and the parents' community.

The success of the Investiture Ceremony was the result of the visionary leadership of Principal Mr. C.P. Davis, whose guidance and commitment paved the way for such a well-organized and inspiring event.

As the ceremony drew to a close, Mr. Feroze Khan, Secretary of YMCA Public School, Nizamuddin, extended a heartfelt vote of thanks. He acknowledged the contributions of all participants, organizers, and attendees, reiterating the importance of such ceremonies in fostering leadership, camaraderie, and a sense of belonging within the school community.

In conclusion, the Investiture Ceremony of August 3, 2023, at Heinz Auditorium, YMCA Tourist Hostel, was a resounding success, leaving an indelible mark on the minds and hearts of all who participated. It not only marked the beginning of a new chapter for the Student Council but also embodied the spirit of leadership, teamwork, and excellence that the school upholds.





# YMCA Public School - Nizamuddin YMCA - In-service Training of Teachers (CBSE)

In the months of May, June, July, and August 2023, teachers from YMCA Public School actively participated in a series of Continuing Education Seminars (CBTs) organized by the Central Board of Secondary Education (CBSE). These seminars aimed at enhancing the professional growth and competence of our educators. The topics covered included "Happy Classrooms," "Learning Outcomes," "English Core," and "Adolescence Education."

## Seminar 1: "Happy Classrooms"

The "Happy Classrooms" seminar, held in June and conducted by CBSE, was dedicated to promoting positive classroom environments and well-being among students. It provided strategies for creating inclusive, joyful learning spaces. Our teachers gained valuable insights into student engagement, mental health awareness, and the importance of teacher-student relationships. These insights have translated into classrooms characterized by increased enthusiasm, improved student-teacher rapport, and a palpable sense of well-being.

## Seminar 2: "Learning Outcomes"

The CBSE seminar focused on "Learning Outcomes," which is a critical aspect of education. Teachers were trained in defining, measuring, and assessing learning outcomes effectively. This seminar empowered our educators with the skills to align their teaching methods and assessments with desired learning outcomes. As a result, students are now experiencing more targeted and outcome-oriented instructions.

## Seminar 3: "English Core"

The seminar on "English Core" in August addressed various aspects of teaching English at the secondary level. Conducted by renowned language educators, it provided insights into language acquisition, literature appreciation, and effective teaching strategies. Teachers have since implemented innovative methods to enhance English language skills and instill a deeper love for literature among their students.

## Seminar 4: "Adolescence Education"

Our teachers participated in the "Adolescence Education" seminar. This seminar aimed to equip educators with the knowledge and skills to address the unique needs and challenges of adolescent students. Topics included physical and emotional development, mental health awareness, and strategies for effective communication. Teachers are now better prepared to support the holistic development of their adolescent students.

### Impact and Outcomes:

- The participation of YMCA Public School teachers in these CBSE-organized CBT seminars has had a profound impact:
- Improved Classroom Dynamics: Teachers have created more positive, inclusive, and engaging classroom environments.
- Alignment with Learning Outcomes: Educators are aligning their teaching practices and assessments more effectively with desired learning outcomes.
- Enhanced English Instruction: Students are benefiting from improved English language instruction and a deeper appreciation of literature.
- Better Adolescent Support: Our teachers are now equipped to provide appropriate guidance and support to the unique needs of adolescent students.
- CBSE Collaboration: The school's collaboration with CBSE has strengthened, opening doors to further opportunities for professional development.
- Future Directions: The success of these CBSE-organized CBT seminars has underscored the importance of ongoing professional development. To build upon this success, the school administration plans to:
- Continue Collaboration: Maintain a strong partnership with CBSE to access a wider range of CBT opportunities.
- Implement Best Practices: Encourage teachers to share and implement best practices gained from these seminars.
- Focus on Holistic Education: Expand the focus on well-being, learning outcomes, and adolescent education throughout the school's curriculum.
- Monitoring and Evaluation: Regularly assess the impact of these seminars on teaching practices and student outcomes.

In conclusion, the CBSE-organized CBT seminars have been instrumental in elevating the professional competence of YMCA Public School teachers. The knowledge and skills gained from these seminars are not only benefitting our educators but are also positively impacting the quality of education and well-being of our students. We look forward to a continued partnership with CBSE and further growth in our educational journey.





## English Elocution Competition – 28th July 2023

Elocution refers to the skill of clear and distinct speech. This skill is highly important for students to possess, so an elocution competition was organised by the Cultural Committee of YPS. It not only broadens the speaking skills of the children, but also makes them research and be aware of issues and happenings around the world.

60 students from all classes and sections from 6th – 11th participated. The competition was judged by Ms. Arthie Daniel and Mr. Dona Chako under the supervision of Ms. Neelima Ashish. Students' spoke of technology and AI, also an activist side of the students came out, and issues of the Manipur violence were also brought up. Feminism, a greatly relevant topic in today's socio-political sphere was also spoken about.

They were judged on various criteria such as clarity, presentation/creativity, and originality. This competition inculcated articulation skills among the students and brought confidence to those who would have been previously hesitant to speak. It provided a safe space for children to speak about whatever they wanted, and the competitive spirit urged them to better themselves to excellence.





# YMCA Public School - Nizamuddin YMCA

## TEACHERS' SEMINAR

On July 1st, 2023, a seminar was held at YMCA Public School. The resource person for the seminar was Dr. Manoj Kumar the Principal of St Gregarious School, Dwarka. The seminar was attended by all the teachers of YMCA Public School. Dr. Manoj delivered a lecture on CLASSROOM MANAGEMENT and shared some strategies for effective implementation. The seminar was informative and engaging, and the teachers gained valuable insights into integrating technology in their teaching methods.

The seminar discussed how to manage a class effectively. The speaker talked about creating a positive learning environment, setting clear expectations, and building relationships with students. The speaker suggested engaging students by using interactive teaching methods, such as group activities and discussions. He also emphasized the importance of making the content relevant and interesting to the students.

The seminar discussed the changing demands of today's education system. The speaker talked about the importance of preparing students for the future by teaching them critical thinking, problem-solving, and collaboration skills. He also emphasized the need for teachers to be adaptable and open to new teaching methods and technologies.

At the end of the seminar, the Principal Mr C.P Davis gave a vote of thanks to Dr. Manoj for his valuable insights and to all the teachers for attending the seminar and showing their commitment to professional development. The principal also encouraged the teachers to implement the strategies discussed in the seminar and to continue to seek out opportunities for growth and learning.





## Poster Making and Slogan Writing Competition

The school organized "Poster making competition (for classes I to V) and "Slogan writing competition" (for classes VI to X) on 15th April, 2023 on the topic "Cleanliness & Swachta". All the children participated in the given competition with great zeal and zest in their respective classes under the supervision of their class teachers. House wise results were declared by our judge Mr Ebenezer Thomas and Ms. Nida for poster making competition and Mr. Deepak Bose and Ms. Jennifer Dennis for slogan writing competition. It is planned to display the posters made by students at the Swachta Diwas and the slogans will be chanted during the event. This would help in spreading the awareness about cleanliness in our neighboring societies. All competitions were conducted under the kind supervision and guidance of Mr. C.P Davis, Principal .





# YMCA Public School - Nizamuddin YMCA

FRIENDSHIP DAY- 31ST JULY 2023

The school had organized 'Friendship Day' card making activity on 31st July 2023 for the classes I to V. Students participated with great zeal and zest and made beautiful cards for their friends with love. Best four cards were chosen from each class.

Students learnt to develop relationship based on trust, love, understanding and respect for each other and at the same time honouring each others differences.

'Friends hold a mirror up to each other; through that mirror, they can see each other in ways that would not otherwise be assessable to them, and it is this mirroring that helps them improve themselves as persons.





The Teachers Training Institute for Special Education completed the admission process successfully as per the guidelines of Rehabilitation Council of India with full intake of seats in July 2023.

The External Practical Examination for the D.ED SE IDD course First Year and Second Year students were conducted from 7th to 9th August 2023 and 16th to 18th August 2023 respectively.

Ms. Priya Pawar from Technia Institute of Rehabilitation Sciences conducted the Practical Exam for both the years whereby the D.EDSE IDD students conducted Group Teaching Activities in YMCA Public school and the Special wing.



## Department of Students & Youth

### Flood Relief Camp- Dry Ration Distribution to Flood Victims 27th July 2023

The Department of Students and Youth organized a Relief Camp for Flood Victims on 27th July 2023. 100 Packets of Dry Ration consisting of Cooking Oil, Atta, Rice, Sugar and Water Bottles were distributed to people who lost their houses due to flood in Yamuna river and were based in the rehabilitation camps set up by the Govt. on the banks of the river. Chairman of Students and Youth Committee Mr Sumit Gupta along with Committee Members; Mr Oliver Joshua Vice Chairman, Mr Darius Singh, Mr Tushar Richards, Mr and Mrs Morris Nathan, Mr Dhiraj Bhalla, Mr Rijin Varghese along with Mr. Feroze Khan Secretary and Staff of New Delhi YMCA volunteered to distribute the ration packets and visited settlements of people living in these camps.





## Ride towards a sustainable future on Saturday 12th August 2023

To mark the International Youth Day the Department of Students & Youth organized a 12 km Cyclothon on Saturday 12th August, 2023.

Starting from New Delhi YMCA, Jai Singh Road complex the route took the cyclist through Ashoka Road- Teen Murti- Mother Teresa Crescent- RML- Baba Kharak Singh Marg- Ashoka Road and culminated at Jai Singh Road.

More than 200 cycle enthusiast took part in this unique event, which was flagged off at 6:15 am from the New Delhi YMCA Cultural Centre Building, Jai Singh Road, New Delhi- 110001. The cyclist embarked on a 'ride towards a sustainable future' to foster a greener world.

The event was flagged off by Mr. Sumit Gupta, Chairman, Students & Youth Committee. Also present on the occasion were Mr. Rajeev Singh, General Secretary & CEO, NDY, Mr Stephen DaCosta Board Member, Mr Girish Varghese, Board Member and Mr Tushar Richards, Member. Mr Oliver Joshua, Vice Chairman of the committee was instrumental in bringing the team of riders to participate in this event and he also led the riders through this route.

The programme concluded with a signature campaign to create awareness towards a greener and sustainable world. All support was received from NDY Secretaries and staff team to navigate, escort and marshall the ride, and a special thanks to the Institute for Media Studies which helped to cover the event.





# Rural Community Development Centre, Hodal

On July 6, 2023, YMCA Public School, Hodal marked a significant milestone by successfully hosting its inaugural Van Mahostav celebration. Spearheaded by Trainee Secretary, Mark Anugrah Biswas, and fueled by the enthusiastic engagement of students, teachers, and administrative personnel, the event underscored a steadfast dedication to safeguarding the environment. Beyond the mere act of tree planting, this occasion sowed the seeds of both environmental awareness and responsibility within the hearts and minds of all those in attendance.

A range of engaging and purposeful activities were orchestrated to infuse the celebration with interactivity and meaning for the students. Some of these innovative ideas included:

**Contest for Poster-Making and Slogan Writing:** Students were motivated to craft posters that underscored the importance of trees, conservation, and environmental consciousness.

**Innovative Tree Planting:** Trees were planted using unconventional materials, adding a creative twist to the act of tree plantation.

**Art and Craft Involvement:** Through thumb printing, students delved into the realm of art and craft, contributing their unique expressions to the celebration.

**Ashok Tree Plantation:** A collaborative effort encompassing students, teachers, administrative personnel, and housekeeping members culminated in the plantation of Ashok Trees within the school premises.

**Inauguration of Eco Club:** The inauguration of the Eco Club took place during the YMCA Public School, Van Mahotsav event, aiming to cultivate among students a heightened awareness of the environment, a commitment to sustainability, and the incorporation of eco-conscious actions. The confluence of these activities not only celebrated the Van Mahotsav festivity but also instilled a deep-rooted sense of commitment to the environment, resonating with the core ethos of conservation of nature.

New Delhi YMCA, Rural Community Development Centre, Hodal had organized a Prayer Breakfast Fellowship at Rural Community Development Centre, on 21st July, 2023 where a total of 20 people participated. The programme started with an opening prayer by Rev. Abraham Sahu. The welcome address was given by Mr. Rajeev Singh, General Secretary & CEO, followed by greetings by Mr. Peter Prem, Chairman RCDC, Hodal. Rev. Abraham Sahu delivered the message and Vote of thanks was proposed by Mr. Feroze Khan, Secretary NDY. Mr. Mark Anugrah Biswas, Trainee Secretary, skillfully conducted the Prayer Breakfast Fellowship.



## Independence Day Programme 15th August 2023

The Rural Community Development Centre Hodal organized 76th Independence Day Programme on 15th, August 2023. The festivities started with flag hoisting by the Guest Mr. Kumar Singh, Former Sarpanch, Bhulwana Village along with Mr. Peter Prem, Chairman RCDC Hodal, NDY Board Member, Mr. Saju Varghese, committee member, school children & staff of RCDC.

The Programme started with a word of prayer for the nation offered by Mr. Mark Anugrah Biswas, Trainee Secretary NDY and Mr. Peter Prem, Chairman RCDC Committee addressed the gathering, The School children presented various cultural events like dances and speeches. The programme was also attended by Mr. Rajbir, Sarpanch Bhulwana Village, Mr. Rahul Nayer, Son of MLA, Hodal. Mr. Rahul also gave a gift for the children on the occasion.



## Meeting with Local Officials on 15th August 2023.

A meeting was held on the 15th August '23 at the RCDC with local officials, the officials included Mr. Rahul Nayer son of MLA Mr. Jagdish Nayer, Mr. Rajbir, Sarpanh Bhulwana village, Mr. Kuvar Singh former Sarpanch and members of Bhulwana Panchayat.

Discussions were held on the programmes which could be held at the Centre, the final outcome for the programmes were as follows:

- Skill Development including Technical skills
- Sports development programmes (volleyball, athletics, football etc.)

The local officials promised full support and cooperation for the programmes and future activities.





# Department of Social Human Development

The Department of Social and Human Development organized 17 Awareness Generation Programmes at all 5 CDCs for the Community especially for the Youth and Women focusing on the issues of Importance of Education and Rights, Youth and Women Empowerment, Health / Hygiene / Nutrition and Environmental issues.

Awareness Generation Programme on Importance of Education and Rights was organized at all five Community Development Centers. The objective of the programme was to educate the community youth and women on the various issues like Sex Education, and Good Touch & Bad Touch. The sessions were conducted in coordination with different organizations i.e. Interns of St. Joseph University, Bengaluru, & SPID Organization.

Awareness Generation Programme on Youth & Women Empowerment with the objective to provide knowledge and guidance to the youth for their better future. Discussion was held on the problems and challenges faced by the youth and women. Various issues like Adhar Updating Camp, Cyber Safety & Digital health & wellness Knowledge, Self Defense Training.. The sessions were conducted in collaboration with different Organizations including Learning Link Foundation, SPID Organization and Delhi Police Women Cell, Nanakpura

.Awareness Generation Programme on Health, Hygiene & Nutrition on the issues of Health, Hygiene and Nutrition were held at all the Community Development Centers. The objective of the programme was to create awareness amongst the youth and women on various issue like Menstruation, Health & Hygiene of Adolescent Girls, Liver Care, Communicable Diseases, protection from Dengue. The sessions were conducted in coordination with different organizations i.e. Parivar Seva Sansthan, Go Girls Foundation, Ekta Shikshan Sansthan , RML Hospital , Liver Care Foundation.

Awareness Generation Programme on Environmental Issue were organized at all the Community Development Centres. Awareness was created through the Drawing & Painting. Competitions and display of Posters, plantation of trees at the Centers. Awareness was also created about safe, clean and hygienic environment, hazards of pollution and clean air on occasion of World Earth Day & Environment Day. These sessions were conducted by the staff of CDCs.



The Department of Social & Human Development organized Summer Camp in all five Community Development Centers from 20th May to 19th June 2023, where the underprivileged children and the youth of the five Community Development Centers were involved in the various constructive activities like Art & Craft, Dance, Mehendi, Handicrafts, Drawing & Sketching, Dress Designing, Advance Makeup Art and Hair Style. The objective was to utilize summer vacations in a creative way and also to enhance the talents of the children. 505 children participated in the Summer Camps. The closing programme was held at Heinz Auditorium YMCA Jai Singh Road on Wednesday, 21st June 2023. The Guest of Honor was Ms. Pamela Goswami, Former State Secretary, Govt. of India & Youth Leader BJP. Mr. Alope Michyari, Vice President NDY, Mr. Inderjit Lal, Treasurer NDY and Advocate Sandeep Arora, Board Member also graced the occasion.





# Department of Social Human Development

Dr. Saju Varghese, Rev. Morrison Rose, Mr. James Massey, Committee Members, Mr. Rajeev Singh, General Secretary & CEO, NDY, Mr. Noel Philip, Associate General Secretary, Mr. Hemant Agarwal, Assistant General Secretary, Mr. Vineet Masih, Assistant General Secretary, SHD, Mr. Gladwin Lal, Assistant General Secretary, Mr. Feroze Khan, Secretary, Mr. Ashish Clifton, Secretary, Ms. Monica Singh, Programme Officer SHD graced the occasion by their presence. The Children of CDC presented a Cultural Programme by performing, Dances, Fashion Show which exhibited their talents learnt during one month Summer Programme. There was an Exhibition which displayed various Handicraft Items made out of waste items; Children learnt skills to make Best out of Waste Materials. This programme concluded with distribution of Certificates to the participants and instructors of the Summer Programme.



The Department of Social and Human Development celebrated "International Yoga Day" on 21st June 2023 at New Delhi YMCA Heinz Auditorium with IDOBRO & Glenmark Foundation at Heinz Auditorium. International Yoga Day aims to develop the habit of meditation among youngsters so that they can enjoy more peace of mind which is essential for a stress-free existence. The Resource Person was Yogacharya Mr. Sheshpal Rastogi from Yoga Institute of Delhi. Total 100 participants participated in the programme from all 5 CDC's. Glenmark sponsored the Refreshments, Banner and Resource Person for the programme. Certificates were distributed to the students who attended the programme on International Yoga Day on 21st June 2023

The Department of Social and Human Development organized "Mechanical Training & Discussion on Curriculum of Diploma in Cutting & Tailoring with SINGER India Pvt. Ltd. for all five CDCs on 9th June 2023 at CDC Sunlight Colony. The objective of the program was to understand the mechanism and proper functioning of the sewing machines.



The Department of Social & Human Development organized a Training & Discussion session on Basic Computer Course Syllabus & NIIT CCMO on 14th June 2023 at CDC Kalyanpuri with the Visiting Faculties' of Computer classes of All CDC's. The objective of the training session was standardization of curriculum of Basic Computer & NITT CCMO.



The Department of Social and Human Development, Community Development Centre Savda-Ghevra with Let's Inspire Future Talent (LIFT) organized Installation and Inauguration of Basket Ball Court. A New Portable Basketball Pole Donated to CDC Savda Ghevra by Mr. Sahil, Junior NBA Player USA, from Let's Inspire Future Talent (LIFT) on 26th June 2023 with an objective to provide a platform where the youth of the Savda Community can avail an opportunity to learn Basketball and also be physically fit.



The programme started with Inaugural speech by, Mr. Rajeev Singh, General Secretary & CEO, New Delhi YMCA. After ribbon cutting, Mr. Sahil took demo session for the youth who were interested in the Basketball.



The Programme was also attended by parents of Sahil, Mr Rohan Paul who felicitated the installation of the Basketball Court, Mr. Ashish Thorat, Associate General Secretary, Mr. Vineet Masih, AGS SHD, Mr. Hemant Agarwal AGS, and Mr. Gladwin Lal AGS, and other dignitaries along with Ms. Monica Singh, Programme Officer, NDY.



# Department of Social Human Development

Community Organizers and Field Supervisors of all 5 Community Development Centers, 04 Interns from St Joseph College, Bangalore were also part of the Inauguration. At the end of the program, Mr. Vineet Masih, AGS SHD thanked each and every one for their encouraging presence and specially Mr. Sahil for his initiative and generous contribution of Basket Ball Pole for the Youth of the Community, Mr. Rajeev Singh - General Secretary & CEO , New Delhi YMCA for his gracious presence, all guests, staff and children present on this historic occasion.

The New Delhi YMCA, Department of Social and Human Development celebrated 77th Independence Day Programme at all 5 Community Development Centers

On 12th August 2023, Flag Hoisting Ceremony was held at Sunlight Colony, , SHD Chairman, Rev. Vasant Kumar Reuben did the honor of hoisting the Tricolor. It was followed by a colorful programme of patriotic dance and song presentation by the children of the center. The programme was graced by the presence of Rev. Vasant Kumar Reuben, Chairman of SHD, Mr. Francis Andrade, Vice Chairman of SHD, Mr. James Massey, Mr. Saju Varghese SHD Committee Members, Mr. Vineet Masih, Assistant General Secretary and Ms. Monica Singh, Programme Officer, Department of SHD and also present was Mr. Rahul, Head Constable, Police Station Seemapuri.

Later the same day Flag Hoisting Ceremony was also held at Kalyanpuri Center. Local MLA Mr. Kuldeep Kumar, Councilor, Mr. Bunt Gautam, Ms. Pamela Goswami, Former State Secretary, Govt. of India & Youth Leader BJP, Mr Sawan BJP Party Worker along with SHD Chairman, Rev. Vasant Kumar Reuben hoisted the Tricolour in presence of SHD Committee Members and other guests and dignitaries . A colorful cultural programme was presented after the Flag Hoisting ceremony,

The same Day Independence Day was also Celebrated at CDC Karpoori Thakur and the Flag Hoisting was done by the Ms.Indu, Councilor & Rev. Vasant Kumar Reuben, Chairman of SHD along with Mr. Francis Andrade, Vice Chairman of SHD, Mr. James Massey, Mr. Saju Varghese SHD Committee Members, Mr. Vineet Masih, Assistant General Secretary and Ms. Monica Singh, Programme Officer, Department of SHD and also present at the programme were Mr. Mohit Kumar & Vinod Kumar, Police Station Shri Niwas Puri.The Programme was also graced by the presence of Local Leader Mr Sita Ram Kamat at CDC Karpoori Thakur.

On 14th August 2023, Independence Day was celebrated at CDC Daya Basti MLA Mr. Somdutt Sharma along with SHD Chairman; Rev. Vasant Kumar Reuben, hoisted the Tricolour in presence of many SHD Committee Members Mr. Francis Andrade (Vice Chairman -SHD), Dr. Subhash Masters( Member) Mr. James Massey (Member - SHD), Mr. Sahil Kumar (Member - SHD), Rev. Morrison Rose (Member - SHD), Mr. Aseem Tanejjaa (Head of Finance), Mr. Hemant Aggarwal (Assistant General Secretary), Mr. Vineet Masih (Assistant General Secretary - SHD), Ms. Monica Singh (Programme Officer ), Students, and Staff. A colorful programme was presented by the Students of CDC Daya Basti. The Programme was also graced by Mr. J. A. Benjamin President NDY, Ms Pooja, Councilor, Inderlok Daya Basti & Ms. Usha, Principal MCD School ,President Mr J.A Benjamin gave an encouraging speech to the Children of CDC Daya Basti Programme Concluded with distribution of sweets to the children .

Same Day Flag Hoisting ceremony was held at CDC Savda Ghevra. The Tricolour was hoisted by Rev. Vasant Kumar Reuben Chairman - SHD , Children and Youth performed on Patriotic Songs. Ms Nadini Halder gave an heart warming speech on the occasion of Independence Day. All the dignitaries joined the programme at CDC Savda Ghevra after concluding the programme at CDC Daya Basti.





# Independence Day Celebration Programme 15th August 2023

The New Delhi YMCA organized the Independence Day Celebration on Tuesday 15th August 2023 at Tourist Hostel Campus. The programme started with a word of prayer offered by Mr. Ashish Clifton, Secretary, New Delhi YMCA.



Mr. Joseph Anil Benjamin, President New Delhi YMCA was the Chief Guest for the day. The Indian tri-color was hoisted by the President which was followed by singing of the National Anthem and the address by President New Delhi YMCA. Mr. Alope Michyari, Vice President New Delhi YMCA also participated in the programme by reciting a poem on India's Independence. The other dignities present were Mr. Inderjit Lal, Hony. Treasurer, New Delhi YMCA, Mr. Sumit Gupta, Member, Board of Directors New Delhi YMCA, Mr. Rajeev Singh, General Secretary & CEO and other Secretaries of New Delhi YMCA were also present.

Patriotic Songs and Dance was also presented during the programme by the Students of Y School of Music and HPDP. Also present were guest of Tourist Hostel, New Delhi YMCA Members, well wishers and staff.



# Independence Day Celebration Programme 15th August 2023



At the end, Laddoos were distributed and breakfast was served to all present. The main attraction during the breakfast was the tri-color puris which was appreciated by one and all.

The vote of thanks was proposed by Mr. Gladwin Lal, Assistant General Secretary, New Delhi YMCA. He thanked the Chief Guest, the Board of Directors, all the Guests, New Delhi YMCA Members, Students of HPDP and Staffs for actively participating in the 77th Independence Day Programme.



## Independence Day Celebration Programme 15th August 2023

YMCA Campsite cum Programme Centre, Sattal organized the Flag Hoisting Ceremony on 15th August 2023 on the occasion of 77th Independence Day. All the guests staying at the Campsite were invited for the programme. The staff of YMCA Campsite, YMCA Lake View Inn and YMCA Programme Centre, Dorothy Villa also attended the programme. The programme started with welcome address by Mr. Harshul Singh, Assistant Secretary, New Delhi YMCA where he enlightened upon being independent from our fear, anxiety, struggles and motivated the guests to be courageous and remember the freedom fighters who fought with courage and at the same time he also gave tribute to the freedom fighters who fought for the independence of the country. It was followed by Patriotic song 'Hum Honge Kamyab' (We shall overcome) by the staff of YMCA Campsite, Sattal. After that flag was hoisted by Mr. Harshul Singh, Assistant Secretary, New Delhi YMCA. The programme was concluded with National Anthem followed by distribution of sweets among guests and staff of the Campsite, Sattal.



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